

**METRO CONFERENCE BROCHURE
1962-2008**

The Metro Conference was conceived by coaches Bob Mosher of Winter Park High School, Lynn Hardy of Boone High School, and Bob Berry of Edgewater High School in the summer of 1962. Principals O.C. Wilson of Winter Park and Charles Terry of Boone were approached. They organized the Orange County Principals, and thus the Metro Conference was created in the fall of 1962. The constitution was adopted in February 1963 and conference competition was started in the spring of 1963.

Charter Schools (1963)	Years in Metro	School	Championships Won
Bishop Moore (withdrew 1976)			
Boone	46	Winter Park	288
Colonial	21	Dr. Phillips	104
Edgewater	46	Boone	94
Evans	46	Edgewater	86
Oak Ridge	46	Evans	84
Sanford (withdrew 1966)	46	Oak Ridge	67
Winter Park	23	Apopka	40
	46	Colonial	36
Other Current Members	29	West Orange	35
	18	University	33
Jones	1968-83, 90	Timber Creek	25
West Orange	1979	Olympia	22
Apopka	1985	Lyman	11
Dr. Phillips	1987	Cypress Creek	8
University	1990	Bishop Moore	7
Cypress Creek	1992	Freedom	6
Olympia	2001	Jones	4
Timber Creek	2001	Mainland	2
Freedom	2003	Ocoee	2
Ocoee	2005	Sanford	0
Wekiva	2007	Wekiva	0

Other Former Members

Mainland	1966-72
Lyman	1969-77

**METRO CONFERENCE HALL OF FAME
Coaches and Administrators (Cont.)**

1999	Bob Cluggish (honorary)
	Dick Hullette (Oak Ridge)
	Trish Highland (County AD)
	Richard Lief (Boone)
	Mike Strickler (University)
	Jim Griffin (Boone)
	John Boston (West Orange)
2000	Dorothy Starbird (Evans)
	Bob Gordon (Evans)
2001	Titus King (Colonial)
	Jeff Boettner (University)
2002	Randy Jessee (University)
	Bill Thompson (Dr. Phillips)
2003	No Inductees
2004	No Inductees
2005	Kurt Wickizer (Dr. Phillips)
	Phil King (Apopka)
2006	Jerry Bourg (University)
	Lou Fiorelli (Freedom)
2008	Misti Cox (Boone)
	Paul Katauskas (Boone)

METRO CONFERENCE HALL OF FAME

Coaches and Administrators

1980	Paul Adams (Oak Ridge)	1988	Ted Benz (Edgewater)
	Bob Mosher (Winter Park)		Tony Manzonelli (Winter Park)
	O.C. Wilson (Winter Park)	1989	Harry Livingood (Winter Park)
1981	Bob Berry (Edgewater)		Charles Rohr (Edgewater)
	Jim Gosnell (Evans)		John Rouse (Winter Park)
	Ray Judy (Oak Ridge)	1990	Denise McCarty (Apopka)
	Red Kite (Colonial)	1991	Ole Evans (Evans)
	Bob Maples (Edgewater)		Terry Offner (Winter Park)
	Fred Pennington (Evans)		Bill Gierke (Evans)
	Ivan Repass (Boone)		George Kirchgassner (Colonial)
	Charles Terry (Boone)		Bill Stamper (Oak Ridge)
1982	Jim Cinnamon (Edgewater)		Calvin Perry (Jones)
	Bob Dolce (Edgewater)	1992	Don Prokes (Winter Park)
	Norman Kent (Colonial)		Bob Fedell (Dr. Phillips)
	Bill Orr (Winter Park)		Buddy Hurd (Evans)
	John Pitts (Evans)		Willie Jones (Jones)
	Wib Robertson (Winter Park)		Ernie Swift (Jones)
1983	Tommy Bolen (Boone)		Gary Preisser (Dr. Phillips)
	Wilbur Gary (Jones)	1993	Charles Watkins (Boone)
	Rufus Jenkins (Colonial)		Nelson Browning (Boone)
	Frank Kozel (Colonial)		Charles Friedley (Winter Park)
	Bob MacCarty (Winter Park)		Al Saour (Cypress Creek)
	Wayne Rickman (Boone)		Dick Damron (Oak Ridge)
	Bill Spoone (Oak Ridge)		Phil Ziglar (Boone)
	Rudy Tapia (Evans)		Dave Shuttleworth (Colonial)
1984	Ernestine Embry (Jones)		Eddie Sneed (Jones)
	Carl Dragstedt (Oak Ridge)	1994	No Inductees
	John Hemmer (Oak Ridge)	1995	Don Bennett (Edgewater)
	Merrill LeVane (Jones)		Bob Hunt (Dr. Phillips)
	Phil Newton (Edgewater)		Calvin Linglebach (Evans)
1985	Larry Gergley (Winter Park)		Mike Shewchuk (Winter Park)
	Jim Heise (Winter Park)		Ron Smith (Oak Ridge)
	Jesse Lane (Boone)	1996	Bruce Follensbee (Dr. Phillips)
	Bill Lowry (Boone)	1997	No Inductees
1986	Ernie Chandler (Evans)	1998	Bob Whittington (Boone)
	Bobby Marr (Winter Park)		Sonny Wise (Apopka)
	Bob Williams (Colonial)		Chip Gierke (Apopka)
1987	Chuck Fielding (Winter Park)		John Hauser (Colonial)
	Tom Munsey (Winter Park)		Cooper Means (County AD)
	Julius Gordon (Evans)		Larry Payne (Dr. Phillips)
	Steve Kessler (Evans)		Sherry Vierser (University)

Past Presidents

1962-63	Charles Terry (Boone)	2000-01	Tom Aiken (Cypress Creek)
1963-64	O.C. Wilson (Winter Park)	2001-02	Hugh Hattabaugh (Boone)
1964-65	Howard Fleming (Edgewater)	2002-03	Gene Trochinski (Dr. Phillips)
1965-66	Rufus Jennings (Colonial)	2003-04	David Christiansen (University)
1966-67	Keith Stone (Oak Ridge)	2004-05	Bill Gordon (Winter Park)
1967-68	Ted Wiedenbach (Evans)	2005-06	John Wright (Timber Creek)
1968-69	John Pitts (Boone)	2006-07	John Wright (Timber Creek)
1969-70	Norman Kent (Edgewater)	2007-08	Rob Anderson (Edgewater)
1970-71	Norman Kent (Edgewater)		
1971-72	Wilbur Gary (Jones)		
1972-73	Wilbur Gary (Jones)	2008-09	William Floyd (Apopka)
1973-74	Bob Lengauer (Oak Ridge)		
1974-75	Jim Joyner (Colonial)		
1975-76	Wib Robertson (Winter Park)		
1976-77	John Pitts (Evans)		
1977-78	Henry Wright (Jones)		
1978-79	Bill Spoone (Oak Ridge)		
1979-80	Charles Rohrer (Edgewater)		
1980-81	Norman Kent (Colonial)		
1981-82	Tom Marcy (Winter Park)		
1982-83	Tony Krapf (West Orange)		
1983-84	John Pitts (Evans)		
1984-85	Eric Smith (Winter Park)		
1985-86	Henry Dominy (Boone)		
1986-87	Joe Worsham (West Orange)		
1987-88	Frank Hill (Oak Ridge)		
1988-89	Larry Payne (Colonial)		
1989-90	Jesse Lane (Boone)		
1990-91	Joe Worsham (West Orange)		
1991-92	Eddie Sneed (Jones)		
1992-93	Bob Williams (Edgewater)		
1993-94	Dick Damron (Oak Ridge)		
1994-95	Sarah Jane Turner (West Orange)		
1995-96	Hugh Harris (Winter Park)		
1996-97	John Edwards (Apopka)		
1997-98	John Edwards (Apopka)		
1998-99	Mike Blasewitz (Edgewater)		
1999-00	Gary Preisser (West Orange)		

Current President

2008-09 William Floyd (Apopka)

BOB BERRY - ALL SPORTS TROPHY

1964-65	Colonial (1)	2000-01	Winter Park (21)
1965-66	Winter Park (1)	2001-02	Boone (6)
1966-67	Winter Park (2)	2002-03	Winter Park (22)
1967-68	Edgewater (1)	2003-04	Edgewater (2)
1968-69	Boone (1)	2004-05	Winter Park (23)
1969-70	Boone (2)	2005-06	Winter Park (24)
		2006-07	Timber Creek (1)
		2007-08	Winter Park (25)
1970-71	Boone (3)		
1971-72	Winter Park (3)		
1972-73	Winter Park (4)		
1973-74	Winter Park (5)		
1974-75	Evans (1)		
1975-76	Winter Park (6)		
1976-77	Winter Park (7)		
1977-78	Winter Park (8)		
1978-79	Winter Park (9)		
1979-80	Winter Park (10)		
1980-81	Winter Park (11)		
1981-82	Evans (2)		
1982-83	Evans (3)		
1983-84	Winter Park (12)		
1984-85	Winter Park (13)		
1985-86	Winter Park (14)		
1986-87	Winter Park (15)		
1987-88	Winter Park (16)		
1988-89	Winter Park (17)		
1989-90	Dr. Phillips (1)		
1990-91	Winter Park (18)		
1991-92	Winter Park (19)		
1992-93	Boone (4)		
1993-94	Dr. Phillips (2)		
1994-95	Dr. Phillips (3)		
1995-96	Dr. Phillips (4)		
1996-97	Dr. Phillips (5)		
1997-98	Dr. Phillips (6)		
1998-99	Boone (5)		
1999-00	Winter Park (20)		

ALL SPORTS TROPHIES

25	Winter Park
6	Boone
6	Dr. Phillips
3	Evans
2	Edgewater
1	Colonial
1	Timber Creek

WRESTLING CHAMPIONS

		<u>WRESTLING CHAMPIONSHIPS</u>	
1974	Lyman (1) - Bill Scott		
1975	Lyman (2) - Bill Scott		
1976	Winter Park (1) - Bill Sreiberger	9	University
1977	Winter Park (2) - John Rouse	8	Colonial
1978	Colonial (1) - John Theders	6	Edgewater
1979	Boone (1) - Bob Hunt	4	Winter Park
1980	Winter Park (3) - John Rouse	2	Lyman
		2	Olympia
		2	Timber Creek
1981	Winter Park (4) - John Rouse	2	Timber Creek
1982	Edgewater (1) - Jim Brown	1	Boone
1983	Edgewater (2) - Jim Brown	1	Evans
1984	Evans (1) - Julius Gordon	1	West Orange
1985	Colonial (2) - Brenden Voss		
1986	Colonial (3) - Brenden Voss		
1987	Colonial (4) - John Hauser		
1988	Colonial (5) - John Hauser		
1989	Colonial (6) - John Hauser		
1990	Colonial (7) - John Hauser		
1991	West Orange (1) - Bob Large		
1992	University (1) - Randy Jessee		
1993	University (2) - Randy Jessee		
1994	Colonial (8) - Dan Neff		
1995	University (3) - Randy Jessee		
1996	University (4) - Randy Jessee		
1997	University (5) - Randy Jessee		
1998	Edgewater (3) - Mike Schultz		
1999	Edgewater (4) - Mike Schultz		
2000	University (6) - Randy Jessee		
2001	University (7) - Randy Jessee		
2002	University (8) - Randy Jessee		
2003	University (9) - Randy Jessee		
2004	Timber Creek (1) - Michael Weems		
2005	Olympia (1) - Scott Gomrad		
2006	Edgewater (5) - John Hauser		
	Olympia (2) - Scott Gomrad		
2007	Edgewater (6) - Jon Cone		
2008	Timber Creek (2) - Michael Weems		

WEIGHTLIFTING CHAMPIONS

BOYS

1982	Evans (1) - Buddy Hurd	2001	Boone (1) - Paul Pope
1983	Evans (2) - Bill Gierke	2002	Timber Creek (1) - Tony Bolyard
1984	Winter Park (1) - Bill Orr	2003	Dr. Phillips (1) - Kurt Wickizer
1985	Winter Park (2) - Bill Orr	2004	Dr. Phillips (2) - Kurt Wickizer
1986	Evans (3) - Bill Gierke	2005	Timber Creek (2) - Tony Bolyard
1987	Colonial (1) - Jeff Boettner	2006	Timber Creek (3) - Tony Bolyard
1988	Colonial (2) - Jeff Boettner	2007	Colonial (3) - Sean Grove
1989	Winter Park (3) - Paul Pope	2008	University (4) - Greg Harper
1990	Winter Park (4) - Paul Pope		

WEIGHTLIFTING CHAMPIONSHIPS

1991	Winter Park (5) - Paul Pope		
1992	Winter Park (6) - Paul Pope		
1993	University (1) - Jeff Boettner	6	Winter Park
1994	Edgewater (1) - Kurt Wickizer	5	Edgewater
1995	Edgewater (2) - Kurt Wickizer	4	University
1996	Edgewater (3) - Kurt Wickizer	3	Evans
1997	Edgewater (4) - Kurt Wickizer	3	Colonial
1998	Edgewater (5) - Kurt Wickizer	3	Timber Creek
1999	University (2) - Tony Bolyard	2	Dr. Phillips
2000	University (3) - Tony Bolyard	1	Boone

GIRLS

2005	Boone (1) - Glen Listort		
2006	Dr. Phillips (1) - Kurt Wickizer		
2007	Colonial (1) - Sean Grove	1	Boone
2008	Timber Creek (1) - Jon Frankos	1	Colonial
		1	Dr. Phillips
		1	Timber Creek

WEIGHTLIFTING CHAMPIONSHIPS

BASEBALL CHAMPIONS

1963	Colonial (1) - Max Miller	2001	West Orange (2) - Teddy Craig
1964	Colonial (2) - Max Miller	2002	West Orange (3) - Teddy Craig
	Boone (1) - Jim Heise		Apopka (9) - Sonny Wise
1965	Edgewater (1) - Bob Maples	2003	Apopka (10) - Sonny Wise
1966	Evans (1) - Jim Gosnell	2004	Boone (9) - Pete Post
1967	Boone (2) - Jim Heise		Dr. Phillips (4) - Mike Barefoot
	Edgewater (2) - Bob Maples	2005	Edgewater (4) - Chip Gierke
1968	Edgewater (3) - Bob Maples	2006	Boone (10) - Pete Post
	Evans (2) - Jim Gosnell	2007	West Orange (4) - Jesse Marlo
1969	Colonial (3) - Max Miller	2008	West Orange (5) - Jesse Marlo
1970	Boone (3) - Jim Heise		Boone (11) - Pete Post
			Freedom (1) - George Kirchgassner

1971	Boone (4) - Terry Manfredi
1972	Colonial (4) - Clyde Steen
1973	Lyman (1) - Bob McCullough
1974	Winter Park (1) - Larry Wright
1975	Evans (3) - Jim Gosnell
1976	Lyman (2) - Bob McCullough
1977	Winter Park (2) - Harry Livengood
1978	Winter Park (3) - Harry Livengood
1979	Winter Park (4) - Harry Livengood
1980	Evans (4) - Darrel Range

BASEBALL CHAMPIONSHIPS

		11	Boone
		10	Apopka
		7	Colonial
		6	Winter Park
		5	West Orange
		4	Dr. Phillips
		4	Edgewater
		4	Evans
		2	Lyman
		1	Freedom
1981	Boone (5) - John Hart		
1982	Boone (6) - John Hart		
1983	Boone (7) - Terry Abbott		
1984	Colonial (5) - George Kirchgassner		
1985	Boone (8) - Terry Abbott		
1986	Colonial (6) - George Kirchgassner		
1987	Apopka (1) - Sonny Wise		
1988	Apopka (2) - Sonny Wise		
	Winter Park (5) - Bob King		
1989	Apopka (3) - Sonny Wise		
1990	Apopka (4) - Sonny Wise		
1991	Dr. Phillips (1) - Danny Allie		
1992	Dr. Phillips (2) - Danny Allie		
1993	Dr. Phillips (3) - Danny Allie		
1994	Winter Park (6) - Bob King		
1995	Apopka (5) - Sonny Wise		
1996	Apopka (6) - Sonny Wise		
1997	Apopka (7) - Sonny Wise		
1998	West Orange (1) - Teddy Craig		
1999	Apopka (8) - Sonny Wise		
2000	Colonial (7) - Scott Grove		

BOYS BASKETBALL CHAMPIONS

1964 Evans (1) - Fred Pennington
 1965 Edgewater (1) - Jim Cinnamon
 1966 Boone (1) - Ivan Repass
 1967 Evans (2) - Fred Pennington
 1968 Evans (3) - Fred Pennington
 1969 Evans (4) - Fred Pennington
 1970 Mainland (1) - Joe Piggot

 1971 Jones (1) - Nat Williams
 1972 Evans (5) - Fred Pennington
 Winter Park (1) - Mike Pollio
 1973 Evans (6) - Fred Pennington
 Winter Park (2) - Mike Pollio
 1974 Evans (7) - Fred Pennington
 1975 Evans (8) - Fred Pennington
 1976 Evans (9) - Fred Pennington
 1977 Edgewater (2) - Rudy Tapia
 1978 Boone (2) - Wayne Rickman
 1979 Evans (10) - Dick Hulette
 1980 Boone (3) - Wayne Rickman

 1981 Oak Ridge (1) - Dick Damron
 1982 Evans (11) - Dick Hulette
 Winter Park (3) - Bill Clendinen
 1983 Evans (12) - Dick Hulette
 Oak Ridge (2) - Jeff Asher
 1984 Oak Ridge (3) - Jeff Asher
 1985 Evans (13) - Rudy Tapia
 Oak Ridge (4) - Jeff Asher
 1986 Apopka (1) - Earl Stokes
 1987 Evans (14) - Rudy Tapia
 1988 Evans (15) - Calvin Linglebach
 1989 Oak Ridge (5) - Ron Smith
 1990 Oak Ridge (6) - Ron Smith

1991 Boone (4) - Wayne Rickman
 Oak Ridge (7) - Ron Smith
 1992 Evans (16) - Calvin Linglebach
 Dr. Phillips (1) - Pete Hubert
 1993 Dr. Phillips (2) - Pete Hubert
 1994 Dr. Phillips (3) - Theo McWhite
 Boone (5) - Wayne Rickman
 1995 Dr. Phillips (4) - Theo McWhite
 1996 Evans (17) - Calvin Linglebach
 1997 Dr. Phillips (5) - Theo McWhite
 1998 Dr. Phillips (6) - Theo McWhite
 Evans (18) - Calvin Linglebach
 Oak Ridge (8) - Ron Smith
 1999 Edgewater (3) - Travis Jones
 2000 Dr. Phillips (7) - Theo McWhite

 2001 Boone (6) - Mark Rickman
 2002 Evans (19) - Calvin Linglebach
 2003 Edgewater (4) - Travis Jones
 2004 Dr. Phillips (8) - Anthony Long
 2005 Edgewater (5) - Travis Jones
 2006 Winter Park (4) - Matt Hixenbaugh
 2007 Edgewater (6) - Jeremy Lavoie
 2008 Winter Park (5) - David Bailey
 Olympia (1) - Mark Griseck

BASKETBALL CHAMPIONSHIPS

19 Evans
 8 Dr. Phillips
 8 Oak Ridge
 6 Boone
 6 Edgewater
 5 Winter Park
 1 Apopka
 1 Jones
 1 Mainland
 1 Olympia

WATER POLO CHAMPIONS

BOYS

1999 West Orange (1) - Steve Reeves
 2000 Winter Park (1) - Barry Creighton
 2001 Winter Park (2) - Barry Creighton
 2002 Winter Park (3) - Barry Creighton
 2003 Winter Park (4) - Barry Creighton
 2004 Winter Park (5) - Barry Creighton
 2005 Winter Park (6) - Barry Creighton
 2006 Winter Park (7) - Barry Creighton
 2007 Winter Park (8) - Barry Creighton
 2008 Winter Park (9) - Barry Creighton

WATER POLO CHAMPIONSHIPS

9 Winter Park
 1 West Orange

GIRLS

1999 Winter Park (1) - Barry Creighton
 2000 Winter Park (2) - Barry Creighton
 2001 Winter Park (3) - Barry Creighton
 2002 West Orange (1) - Steve Reeves
 2003 Winter Park (4) - Barry Creighton
 2004 Winter Park (5) - Barry Creighton
 2005 Winter Park (6) - Barry Creighton
 2006 Winter Park (7) - Barry Creighton
 2007 Winter Park (8) - Barry Creighton
 2008 Winter Park (9) - Barry Creighton

WATER POLO CHAMPIONSHIPS

9 Winter Park
 1 West Orange

GIRLS VOLLEYBALL CHAMPIONS

		<u>VOLLEYBALL CHAMPIONSHIPS</u>	
1975	Oak Ridge (1) - Pat Sack		
1976	Winter Park (1) - Dana Pilallis		
1977	Winter Park (2) - Dana Pilallis	8	Winter Park
1978	Winter Park (3) - Dana Pilallis	7	Dr. Phillips
1979	Edgewater (1) - Denise McCarty	6	Evans
1980	Edgewater (2) - Denise McCarty	5	Edgewater
		5	Oak Ridge
1981	Evans (1) - Nancy Kropp	3	Cypress Creek
1982	Evans (2) - Nancy Kropp	3	University
1983	Evans (3) - Calvin Linglebach	1	Boone
1984	Evans (4) - Calvin Linglebach	1	Timber Creek
1985	Boone (1) - Lisa Schoenbachler		
1986	Evans (5) - Calvin Linglebach		
1987	Evans (6) - Calvin Linglebach		
1988	Dr. Phillips (1) - Laura Smith		
	Oak Ridge (2) - Gina McFerren		
1989	Dr. Phillips (2) - Laura Smith		
	Oak Ridge (3) - Gina McFerren		
1990	Dr. Phillips (3) - Laura Smith		
1991	Dr. Phillips (4) - Nancy Gibb		
1992	Dr. Phillips (5) - Nancy Gibb		
	Oak Ridge (4) - Gina McFerren		
1993	Oak Ridge (5) - Gina McFerren		
	University (1) - Jeanie Morgan		
1994	Cypress Creek (1) - Kim Vach		
1995	Cypress Creek (2) - Kim Vach		
1996	Dr. Phillips (6) - Jo McLemore		
1997	Edgewater (3) - Sue Nadeau		
1998	Dr. Phillips (7) - Jo McLemore		
1999	Edgewater (4) - Sue Nadeau		
2000	Cypress Creek (3) - Alan Rubenstein		
	University (2) - Emily Queisser		
2001	Edgewater (5) - Sue Nadeau		
	University (3) - Emily Queisser		
2002	Winter Park (4) - Stephanie Gibson		
2003	Winter Park (5) - Stephanie Gibson		
2004	Winter Park (6) - Stephanie Gibson		
2005	Winter Park (7) - Stephanie Gibson		
2006	Winter Park (8) - Stephanie Gibson		
2007	Timber Creek (1) - Allan Rubenstein		

GIRLS BASKETBALL CHAMPIONS

		<u>BASKETBALL CHAMPIONSHIPS</u>	
1975	Oak Ridge (1) - Pat Sack		
1976	Boone (1) - Susan Till		
1977	Boone (2) - Pat Sack	10	Boone
1978	Boone (3) - Pat Doane	10	Evans
1979	Evans (1) - Kye Starbird	9	Edgewater
1980	Edgewater (1) - Denise McCarty	3	Dr. Phillips
		2	Apopka
		1	Jones
1981	Edgewater (2) - Denise McCarty	1	Oak Ridge
1982	Evans (2) - Kye Starbird	1	Timber Creek
1983	Evans (3) - Kye Starbird	1	West Orange
1984	Edgewater (3) - Denise McCarty	1	Winter Park
1985	Evans (4) - Kye Starbird		
	Edgewater (4) - Denise McCarty		
1986	Edgewater (5) - Denise McCarty		
1987	Winter Park (1) - Kerry Patrick		
1988	Edgewater (6) - Nancy Swain		
1989	Dr. Phillips (1) - Ron Fonnnett		
1990	Apopka (1) - Denise McCarty		
1991	Dr. Phillips (2) - Ron Fonnnett		
1992	Dr. Phillips (3) - Ron Fonnnett		
1993	Boone (4) - Misty Cox		
	Evans (5) - Bob Gordon		
	Jones (1) - Mary Loney		
1994	Evans (6) - Bob Gordon		
1995	West Orange (1) - Tyrone Adams		
1996	Evans (7) - Bob Gordon		
1997	Evans (8) - Bob Gordon		
1998	Evans (9) - Bob Gordon		
1999	Boone (5) - Misty Cox		
2000	Boone (6) - Misty Cox		
2001	Evans (10) - Bob Gordon		
2002	Boone (7) - Misty Cox		
2003	Boone (8) - Misty Cox		
2004	Apopka (2) - Crystal Davidson		
2005	Boone (9) - Kim Burke		
	Edgewater (7) - Malcolm Lewis		
2006	Edgewater (8) - Malcolm Lewis		
2007	Boone (10) - Miriam Jenkins		
2008	Edgewater (9) - Malcolm Lewis		
	Timber Creek (1) - Matthew Aliberti		

BOWLING CHAMPIONS**BOYS**

1990	Boone (1) - Tim Donath	2002	Timber Creek (1) - Deborah Scherr
		2003	Timber Creek (2) - Deborah Scherr
1991	Boone (2) - Tim Donath	2004	West Orange (2) - Rudy Zubricky
1992	Apopka (1) - Wendy Bush(spr)		Edgewater (1) - David Steinhorn
1992	Dr. Phillips (1) - Janet Lee (fall)	2005	Apopka (4) - Sharon Kampe
1993	Dr. Phillips (2) - Janet Lee	2006	Apopka (5) - Sharon Kampe
1994	Apopka (2) - Denise McCarty		Timber Creek (3) - Deborah Scherr
1995	West Orange (1) - Rudy Zubricky	2007	Apopka (6) - Sharon Kampe
1996	Dr. Phillips (3) - Janet Lee Morgan		Timber Creek (4) - Deborah Scherr
1997	University (1) - Adam Hagan		
	Winter Park (1) - Frank Barclay		
1998	Apopka (3) - Lanny Kampe		
	Dr. Phillips (4) - Janet Lee Morgan	6	Apopka
	University (2) - Adam Hagan	4	Dr. Phillips
	Winter Park (2) - Frank Barclay	4	Winter Park
1999	Winter Park (3) - Frank Barclay	4	Timber Creek
2000	Boone (3) - Mark Rickman	3	Boone
		3	University
2001	University (3) - Adam Hagan	2	West Orange
	Winter Park (4) - Frank Barclay	1	Edgewater

BOWLING CHAMPIONSHIPS**GIRLS**

1990	Dr. Phillips (1) - Janet Lee	2003	Timber Creek (1) - Debbie Scherr
			Winter Park (1) - Frank Barclay
1991	Apopka (1) - George Morse	2004	Timber Creek (2) - Debbie Scherr
1992	West Orange (1) - Ron Lopzonski (2005	Timber Creek (3) - Debbie Scherr
1992	Apopka (2) - Denise McCarty (fall)	2006	Timber Creek (4) - Debbie Scherr
1993	Boone (1) - Tin Donath	2007	Timber Creek (5) - Debbie Scherr
1994	Apopka (3) - Denise McCarty		
1995	Dr. Phillips (2) - Janet Lee Morgan		
1996	Dr. Phillips (3) - Janet Lee Morgan		
1997	University (1) - Debbie Scherr		
1998	West Orange (2) - Pat Kavenbaugh		
1999	West Orange (3) - Pat Kavenbough	5	Timber Creek
2000	Apopka (4) - Lanny Kampe	4	Apopka
		3	Dr. Phillips
2001	University (2) - Larry Jones	3	University
2002	University (3) - Larry Jones	3	West Orange
		1	Boone
		1	Winter Park

BOWLING CHAMPIONSHIPS**BOYS VOLLEYBALL CHAMPIONS**

1989	Dr. Phillips (1) - Laura Smith
1990	Dr. Phillips (2) - Laura Smith

1991	Evans (1) - Greg Shirley
1992	Dr. Phillips (3) - Puff Pagan
	University (1) - Mike Cuda
1993	Dr. Phillips (4) - Puff Pagan
	University (2) - Mike Cuda
1994	Dr. Phillips (5) - Puff Pagan
1995	University (3) - Larry Jones
1996	Dr. Phillips (6) - Puff Pagan
	University (4) - Larry Jones
1997	Dr. Phillips (7) - Puff Pagan
1998	Dr. Phillips (8) - Puff Pagan
1999	Dr. Phillips (9) - Puff Pagan
	Edgewater (1) - Betty Carlson
2000	University (5) - Carrie Jetchick

2001	University (6) - Carrie Jetchick (fall)
2003	Timber Creek (1) - Ron Schadegg (spring)
2004	Timber Creek (2) - Ron Schadegg
2005	Timber Creek (3) - Allan Rubenstein
2006	Timber Creek (4) - Allan Rubenstein
2007	Dr. Phillips (10) - April Ball
2008	Olympia (1) - Troy Helton

VOLLEYBALL CHAMPIONSHIPS

10	Dr. Phillips
6	University
4	Timber Creek
1	Edgewater
1	Evans
1	Olympia

GIRLS TRACK CHAMPIONS

		<u>TRACK CHAMPIONSHIPS</u>	
1976	Oak Ridge (1) - Willie Benjamin		
1977	Lyman (1) - Larry Baker		
1978	Evans (1) - Jerry Jones	15	Oak Ridge
1979	Evans (2) - Bob Hobby	10	Evans
1980	Evans (3) - Nate James	6	Dr. Phillips
		1	Jones
		1	Lyman
1981	Oak Ridge (2) - Bill Stamper		
1982	Oak Ridge (3) - Bill Stamper		
1983	Oak Ridge (4) - Bill Stamper		
1984	Evans (4) - Bob Pryor		
1985	Oak Ridge (5) - Bill Stamper		
1986	Oak Ridge (6) - Bill Stamper		
1987	Oak Ridge (7) - Bill Stamper		
1988	Oak Ridge (8) - Bill Stamper		
1989	Evans (5) - Bob Pryor		
1990	Evans (6) - Bob Pryor		
1991	Evans (7) - Bob Pryor		
1992	Evans (8) - Ted Freeman		
1993	Evans (9) - Ted Freeman		
1994	Dr. Phillips (1) - Paul Ackerman		
1995	Evans (10) - Kathy Shuler		
1996	Dr. Phillips (2) - Wanda Perdue		
1997	Jones (1) - Fred Jobson		
1998	Dr. Phillips (3) - Wanda Perdue		
1999	Dr. Phillips (4) - Wanda Perdue		
2000	Dr. Phillips (5) - Wanda Perdue		
2001	Dr. Phillips (6) - Wanda Perdue		
2002	Oak Ridge (9) - Bill Stamper		
2003	Oak Ridge (10) - Bill Stamper		
2004	Oak Ridge (11) - Bill Stamper		
2005	Oak Ridge (12) - Bill Stamper		
2006	Oak Ridge (13) - Bill Stamper		
2007	Oak Ridge (14) - Bill Stamper		
2008	Oak Ridge (15) - Bill Stamper		

BOYS CROSS COUNTRY CHAMPIONS

1963	Colonial (1) - Tom Houston	2001	Winter Park (15) - Mike Hill
1964	Winter Park (1) - Bob MacHardy	2002	Winter Park (16) - Mike Hill
1965	Winter Park (2) - Bob MacHardy	2003	Winter Park (17) - Mike Hill
1966	Colonial (2) - Tom Houston	2004	Winter Park (18) - Mike Hill
1967	Edgewater (1) - Dave Barriger	2005	Boone (6) - Paul Katauskas
1968	Boone (1) - Ted Benz	2006	Boone (7) - Paul Katauskas
1969	Boone (2) - Ted Benz	2007	Winter Park (19) - Mike Hill
1970	Winter Park (3) - Bob Mosher		
1971	Evans (1) - Dick Skelton		
1972	Winter Park (4) - Bob Mosher		
1973	Winter Park (5) - Larry Wright		
1974	Evans (2) - Dick Skelton		
1975	Winter Park (6) - Larry Wright	19	Winter Park
1976	Lyman (1) - Dave Huggins	8	Edgewater
1977	Evans (3) - Dick Skelton	7	Boone
1978	Edgewater (2) - Ted Benz	4	Oak Ridge
1979	Edgewater (3) - Ted Benz	3	Colonial
1980	Edgewater (4) - Ted Benz	2	Evans
		1	Lyman
1981	Edgewater (5) - Ted Benz		
1982	Edgewater (6) - Ted Benz		
1983	Oak Ridge (1) - Bill Stamper		
1984	Winter Park (7) - John O'Brien		
1985	Colonial (3) - Dave Shuttleworth		
1986	Winter Park (8) - John O'Brien		
1987	Oak Ridge (2) - Bill Stamper		
1988	Boone (3) - Paul Katauskas		
1989	Winter Park (9) - Michael Brown		
1990	Winter Park (10) - Cleon Fowler		
1991	Boone (4) - Paul Katauskas		
1992	Boone (5) - Paul Katauskas		
1993	Oak Ridge (3) - Bill Stamper		
1994	Oak Ridge (4) - Bill Stamper		
1995	Edgewater (7) - Ted Benz		
1996	Edgewater (8) - Ted Benz		
1997	Winter Park (11) - Mike Hill		
1998	Winter Park (12) - Mike Hill		
1999	Winter Park (13) - Mike Hill		
2000	Winter Park (14) - Mike Hill		

CROSS COUNTRY CHAMPIONSHIPS

GIRLS CROSS COUNTRY CHAMPIONS

		<u>CROSS COUNTRY CHAMPIONSHIPS</u>	
1975	Oak Ridge (1) - Carl Dragstedt		
1976	Boone (1) - Dick Seebers		
1977	Winter Park (1) - Larry Wright	18	Winter Park
1978	Winter Park (2) - Bobby Marr	7	Boone
1979	Winter Park (3) - Larry Wright	2	Colonial
1980	Edgewater (1) - Phil Newlon	2	Edgewater
		2	Oak Ridge
1981	Edgewater (2) - Phil Newlon	1	Dr. Phillips
1982	Colonial (1) - David Shuttleworth	1	West Orange
1983	Colonial (2) - Brenden Voss		
1984	West Orange (1) - Dan Sabanko		
1985	Winter Park (4) - Mike Shewchuk		
1986	Winter Park (5) - Mike Shewchuk		
1987	Boone (2) - Dick Seebers		
1988	Winter Park (6) - Mike Shewchuk		
1989	Winter Park (7) - Mike Shewchuk		
1990	Winter Park (8) - Mike Shewchuk		
1991	Winter Park (9) - Mike Shewchuk		
1992	Winter Park (10) - Mike Shewchuk		
1993	Boone (3) - Paul Katauskas		
1994	Winter Park (11) - Mike Shewchuk		
1995	Winter Park (12) - Mike Shewchuk		
1996	Winter Park (13) - Mike Shewchuk		
1997	Winter Park (14) - Mike Shewchuk		
1998	Boone (4) - Paul Katauskas		
1999	Dr. Phillips (1) - Lisa Neely		
2000	Winter Park (15) - Mike Shewchuk		
2001	Boone (5) - Paul Katauskas		
2002	Boone (6) - Paul Katauskas		
2003	Boone (7) - Paul Katauskas		
2004	Winter Park (16) - Jennifer Bell		
2005	Oak Ridge (2) - Bill Stamper		
2006	Winter Park (17) - Jennifer Bell		
2007	Winter Park (18) - Carole Shepardson		

BOYS TRACK CHAMPIONS

1963	Winter Park (1) - Bob Mosher	2001	Evans (4) - Max Purcell
1964	Winter Park (2) - Bob Mosher	2002	Dr. Phillips (3) - Dave Langdon
1965	Winter Park (3) - Bob Mosher	2003	Winter Park (13) - Mike Hill
1966	Winter Park (4) - Bob Mosher	2004	Winter Park (14) - Mike Hill
1967	Winter Park (5) - Bob Mosher	2005	Edgewater (3) - Will Carlton
1968	Winter Park (6) - Bob Mosher	2006	Evans (5) - Greg Thompson
1969	Winter Park (7) - Bob Mosher	2007	Evans (6) - Greg Thompson
1970	Winter Park (8) - Bob Mosher	2008	Edgewater (4) - Fred Ray
1971	Edgewater (1) - Bob McEwen		
1972	Winter Park (9) - Bob Mosher		
1973	Winter Park (10) - Bob Mosher		
1974	Winter Park (11) - Bob Mosher		
1975	Winter Park (12) - Bob Mosher		
1976	Oak Ridge (1) - John Hemmer	17	Oak Ridge
1977	Oak Ridge (2) - John Hemmer	14	Winter Park
1978	Oak Ridge (3) - John Hemmer	6	Evans
1979	Edgewater (2) - Phil Newton	4	Edgewater
1980	Oak Ridge (4) - John Hemmer	3	Dr. Phillips
		1	Boone
		1	West Orange
1981	Oak Ridge (5) - John Hemmer		
1982	Oak Ridge (6) - John Hemmer		
1983	Oak Ridge (7) - John Hemmer		
1984	Oak Ridge (8) - John Hemmer		
1985	Oak Ridge (9) - John Hemmer		
1986	Evans (1) - Nate James		
1987	Oak Ridge (10) - John Hemmer		
1988	Oak Ridge (11) - John Hemmer		
1989	West Orange (1) - Bill Mayberry		
1990	Dr. Phillips (1) - Tim Ayers		
1991	Oak Ridge (12) - John Hemmer		
1992	Oak Ridge (13) - John Hemmer		
1993	Oak Ridge (14) - John Hemmer		
1994	Oak Ridge (15) - John Hemmer		
1995	Oak Ridge (16) - John Hemmer		
1996	Oak Ridge (17) - John Hemmer		
1997	Evans (2) - Max Purcell		
1998	Dr. Phillips (2) - Jim Barnes		
1999	Boone (1) - Paul Katauskas		
2000	Evans (3) - Max Purcell		

TRACK CHAMPIONSHIPS

GIRLS TENNIS CHAMPIONS

1967	Winter Park (1) - Rocky Thomas	2001	Winter Park (21) - Terry Cunningham
1968	Winter Park (2) - Rocky Thomas	2002	Dr. Phillips (9) - Mario Christo
1969	Winter Park (3) - Rocky Thomas	2003	Dr. Phillips (10) - Bryan McKeon
1970	Winter Park (4) - Chuck Fielding	2004	Freedom (1) - John Brockett
			Olympia (1) - Karen Faye
1971	Winter Park (5) - Mike McMillian	2005	Olympia (2) - Karen Faye
1972	Boone (1) - Charles Watkins	2006	Winter Park (22) - Terry Cunningham
1973	Evans (1) - Cheney Colardo	2007	Winter Park (23) - Terry Cunningham
1974	Winter Park (6) - Chuck Fielding		Apopka (1) - Angela Kahn
1975	Winter Park (7) - Chuck Fielding		Boone (9) - Lisa Spear
1976	Winter Park (8) - Chuck Fielding	2008	Winter Park (24) - Terry Cunningham
1977	Winter Park (9) - Chuck Fielding		
1978	Winter Park (10) - Jack Dryton		
1979	Evans (2) - Steve Kessler		
1980	Winter Park (11) - Jack Dryton		

TENNIS CHAMPIONSHIPS

1981	Winter Park (12) - Steve Kendall		
1982	Boone (2) - Charles Watkins	24	Winter Park
	Edgewater (1) - Lou Houston	10	Dr. Phillips
	Winter Park (13) - Betsy Folk	9	Boone
1983	Edgewater (2) - Herma Houston	2	Edgewater
1984	Boone (3) - Charles Watkins	2	Evans
1985	Winter Park (14) - Chuck Ivey	2	Olympia
1986	Boone (4) - Charles Watkins	1	Freedom
1987	Boone (5) - Charles Watkins	1	Apopka
1988	Boone (6) - Charles Watkins		
1989	Winter Park (15) - Ted Etling		
1990	Winter Park (16) - Ted Etling		

1991	Dr. Phillips (1) - Janet Young
1992	Dr. Phillips (2) - Janet Young
1993	Winter Park (17) - Kent Harmeling
1994	Dr. Phillips (3) - Janet Young
1995	Dr. Phillips (4) - Janet Young Seelig
1996	Dr. Phillips (5) - Janet Young Seelig
1997	Dr. Phillips (6) - Dana Cooke
1998	Dr. Phillips (7) - Dana Cooke
	Boone (7) - Charles Watkins
	Winter Park (18) - Kent Harmeling
1999	Dr. Phillips (8) - Dana Cooke
	Boone (8) - Charles Watkins
	Winter Park (19) - Kent Harmeling
2000	Winter Park (20) - Terry Cunningham

FOOTBALL CHAMPIONS

1963	Boone (1) - Tommy Bolen	1991	Evans (6) - Bill Gierke
1964	Colonial (1) - Red Kite		Dr. Phillips (1) - Tom Carlsen
1965	Boone (2) - Tommy Bolen	1992	Apopka (2) - Chip Gierke
	Edgewater (1) - Bozy Johnson	1993	Apopka (3) - Chip Gierke
1966	Boone (3) - Tommy Bolen	1994	Apopka (4) - Chip Gierke
	Colonial (2) - Red Kite	1995	Evans (7) - Bill Gierke
	Edgewater (2) - Dan Blackwelder	1996	Evans (8) - Bill Gierke
1967	Boone (4) - Tommy Bolen		Dr. Phillips (2) - Kenny Edenfield
1968	Edgewater (3) - Dan Blackwelder	1997	Dr. Phillips (3) - Chip Gierke
1969	Boone (5) - Tommy Bolen	1998	Evans (9) - JB Gordon
1970	Bishop Moore (1) - Harry Nelson	1999	Apopka (5) - Rick Darlington
	Oak Ridge (1) - Paul Adams	2000	Evans (10) - J. B. Gordon
1971	Winter Park (1) - Larry Gergley	2001	Edgewater (6) - Bill Gierke
1972	Winter Park (2) - Larry Gergley	2002	Edgewater (7) - Bill Gierke
1973	Edgewater (4) - Bob Dolce	2003	Boone (6) - Phil Ziglar
1974	Oak Ridge (2) - Paul Adams	2004	Edgewater (8) - Bill Gierke
1975	Oak Ridge (3) - Paul Adams	2005	Winter Park (11) - Larry Gergley
	Winter Park (3) - Larry Gergley	2006	Apopka (6) - Rick Darlington
1976	Winter Park (4) - Larry Gergley	2007	Boone (7) - Phil Ziglar
1977	Oak Ridge (4) - Paul Adams		
1978	Edgewater (5) - Bob Dolce		
1979	Evans (1) - Gary Preisser		
1980	Winter Park (5) - Larry Gergley		

FOOTBALL CHAMPIONSHIPS

1981	Evans (2) - Gary Preisser		
1982	Winter Park (6) - Larry Gergley	11	Winter Park
1983	Winter Park (7) - Larry Gergley	10	Evans
1984	Winter Park (8) - Larry Gergley	8	Edgewater
1985	Apopka (1) - Chip Gierke	7	Boone
1986	Winter Park (9) - Larry Gergley	6	Apopka
1987	Winter Park (10) - Larry Gergley	4	Oak Ridge
1988	Evans (3) - Bill Gierke	3	Dr. Phillips
1989	Evans (4) - Bill Gierke	2	Colonial
1990	Evans (5) - Bill Gierke	1	Bishop Moore

FLAG FOOTBALL CHAMPIONS

2004	Apopka (1) - Matt Houvouras	<u>FLAG FOOTBALL CHAMPIONSHIPS</u>		
2005	Dr. Phillips (1) - Anthony Jones			
2006	Apopka (2) - Matt Houvouras	5	Apopka	
2006	Apopka (3) - Matt Houvouras	1	Dr. Phillips	
2007	Apopka (4) - Matt Houvouras	1	Timber Creek	
2008	Apopka (5) - Matt Houvouras			
	Timber Creek (1) - Jim Buckridge			

GYMNASTICS CHAMPIONS

BOYS

1989	Evans (1) - Evelyn McCullough	<u>GYMNASTICS CHAMPIONSHIPS</u>		
1990	Evans (2) - Evelyn McCullough			
		2	Evans	

GIRLS

1988	Evans (1) - Evelyn McCullough	<u>GYMNASTICS CHAMPIONSHIPS</u>		
1989	Boone (1) - Stephanie Gavin			
1990	Boone (2) - Stephanie Gavin	2	Boone	
1991	Dr. Phillips (1) - Brenda Paulson	1	Dr. Phillips	
		1	Evans	

RHYTHMIC GYMNASTICS CHAMPIONS

1999	Jones (1) - Patti Moore	<u>RHYTHMICS GYMNASTICS</u>		
	University (1) - Sherry Viersen			
2000	University (2) - Sherry Viersen			
2001	Not a Metro Sport	2	Evans	
2002	Evans (1) - Carolyn Owens	2	University	
2003	Evans (2) - Carolyn Owens	1	Jones	

BOYS TENNIS CHAMPIONS

1965	Winter Park (1) - Ed Hotaling	2001	Boone (6) - Nelson Browning
1966	Winter Park (2) - Ed Hotaling		Dr. Phillips (6) - Ron Fonnnett
1967	Winter Park (3) - Ed Hotaling		Winter Park (21) - Terry Cunningham
1968	Winter Park (4) - Ed Hotaling	2002	Boone (7) - Nelson Browning
1969	Winter Park (5) - Chuck Fielding	2003	Olympia (1) - Gregory Scharfield
1970	Winter Park (6) - Chuck Fielding	2004	Dr. Phillips (7) - Joel Maurer
			Freedom (1) - John Brockett
1971	Winter Park (7) - Mike McMilliam		Olympia (2) - Greg Scharfield
1972	Winter Park (8) - Chuck Fielding	2005	Freedom (2) - John Brocket
1973	Winter Park (9) - Chuck Fielding	2006	West Orange (1) - Charles Hooper
1974	Edgewater (1) - Cliff Cook	2006	Olympia (3) - John Cappabinaca
1975	Edgewater (2) - Cliff Cook	2007	Olympia (4) - John Cappabinaca
1976	Edgewater (3) - Cliff Cook	2008	Olympia (5) - John Cappabianca
1977	Winter Park (10) - Jack Dryton		
1978	Winter Park (11) - Jack Dryton		

TENNIS CHAMPIONSHIPS

1979	Oak Ridge (1) - Bob Fedell		
1980	Winter Park (12) - Jack Dryton		
		21	Winter Park
1981	Winter Park (13) - Jack Dryton	7	Boone
1982	Boone (1) - Nelson Browning	7	Dr. Phillips
1983	Winter Park (14) - Tom Munsey	5	Olympia
1984	Winter Park (15) - Tom Munsey	4	Edgewater
1985	Winter Park (16) - Tom Munsey	2	Freedom
1986	Oak Ridge (2) - Bob Fedell	2	Oak Ridge
1987	Boone (2) - Nelson Browning	1	West Orange
1988	Winter Park (17) - Ross Klongerbro		
1989	Winter Park (18) - Ross Klongerbro		
1990	Winter Park (19) - Ross Klongerbro		
1991	Dr. Phillips (1) - Rick Houston		
1992	Boone (3) - Nelson Browning		
1993	Boone (4) - Nelson Browning		
1994	Boone (5) - Nelson Browning		
1995	Edgewater (4) - Steve Mense		
1996	Dr. Phillips (2) - Rick Houston		
1997	Dr. Phillips (3) - Rick Houston		
1998	Dr. Phillips (4) - Rick Houston		
1999	Dr. Phillips (5) - Rick Houston		
2000	Winter Park (20) - Terry Cunningham		

GIRLS GOLF CHAMPIONS

		<u>GOLF CHAMPIONSHIPS</u>	
1992	Dr. Phillips (1) - Carolyn Sparks		
1993	Dr. Phillips (2) - Carolyn Sparks		
1994	Dr. Phillips (3) - Carolyn Sparks	8	Winter Park
1995	Not a Metro Sport	4	Dr. Phillips
1996	Winter Park (1) - Dave Boone	2	Olympia
1997	Winter Park (2) - Dave Boone	1	Cypress Creek
1998	Winter Park (3) - Dave Boone		
1999	Not a Metro Sport (Spring)		
	Winter Park (4) - Dave Boone (Fall)		
2000	Winter Park (5) - Dave Boone		
2001	Not a Metro Sport		
2002	Olympia (1) - Kim Payne		
2003	Dr. Phillips (4) - Mike Barefoot		
	Cypress Creek (1) -		
2004	Winter Park (6) - Dave Boone		
2005	Olympia (2) - Kim Payne		
2006	Winter Park (7) - Dave Boone		
2007	Winter Park (8) - Dave Boone		

BOYS SWIMMING CHAMPIONS

1963	Boone (1) - Tommy Bolen	2001	Winter Park (29) - Chris Emig
1964	Winter Park (1) - Steve VanVorhee	2002	Winter Park (30) - Chris Emig
1965	Winter Park (2) - Steve VanVorhee	2003	Winter Park (31) - Chris Emig
1966	Winter Park (3) - Bill Orr	2004	Winter Park (32) - Chris Emig
1967	Winter Park (4) - Bill Orr	2005	Winter Park (33) - Chris Emig
1968	Bishop Moore (1) - Tom Bonniol	2006	Winter Park (34) - Barry Creighton
1969	Edgewater (1) - Mickey Yaska	2007	Winter Park (35) - Barry Creighton
1970	Bishop Moore (2) - Tom Bonniol		

SWIMMING CHAMPIONSHIPS

1971	Oak Ridge (1) - Carl Dragstedt	35	Winter Park
1972	Edgewater (2) - John Chantos	3	Dr. Phillips
1973	Oak Ridge (2) - Carl Dragstedt	2	Bishop Moore
1974	Winter Park (5) - Skip Foster	2	Edgewater
1975	Winter Park (6) - Skip Foster	2	Oak Ridge
1976	Winter Park (7) - Skip Foster	1	Boone
1977	Winter Park (8) - Skip Foster		
1978	Winter Park (9) - Skip Foster		
1979	Winter Park (10) - Skip Foster		
1980	Winter Park (11) - Skip Foster		
1981	Winter Park (12) - Skip Foster		
1982	Winter Park (13) - Don Prokes (spring)		
1983	Winter Park (14) - Don Prokes (fall)		
1984	Winter Park (15) - Don Prokes		
1985	Winter Park (16) - Don Prokes		
1986	Winter Park (17) - Don Prokes		
1987	Winter Park (18) - Don Prokes		
1988	Winter Park (19) - Don Prokes		
1989	Winter Park (20) - Don Prokes		
1990	Winter Park (21) - Don Prokes		
1991	Winter Park (22) - Don Prokes		
1992	Winter Park (23) - Don Prokes		
1993	Winter Park (24) - Don Prokes		
1994	Winter Park (25) - Don Prokes		
1995	Dr. Phillips (1) - Bruce Follensbee		
1996	Dr. Phillips (2) - Bruce Follensbee		
1997	Dr. Phillips (3) - Bruce Follensbee		
1998	Winter Park (26) - Chris Emig		
1999	Winter Park (27) - Chris Emig		
2000	Winter Park (28) - Chris Emig		

GIRLS SOCCER CHAMPIONS

1989	Winter Park (1) - Larry Kaskey		
1990	Winter Park (2) - Larry Kaskey		
		17	Winter Park
1991	Winter Park (3) - Larry Kaskey	6	Edgewater
1992	Winter Park (4) - Felix Martinez	1	University
1993	Winter Park (5) - Shawn Murphy		
1994	Winter Park (6) - Israel Ramos		
1995	Winter Park (7) - Israel Ramos		
1996	Winter Park (8) - Dan McAvoy		
1997	Winter Park (9) - Dan McAvoy		
1998	Winter Park (10) - Dan McAvoy		
	University (1) - Mike Strickler		
1999	Winter Park (11) - Dan McAvoy		
2000	Winter Park (12) - Dan McAvoy		
2001	Edgewater (1) - Kim Christiansen		
2002	Winter Park (13) - Anthony Brenner		
2003	Edgewater (2) - Kim Christiansen		
	Winter Park (14) - Anthony Brenner		
2004	Edgewater (3) - Kim Christiansen		
2005	Edgewater (4) - Kim Christiansen		
	Winter Park (15) - Graham Naylor		
2006	Winter Park (16) - Graham Naylor		
2007	Edgewater (5) - Jason Mann		
2008	Edgewater (6) - Jason Mann		
	Winter Park (17) - Ken Hammond		

SOCCER CHAMPIONSHIPS

LACROSSE CHAMPIONS

BOYS

2004	Winter Park (1) - Ryan Healey		
2005	Winter Park (2) - Ryan Healey		
2006	Winter Park (3) - Ryan Healey	5	Winter Park
	Olympia (1) - Brian Haggerty	1	Olympia
2007	Winter Park (4) - Ryan Healey		
2008	Winter Park (5) - Andy Sinclair		

LACROSSE CHAMPIONSHIPS

GIRLS

2004	West Orange (1) - Mary Hopkins		
2005	West Orange (2) - Mary Hopkins		
	Winter Park (1) - Tammy Williamson	4	West Orange
2006	West Orange (3) - Mary Hopkins	3	Winter Park
	Winter Park (2) - Tammy Williamson	1	Olympia
2007	West Orange (4) - Mary Hopkins		
	Winter Park (3) - Tom Kienle		
2008	Olympia (1) - Brooke Newman		

LACROSSE CHAMPIONSHIPS

SLOW PITCH SOFTBALL CHAMPIONS

1976	Evans (1) - Kye Starbird	2001	Apopka (3) - Mike MacWithey
1977	Colonial (1) - Kay Johnson	2002	Winter Park (1) - Mark Rankin
1978	Evans (2) - Cheryl Stark	2003	Boone (5) - Robin Bradford
1979	Colonial (2) - Jo McLemore	2004	Apopka (4) - Mike MacWithey
1980	Oak Ridge (1) - Carl Dragstedt	2005	Ocoee (1) - Sue North
		2006	Timber Creek (1) - Glenn Finnerty
1981	Colonial (3) - Jo McLemore	2007	Timber Creek (2) - Glenn Finnerty

SLOW PITCH SOFTBALL CHAMPIONSIPS

1984	West Orange (1) - Denny Bodenmiller	5	Boone
1985	Boone (3) - Wayne Rickman	4	Apopka
1986	Apopka (1) - Virgil Riddle	3	Colonial
1987	Apopka (2) - Virgil Riddle	3	Evans
1988	West Orange (2) - Bill Chambers	2	West Orange
1989	Boone (4) - Wayne Rickman	2	Timber Creek
1990	Evans (3) - Brenda Muench	1	Oak Ridge
		1	Ocoee
1991 - 00	Not a Metro Sport	1	Winter Park

FAST PITCH SOFTBALL CHAMPIONS

1991	Oak Ridge (1) - Gina McFerren	2001	Boone (3) - Robin Bradford
1992	Oak Ridge (2) - Gina McFerren	2002	West Orange (3) - Sue North
1993	Oak Ridge (3) - Gina McFerren	2003	West Orange (4) - Sue North
1994	Colonial (1) - Bruno Wojtaszek	2004	Boone (4) - Robin Bradford
1995	West Orange (1) - Marge Richer	2005	West Orange (5) - Sue North
1996	Boone (1) - Robin Bradford	2006	Freedom (1) - Chuck Youtz
1997	Colonial (2) - Bruno Wojtaszek	2007	West Orange (6) - Kelli Poff
	West Orange (2) - Marge Richer	2008	Timber Creek (1) - Steve Soubasis

FAST PITCH SOFTBALL CHAMPIONSHIPS

1998	Colonial (3) - Bruno Wojtaszek	6	West Orange
1999	Boone (2) - Robin Bradford	4	Boone
	University (1) - Mike Cuda	3	Colonial
2000	Apopka (1) - Mike MacWithey	3	Oak Ridge
	Cypress Creek (1) - Chuck Youtz	2	University
	Edgewater (1) - Steve Mulse	1	Apopka
	University (2) - Mike Cuda	1	Cypress Creek
		1	Edgewater
		1	Freedom
		1	Timber Creek

BOYS SOCCER CHAMPIONS

1973	Edgewater (1) - Larry Goode	2001	Cypress Creek (2) - Matt Johnson
	Evans (1) - Ernie Chandler	2002	Cypress Creek (3) - Matt Johnson
1974	Edgewater (2) - Larry Goode	2003	Winter Park (15) - Ray Sandidge
1975	Colonial (1) - John Klingmeyer	2004	West Orange (1) - Peter Moore
1976	Edgewater (3) - Lou Houston		Winter Park (16) - Ray Sandidge
1977	Winter Park (1) - Jack Dryton	2005	Freedom (1) - Eric Linares
1978	Winter Park (2) - Jack Dryton	2006	Winter Park (17) - Bobby Croft
1979	Winter Park (3) - Jack Dryton	2007	Dr. Phillips (6) - Joel Dobowolski
1980	Boone (1) - Jim Griffin	2008	Ocoee (1) - Peter Moore

SOCCER CHAMPIONSHIPS

1981	Oak Ridge (1) - George Drake	17	Winter Park
	Winter Park (4) - Terry Offner	6	Dr. Phillips
1982	Oak Ridge (2) - George Drake	4	Boone
1983	Winter Park (5) - Terry Offner	3	Cypress Creek
1984	Winter Park (6) - Terry Offner	3	Edgewater
1985	Evans (2) - Ernie Chandler	2	Evans
1986	Winter Park (7) - Terry Offner	2	Oak Ridge
1987	Winter Park (8) - Terry Offner	1	Colonial
1988	Winter Park (9) - Terry Offner	1	Freedom
1989	Winter Park (10) - Terry Offner	1	Ocoee
1990	Winter Park (11) - Terry Offner	1	West Orange
1991	Winter Park (12) - Terry Offner		
1992	Winter Park (13) - Terry Offner		
1993	Boone (2) - Jim Griffin		
1994	Dr. Phillips (1) - Dave Christiansen		
1995	Dr. Phillips (2) - Dave Christiansen		
1996	Boone (3) - Jim Griffin		
1997	Boone (4) - Jim Griffin		
1998	Dr. Phillips (3) - Doug Gough		
1999	Dr. Phillips (4) - Doug Gough		
	Winter Park (14) - Robert Avossa		
	Cypress Creek (1) - Matt Johnson		
2000	Dr. Phillips (5) - Doug Gough		



Metro Conference Championships

1962 - 2008

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