



Metro Conference Championships

1962 - 2016

METRO CONFERENCE BROCHURE

1962

2016

The Metro Conference was conceived by coaches Bob Mosher of Winter Park High School, Lynn Hardy of Boone High School, and Bob Berry of Edgewater High School in the summer of 1962. Principals O.C. Wilson of Winter Park and Charles Terry of Boone were approached. They organized the Orange County Principals, and thus the Metro Conference was created in the fall of 1962. The constitution was adopted in February 1963 and conference competition was started in the spring of 1963.

Charter Schools (1963)		Years in Metro	School	Championships Won
Bishop Moore (withdrew 1976)				
Boone		31	Apopka	69
Colonial		54	Boone	110
Edgewater		54	Colonial	56
Evans		24	Cypress Creek	11
Oak Ridge		29	Dr. Phillips	186
Sanford (withdrew 1966)		7	East River	4
Winter Park		54	Edgewater	93
		54	Evans	90
Other Current Members		13	Freedom	17
		41	Jones	8
Jones	1968-83, 90	7	Lake Nona	14
West Orange	1979	54	Oak Ridge	76
Apopka	1985	11	Ocoee	5
Dr. Phillips	1987	15	Olympia	75
University	1990	15	Timber Creek	81
Cypress Creek	1992	26	University	41
Olympia	2001	9	Wekiva	9
Timber Creek	2001	37	West Orange	73
Freedom	2003	54	Winter Park	383
Ocoee	2005			
Wekiva	2007	14	Bishop Moore	7
East River	2009	8	Lyman	11
Lake Nona	2009	6	Mainland	2
		4	Sanford	0
Other Former Members				
Mainland	1966-72			
Lyman	1969-77			

METRO CONFERENCE HALL OF FAME

Coaches and Administrators

1980	Paul Adams (Oak Ridge) Bob Mosher (Winter Park) O.C. Wilson (Winter Park)	1991	Ole Evans (Evans) Terry Offner (Winter Park) Bill Gierke (Evans) George Kirchgassner (Colonial)	2001	Titus King (Colonial) Jeff Boettner (University)
1981	Bob Berry (Edgewater) Jim Gosnell (Evans) Ray Judy (Oak Ridge) Red Kite (Colonial) Bob Maples (Edgewater) Fred Pennington (Evans) Ivan Repass (Boone) Charles Terry (Boone)	1992	Don Prokes (Winter Park) Bob Fedell (Dr. Phillips) Buddy Hurd (Evans) Willie Jones (Jones) Ernie Swift (Jones) Gary Preisser (Dr. Phillips)	2002	Randy Jessee (University) Bill Thompson (Dr. Phillips)
1982	Jim Cinnamon (Edgewater) Bob Dolce (Edgewater) Norman Kent (Colonial) Bill Orr (Winter Park) John Pitts (Evans) Wib Robertson (Winter Park)	1993	Charles Watkins (Boone) Nelson Browning (Boone) Charles Friedley (Winter Park) Al Saour (Cypress Creek) Dick Damron (Oak Ridge) Phil Ziglar (Boone) Dave Shuttleworth (Colonial) Eddie Sneed (Jones)	2003	No Inductees
1983	Tommy Bolen (Boone) Wilbur Gary (Jones) Rufus Jenkins (Colonial) Frank Kozel (Colonial) Bob MacCarty (Winter Park) Wayne Rickman (Boone) Bill Spooone (Oak Ridge) Rudy Tapia (Evans)	1994	No Inductees	2004	No Inductees
1984	Ernestine Embry (Jones) Carl Dragstedt (Oak Ridge) John Hemmer (Oak Ridge) Merrill LeVane (Jones) Phil Newton (Edgewater)	1995	Don Bennett (Edgewater) Bob Hunt (Dr. Phillips) Calvin Linglebach (Evans) Mike Shewchuk (Winter Park) Ron Smith (Oak Ridge)	2005	Kurt Wickizer (Dr. Phillips) Phil King (Apopka)
1985	Larry Gergley (Winter Park) Jim Heise (Winter Park) Jesse Lane (Boone) Bill Lowry (Boone)	1996	Bruce Follensbee (Dr. Phillips)	2006	Jerry Bourg (University) Lou Fiorelli (Freedom)
1986	Ernie Chandler (Evans) Bobby Marr (Winter Park) Bob Williams (Colonial)	1997	No Inductees	2008	Misti Cox (Boone) Paul Katauskas (Boone)
1987	Chuck Fielding (Winter Park) Tom Munsey (Winter Park) Julius Gordon (Evans) Steve Kessler (Evans)	1998	Bob Whittington (Boone) Sonny Wise (Apopka) Chip Gierke (Apopka) John Hauser (Colonial) Cooper Means (County AD) Larry Payne (Dr. Phillips) Sherry Vierser (University)	2009	No Inductees
1988	Ted Benz (Edgewater) Tony Manzonelli (Winter Park)	1999	Bob Cluggish (honorary) Dick Hullette (Oak Ridge) Trish Highland (County AD) Richard Lief (Boone) Mike Strickler (University) Jim Griffin (Boone) John Boston (West Orange)	2010	Bill Chambers (Ocoee)
1989	Harry Livingood (Winter Park) Charles Rohr (Edgewater) John Rouse (Winter Park)	2000	Dorothy Starbird (Evans) Bob Gordon (Evans)	2011	Dr. Paul Van Mitchell (Colonial) Lee Burns (Edgewater)
1990	Denise McCarty (Apopka)			2012	Deborah Scherr (Timber Creek)
				2013	Richard Victor (Lake Nona)
				2014	No Inductees
				2015	No Inductees
				2016	Julie Sanford (Colonial)

METRO CONFERENCE PAST PRESIDENTS

1962-63 Charles Terry (Boone)
1963-64 O.C. Wilson (Winter Park)
1964-65 Howard Fleming (Edgewater)
1965-66 Rufus Jennings (Colonial)
1966-67 Keith Stone (Oak Ridge)
1967-68 Ted Wiedenbach (Evans)
1968-69 John Pitts (Boone)
1969-70 Norman Kent (Edgewater)

1970-71 Norman Kent (Edgewater)
1971-72 Wilbur Gary (Jones)
1972-73 Wilbur Gary (Jones)
1973-74 Bob Lengauer (Oak Ridge)
1974-75 Jim Joyner (Colonial)
1975-76 Wib Robertson (Winter Park)
1976-77 John Pitts (Evans)
1977-78 Henry Wright (Jones)
1978-79 Bill Spoone (Oak Ridge)
1979-80 Charles Rohrer (Edgewater)

1980-81 Norman Kent (Colonial)
1981-82 Tom Marcy (Winter Park)
1982-83 Tony Krapf (West Orange)
1983-84 John Pitts (Evans)
1984-85 Eric Smith (Winter Park)
1985-86 Henry Dominy (Boone)
1986-87 Joe Worsham (West Orange)
1987-88 Frank Hill (Oak Ridge)
1988-89 Larry Payne (Colonial)
1989-90 Jesse Lane (Boone)

1990-91 Joe Worsham (West Orange)
1991-92 Eddie Sneed (Jones)
1992-93 Bob Williams (Edgewater)
1993-94 Dick Damron (Oak Ridge)
1994-95 Sarah Jane Turner (West Orange)
1995-96 Hugh Harris (Winter Park)
1996-97 John Edwards (Apopka)
1997-98 John Edwards (Apopka)
1998-99 Mike Blasewitz (Edgewater)
1999-00 Gary Preisser (West Orange)

2000-01 Tom Aiken (Cypress Creek)
2001-02 Hugh Hattabaugh (Boone)
2002-03 Gene Trochinski (Dr. Phillips)
2003-04 David Christiansen (University)
2004-05 Bill Gordon (Winter Park)
2005-06 John Wright (Timber Creek)
2006-07 John Wright (Timber Creek)
2007-08 Rob Anderson (Edgewater)
2008-09 Willlliam Floyd (Apopka)
2009-10 Elise Gruber (Wekiva)

2010-11 Jenny Gibson-Linkh (Olympia)
2011-12 Margaret McMillen (Boone)
2012-13 Margaret McMillen (Boone)
2013-14 Margaret McMillen (Boone)
2014-15 Margaret McMillen (Boone)
2015-16 Dusty Johns (Boone)

Current President

2016-17

METRO CONFERENCE

"BOB BERRY" ALL SPORTS AWARD

1964-65 Colonial (1)
 1965-66 Winter Park (1)
 1966-67 Winter Park (2)
 1967-68 Edgewater (1)
 1968-69 Boone (1)
 1969-70 Boone (2)

 1970-71 Boone (3)
 1971-72 Winter Park (3)
 1972-73 Winter Park (4)
 1973-74 Winter Park (5)
 1974-75 Evans (1)
 1975-76 Winter Park (6)
 1976-77 Winter Park (7)
 1977-78 Winter Park (8)
 1978-79 Winter Park (9)
 1979-80 Winter Park (10)

 1980-81 Winter Park (11)
 1981-82 Evans (2)
 1982-83 Evans (3)
 1983-84 Winter Park (12)
 1984-85 Winter Park (13)
 1985-86 Winter Park (14)
 1986-87 Winter Park (15)
 1987-88 Winter Park (16)
 1988-89 Winter Park (17)
 1989-90 Dr. Phillips (1)

 1990-91 Winter Park (18)
 1991-92 Winter Park (19)
 1992-93 Boone (4)
 1993-94 Dr. Phillips (2)
 1994-95 Dr. Phillips (3)
 1995-96 Dr. Phillips (4)
 1996-97 Dr. Phillips (5)
 1997-98 Dr. Phillips (6)
 1998-99 Boone (5)
 1999-00 Winter Park (20)

 2000-01 Winter Park (21)
 2001-02 Boone (6)
 2002-03 Winter Park (22)
 2003-04 Edgewater (2)
 2004-05 Winter Park (23)
 2005-06 Winter Park (24)
 2006-07 Timber Creek (1)
 2007-08 Winter Park (25)
 2008-09 Timber Creek (2)
 2009-10 E Winter Park (26)
 2009-10 W Dr. Phillips (7)

2010-11 E Winter Park (27)
 2010-11 W Dr. Phillips (8)
 2011-12 E Winter Park (28)
 2011-12 W Dr. Phillips (9)
 2012-13 E Timber Creek (3)
 2012-13 W Dr. Phillips (10)
 2013-14 E Winter Park (29)
 2013-14 W Dr. Phillips (11)
 2014-15 E Winter Park (30)
 2014-15 W Dr. Phillips (12)
 2015-16 E Winter Park (31)
 2015-16 W West Orange (1)
 2016-17 E
 2016-17 W

ALL SPORTS TROPHIES

31	Winter Park
12	Dr. Phillips
6	Boone
3	Evans
3	Timber Creek
2	Edgewater
1	Colonial
1	West Orange

BASEBALL CHAMPIONS - BOYS

1963	Colonial (1) - Max Miller	2007	West Orange (4) - Jesse Marlo
1964	Colonial (2) - Max Miller	2008	West Orange (5) - Jesse Marlo
	Boone (1) - Jim Heise		Boone (11) - Pete Post
1965	Edgewater (1) - Bob Maples		Freedom (1) - George Kirchgassner
1966	Evans (1) - Jim Gosnell	2009	West Orange (6) - Jesse Marlo
1967	Boone (2) - Jim Heise	2010 E	Freedom (2) - James Anderson
	Edgewater (2) - Bob Maples	2010 W	Olympia (1) - Randy O'Neal
1968	Edgewater (3) - Bob Maples		
	Evans (2) - Jim Gosnell	2011 E	Boone (12) - Pete Post
1969	Colonial (3) - Max Miller	2011 W	Dr. Phillips (5) - Mike Bradley
1970	Boone (3) - Jim Heise	2012 E	Boone (13) - Pete Post
		2012 W	Olympia (2) - Randy O'Neal
1971	Boone (4) - Terry Manfredi	2013 E	Cypress Creek (1) - Rodney Beaty
1972	Colonial (4) - Clyde Steen	2013 W	Olympia (3) - Randy O'Neal
1973	Lyman (1) - Bob McCullough	2014 E	Winter Park (7) - Bob King
1974	Winter Park (1) - Larry Wright	2014 W	Dr. Phillips (6) - Mike Bradley
1975	Evans (3) - Jim Gosnell		Olympia (4) - Chuck Schall
1976	Lyman (2) - Bob McCullough		West Orange (7) - Jesse Marlo
1977	Winter Park (2) - Harry Livengood	2015 E	Boone (14) - Pete Post
1978	Winter Park (3) - Harry Livengood	2015 W	Olympia (5) - Chuck Schall
1979	Winter Park (4) - Harry Livengood	2016 E	Winter Park (8) - Dee Brown
1980	Evans (4) - Darrel Range	2016 W	West Orange (8) - Jesse Marlo
		2017 E	
1981	Boone (5) - John Hart	2017 W	
1982	Boone (6) - John Hart		
1983	Boone (7) - Terry Abbott		
1984	Colonial (5) - George Kirchgassner		
1985	Boone (8) - Terry Abbott		
1986	Colonial (6) - George Kirchgassner		
1987	Apopka (1) - Sonny Wise		
1988	Apopka (2) - Sonny Wise		
	Winter Park (5) - Bob King		
1989	Apopka (3) - Sonny Wise		
1990	Apopka (4) - Sonny Wise		
1991	Dr. Phillips (1) - Danny Allie		
1992	Dr. Phillips (2) - Danny Allie		
1993	Dr. Phillips (3) - Danny Allie		
1994	Winter Park (6) - Bob King		
1995	Apopka (5) - Sonny Wise		
1996	Apopka (6) - Sonny Wise		
1997	Apopka (7) - Sonny Wise		
1998	West Orange (1) - Teddy Craig		
1999	Apopka (8) - Sonny Wise		
2000	Colonial (7) - Scott Grove		
2001	West Orange (2) - Teddy Craig		
2002	West Orange (3) - Teddy Craig		
	Apopka (9) - Sonny Wise		
2003	Apopka (10) - Sonny Wise		
2004	Boone (9) - Pete Post		
	Dr. Phillips (4) - Mike Barefoot		
2005	Edgewater (4) - Chip Gierke		
2006	Boone (10) - Pete Post		

BASEBALL CHAMPIONSHIPS

14	Boone
10	Apopka
8	West Orange
8	Winter Park
7	Colonial
6	Dr. Phillips
5	Olympia
4	Edgewater
4	Evans
2	Freedom
2	Lyman
1	Cypress Creek

BASKETBALL CHAMPIONS - BOYS

1964	Evans (1) - Fred Pennington	2005	Edgewater (5) - Travis Jones
1965	Edgewater (1) - Jim Cinnamon	2006	Winter Park (4) - Matt Hixenbaugh
1966	Boone (1) - Ivan Repass	2007	Edgewater (6) - Jeremy Lavoie
1967	Evans (2) - Fred Pennington	2008	Winter Park (5) - David Bailey
1968	Evans (3) - Fred Pennington		Olympia (1) - Mark Griseck
1969	Evans (4) - Fred Pennington	2009	Olympia (2) - Mark Griseck
1970	Mainland (1) - Joe Piggot	2010 E	Winter Park (6) - David Bailey
		2010 W	Dr. Phillips (9) - Anthony Long
1971	Jones (1) - Nat Williams		
1972	Evans (5) - Fred Pennington	2011 E	Winter Park (7) - David Bailey
	Winter Park (1) - Mike Pollio	2011 W	Dr. Phillips (10) - Anthony Long
1973	Evans (6) - Fred Pennington	2012 E	Boone (7) - Greg Shirley
	Winter Park (2) - Mike Pollio	2012 W	Dr. Phillips (11) - Anthony Long
1974	Evans (7) - Fred Pennington	2013 E	Boone (8) - Greg Shirley
1975	Evans (8) - Fred Pennington	2013 W	Dr. Phillips (12) - Anthony Long
1976	Evans (9) - Fred Pennington	2014 E	Oak Ridge (9) - Alex Jackson
1977	Edgewater (2) - Rudy Tapia	2014 W	Wekiva (1) - Scott Williams
1978	Boone (2) - Wayne Rickman	2015 E	Winter Park (8) - Don Blackmon
1979	Evans (10) - Dick Hulette	2015 W	Dr. Phillips (13) - Anthony Long
1980	Boone (3) - Wayne Rickman	2016 E	Oak Ridge (10) - Alex Jackson
		2016 W	Olympia (3) - Matt Wheeler
1981	Oak Ridge (1) - Dick Damron	2017 E	
1982	Evans (11) - Dick Hulette	2017 W	
	Winter Park (3) - Bill Clendinen		
1983	Evans (12) - Dick Hulette		
	Oak Ridge (2) - Jeff Asher		
1984	Oak Ridge (3) - Jeff Asher		
1985	Evans (13) - Rudy Tapia		
	Oak Ridge (4) - Jeff Asher		
1986	Apopka (1) - Earl Stokes		
1987	Evans (14) - Rudy Tapia		
1988	Evans (15) - Calvin Linglebach		
1989	Oak Ridge (5) - Ron Smith		
1990	Oak Ridge (6) - Ron Smith		
1991	Boone (4) - Wayne Rickman		
	Oak Ridge (7) - Ron Smith		
1992	Evans (16) - Calvin Linglebach		
	Dr. Phillips (1) - Pete Hubert		
1993	Dr. Phillips (2) - Pete Hubert		
1994	Dr. Phillips (3) - Theo McWhite		
	Boone (5) - Wayne Rickman		
1995	Dr. Phillips (4) - Theo McWhite		
1996	Evans (17) - Calvin Linglebach		
1997	Dr. Phillips (5) - Theo McWhite		
1998	Dr. Phillips (6) - Theo McWhite		
	Evans (18) - Calvin Linglebach		
	Oak Ridge (8) - Ron Smith		
1999	Edgewater (3) - Travis Jones		
2000	Dr. Phillips (7) - Theo McWhite		
2001	Boone (6) - Mark Rickman		
2002	Evans (19) - Calvin Linglebach		
2003	Edgewater (4) - Travis Jones		
2004	Dr. Phillips (8) - Anthony Long		

BASKETBALL CHAMPIONSHIPS

19	Evans
13	Dr. Phillips
10	Oak Ridge
8	Boone
8	Winter Park
6	Edgewater
3	Olympia
1	Apopka
1	Jones
1	Mainland
1	Wekiva

BASKETBALL CHAMPIONS - GIRLS

1975	Oak Ridge (1) - Pat Sack	2015 E	Winter Park (3) - Marimer Varona
1976	Boone (1) - Susan Till	2015 W	Jones (2) - Mary Loney
1977	Boone (2) - Pat Sack	2016 E	Colonial (3) - Cindy Richardson
1978	Boone (3) - Pat Doane	2016 W	Jones (3) - Robert Moultrie
1979	Evans (1) - Kye Starbird	2017 E	
1980	Edgewater (1) - Denise McCarty	2017 W	
1981	Edgewater (2) - Denise McCarty		
1982	Evans (2) - Kye Starbird		
1983	Evans (3) - Kye Starbird		
1984	Edgewater (3) - Denise McCarty		
1985	Evans (4) - Kye Starbird		
	Edgewater (4) - Denise McCarty		
1986	Edgewater (5) - Denise McCarty		
1987	Winter Park (1) - Kerry Patrick		
1988	Edgewater (6) - Nancy Swain		
1989	Dr. Phillips (1) - Ron Fonnnett		
1990	Apopka (1) - Denise McCarty		
1991	Dr. Phillips (2) - Ron Fonnnett		
1992	Dr. Phillips (3) - Ron Fonnnett		
1993	Boone (4) - Misty Cox		
	Evans (5) - Bob Gordon		
	Jones (1) - Mary Loney		
1994	Evans (6) - Bob Gordon		
1995	West Orange (1) - Tyrone Adams		
1996	Evans (7) - Bob Gordon		
1997	Evans (8) - Bob Gordon		
1998	Evans (9) - Bob Gordon		
1999	Boone (5) - Misty Cox		
2000	Boone (6) - Misty Cox		
2001	Evans (10) - Bob Gordon		
2002	Boone (7) - Misty Cox		
2003	Boone (8) - Misty Cox		
2004	Apopka (2) - Crystal Davidson		
2005	Boone (9) - Kim Burke		
	Edgewater (7) - Malcolm Lewis		
2006	Edgewater (8) - Malcolm Lewis		
2007	Boone (10) - Miriam Jenkins		
2008	Edgewater (9) - Malcolm Lewis		
	Timber Creek (1) - Matthew Aliberti		
2009	Edgewater (10) - Malcolm Lewis		
	Winter Park (2) - Gina Solano		
2010 E	University (1) - Jason Barnard		
2010 W	Dr. Phillips (4) - Anthony Jones		
2011 E	University (2) - Jason Barnard		
2011 W	Edgewater (11) - Malcolm Lewis		
2012 E	Colonial (1) - Cindy Richardson		
2012 W	Dr. Phillips (5) - Anthony Jones		
2013 E	Colonial (2) - Cindy Richardson		
2013 W	Dr. Phillips (6) - Anthony Jones		
2014 E	Timber Creek (2) - Richard Cross		
2014 W	Edgewater (12) - Malcolm Lewis		

BASKETBALL CHAMPIONSHIPS

12	Edgewater
10	Boone
10	Evans
6	Dr. Phillips
3	Colonial
3	Jones
3	Winter Park
2	Apopka
2	Timber Creek
2	University
1	Oak Ridge
1	West Orange

BOWLING CHAMPIONS - BOYS

		<u>BOWLING CHAMPIONSHIPS</u>	
1990	Boone (1) - Tim Donath		
1991	Boone (2) - Tim Donath	11	Apopka
1992	Apopka (1) - Wendy Bush(spr)	8	Timber Creek
1992	Dr. Phillips (1) - Janet Lee (fall)	5	Winter Park
1993	Dr. Phillips (2) - Janet Lee	4	Boone
1994	Apopka (2) - Denise McCarty	4	Dr. Phillips
1995	West Orange (1) - Rudy Zubricky	4	University
1996	Dr. Phillips (3) - Janet Lee Morgan	2	Colonial
1997	University (1) - Adam Hagan	2	Wekiva
	Winter Park (1) - Frank Barclay	2	West Orange
1998	Apopka (3) - Lanny Kampe	1	East River
	Dr. Phillips (4) - Janet Lee Morgan	1	Edgewater
	University (2) - Adam Hagan		
	Winter Park (2) - Frank Barclay		
1999	Winter Park (3) - Frank Barclay		
2000	Boone (3) - Mark Rickman		
2001	University (3) - Adam Hagan		
	Winter Park (4) - Frank Barclay		
2002	Timber Creek (1) - Deborah Scherr		
2003	Timber Creek (2) - Deborah Scherr		
2004	West Orange (2) - Rudy Zubricky		
	Edgewater (1) - David Steinhorn		
2005	Apopka (4) - Sharon Kampe		
2006	Apopka (5) - Sharon Kampe		
	Timber Creek (3) - Deborah Scherr		
2007	Apopka (6) - Sharon Kampe		
	Timber Creek (4) - Deborah Scherr		
2008	Timber Creek (5) - Deborah Scherr		
2009 E	Timber Creek (6) - Deborah Scherr		
2009 W	Apopka (7) - Lanny Kampe		
2010 E	Timber Creek (7) - Deborah Scherr		
2010 W	Wekiva (1) - Dave Kurtz		
2011 E	Colonial (1) - Gary Miramonti		
2011 W	Apopka (8) - John Hauser		
2012 E	Colonial (2) - Scott Howell		
2012 W	Wekiva (2) - David Kurtz		
2013 E	East River (1) - Randy Jesse		
	University (4) - Joe Wright		
	Winter Park (5) - Cindy Allison		
2013 W	Apopka (9) - John Hauser		
2014 E	Timber Creek (8) - Alexander Schiraldi		
2014 W	Apopka (10) - Todd Hauser		
2015 E	Boone (4) - Dan Tringali		
2015 W	Apopka (11) - Todd Hauser		
2016 E			
2016 W			

BOWLING CHAMPIONS - GIRLS

		<u>BOWLING CHAMPIONSHIPS</u>
1990	Dr. Phillips (1) - Janet Lee	
1991	Apopka (1) - George Morse	9 West Orange
1992	West Orange (1) - Ron Lopzonski (spring)	7 University
1992	Apopka (2) - Denise McCarty (fall)	6 Timber Creek
1993	Boone (1) - Tin Donath	5 Apopka
1994	Apopka (3) - Denise McCarty	5 Winter Park
1995	Dr. Phillips (2) - Janet Lee Morgan	3 Dr. Phillips
1996	Dr. Phillips (3) - Janet Lee Morgan	1 Boone
1997	University (1) - Debbie Scherr	1 Cypress Creek
1998	West Orange (2) - Pat Kavenbaugh	
1999	West Orange (3) - Pat Kavenbough	
2000	Apopka (4) - Lanny Kampe	
2001	University (2) - Larry Jones	
2002	University (3) - Larry Jones	
2003	Timber Creek (1) - Debbie Scherr Winter Park (1) - Frank Barclay	
2004	Timber Creek (2) - Debbie Scherr	
2005	Timber Creek (3) - Debbie Scherr	
2006	Timber Creek (4) - Debbie Scherr	
2007	Timber Creek (5) - Debbie Scherr	
2008	Winter Park (2) - Frank Barclay	
2009 E	Cypress Creek (1) - Wes Cox	
2009 W	Apopka (5) - Kim Kampe	
2010 E	Timber Creek (6) - Debbie Scherr University (4) - Joe Wright Winter Park (3) - Cindy Allison	
2010 W	West Orange (4) - Rudolph Zubricky	
2011 E	University (5) - Joe Wright	
2011 W	West Orange (5) - Rudolph Zubricky	
2012 E	University (6) - Joe Wright	
2012 W	West Orange (6) - Rudolph Zubricky	
2013 E	University (7) - Joe Wright	
2013 W	West Orange (7) - Rudolph Zubricky	
2014 E	Winter Park (4) - Cindy Allison	
2014 W	West Orange (8) - Rudolph Zubricky	
2015 E	Winter Park (5) - Cindy Allison	
2015 W	West Orange (9) - Rudolph Zubricky	

CHEERLEADING CHAMPIONS

2011 E Winter Park (1) - Angie Ryan
2011 W Dr. Phillips (1) - Samantha Boussalham
2012 E Timber Creek (1) - Linda Fennell
2012 W Dr. Phillips (2) - Samantha Boussalham
2013 E Winter Park (2) - Angie Austin
2013 W Dr. Phillips (3) - Samantha Boussalham
2014 E Winter Park (3) - Angie Austin
2014 W Dr. Phillips (4) - Samantha Boussalham
2015 E Winter Park (4) - Angie Austin
2015 W Dr. Phillips (5) - Samantha Hoffman
2016 E Winter Park (5) - Angie Austin
2016 W West Orange (1) - Alicia Light
2017 E
2017 W

CHEERLEADING CHAMPIONSHIPS

5	Dr. Phillips
5	Winter Park
1	Timber Creek
1	West Orange

CROSS COUNTRY CHAMPIONS - BOYS

1963 Colonial (1) - Tom Houston
 1964 Winter Park (1) - Bob MacHardy
 1965 Winter Park (2) - Bob MacHardy
 1966 Colonial (2) - Tom Houston
 1967 Edgewater (1) - Dave Barriger
 1968 Boone (1) - Ted Benz
 1969 Boone (2) - Ted Benz
 1970 Winter Park (3) - Bob Mosher

1971 Evans (1) - Dick Skelton
 1972 Winter Park (4) - Bob Mosher
 1973 Winter Park (5) - Larry Wright
 1974 Evans (2) - Dick Skelton
 1975 Winter Park (6) - Larry Wright
 1976 Lyman (1) - Dave Huggins
 1977 Evans (3) - Dick Skelton
 1978 Edgewater (2) - Ted Benz
 1979 Edgewater (3) - Ted Benz
 1980 Edgewater (4) - Ted Benz

1981 Edgewater (5) - Ted Benz
 1982 Edgewater (6) - Ted Benz
 1983 Oak Ridge (1) - Bill Stamper
 1984 Winter Park (7) - John O'Brien
 1985 Colonial (3) - Dave Shuttleworth
 1986 Winter Park (8) - John O'Brien
 1987 Oak Ridge (2) - Bill Stamper
 1988 Boone (3) - Paul Katauskas
 1989 Winter Park (9) - Michael Brown
 1990 Winter Park (10) - Cleon Fowler

1991 Boone (4) - Paul Katauskas
 1992 Boone (5) - Paul Katauskas
 1993 Oak Ridge (3) - Bill Stamper
 1994 Oak Ridge (4) - Bill Stamper
 1995 Edgewater (7) - Ted Benz
 1996 Edgewater (8) - Ted Benz
 1997 Winter Park (11) - Mike Hill
 1998 Winter Park (12) - Mike Hill
 1999 Winter Park (13) - Mike Hill
 2000 Winter Park (14) - Mike Hill

2001 Winter Park (15) - Mike Hill
 2002 Winter Park (16) - Mike Hill
 2003 Winter Park (17) - Mike Hill
 2004 Winter Park (18) - Mike Hill
 2005 Boone (6) - Paul Katauskas
 2006 Boone (7) - Paul Katauskas
 2007 Winter Park (19) - Mike Hill
 2008 Dr. Phillips (1) - Angie Yarbrough
 2009 E Winter Park (20) - Dennis Kozub
 2009 W Dr. Phillips (2) - Angie Yarbrough
 2010 E Colonial (4) - Rene Plasencia
 2010 W Dr. Phillips (3) - Peter Blount

2011 E Colonial (5) - Rene Plasencia
 2011 W Olympia (1) - Stacey Williams
 2012 E Colonial (6) - Rene Plasencia
 2012 W Olympia (2) - Stacey Williams
 2013 E Timber Creek (1) - David Gardner
 2013 W Olympia (3) - Stacey Williams
 2014 E Winter Park (21) - Will Anguish
 2014 W Olympia (4) - Kevin O'Grattan
 2015 E Freedom (1) - Leonard Malech
 2015 W Dr. Phillips (4) - Jorge Fleitas
 2016 E
 2016 W

CROSS COUNTRY CHAMPIONSHIPS

21	Winter Park
8	Edgewater
7	Boone
6	Colonial
4	Dr. Phillips
4	Oak Ridge
4	Olympia
2	Evans
1	Freedom
1	Lyman
1	Timber Creek

CROSS COUNTRY CHAMPIONS - GIRLS

1975	Oak Ridge (1) - Carl Dragstedt		
1976	Boone (1) - Dick Seebers		
1977	Winter Park (1) - Larry Wright	23	Winter Park
1978	Winter Park (2) - Bobby Marr	9	Boone
1979	Winter Park (3) - Larry Wright	4	Olympia
1980	Edgewater (1) - Phil Newlon	3	Colonial
		3	Dr. Phillips
1981	Edgewater (2) - Phil Newlon	2	Edgewater
1982	Colonial (1) - David Shuttleworth	2	Oak Ridge
1983	Colonial (2) - Brenden Voss	2	West Orange
1984	West Orange (1) - Dan Sabanko		
1985	Winter Park (4) - Mike Shewchuk		
1986	Winter Park (5) - Mike Shewchuk		
1987	Boone (2) - Dick Seebers		
1988	Winter Park (6) - Mike Shewchuk		
1989	Winter Park (7) - Mike Shewchuk		
1990	Winter Park (8) - Mike Shewchuk		
1991	Winter Park (9) - Mike Shewchuk		
1992	Winter Park (10) - Mike Shewchuk		
1993	Boone (3) - Paul Katauskas		
1994	Winter Park (11) - Mike Shewchuk		
1995	Winter Park (12) - Mike Shewchuk		
1996	Winter Park (13) - Mike Shewchuk		
1997	Winter Park (14) - Mike Shewchuk		
1998	Boone (4) - Paul Katauskas		
1999	Dr. Phillips (1) - Lisa Neely		
2000	Winter Park (15) - Mike Shewchuk		
2001	Boone (5) - Paul Katauskas		
2002	Boone (6) - Paul Katauskas		
2003	Boone (7) - Paul Katauskas		
2004	Winter Park (16) - Jennifer Bell		
2005	Oak Ridge (2) - Bill Stamper		
2006	Winter Park (17) - Jennifer Bell		
2007	Winter Park (18) - Carole Shepardson		
2008	Winter Park (19) - Carole Shepardson		
2009 E	Winter Park (20) - Carole Shepardson		
2009 W	Olympia (1) - Stacey Williams		
2010 E	Boone (8) - Paul Katauskas		
2010 W	Dr. Phillips (2) - Peter Blount		
2011 E	Boone (9) - Paul Katauskas		
2011 W	Olympia (2) - Stacey Williams		
2012 E	Colonial (3) - Rene Plasencia		
2012 W	Olympia (3) - Stacey Williams		
2013 E	Winter Park (21) - Kristin McWilliams		
2013 W	Olympia (4) - Stacey Williams		
2014 E	Winter Park (22) - Kristin McWilliams		
2014 W	West Orange (2) - Chris Boston		
2015 E	Winter Park (23) - Kristin McWilliams		
2015 W	Dr. Phillips (3) - Angie Fleitas		
2016 E			
2016 W			

FLAG FOOTBALL CHAMPIONS - GIRLS

2004 Apopka (1) - Matt Houvouras
 2005 Dr. Phillips (1) - Anthony Jones
 2006 Apopka (2) - Matt Houvouras
 2006 Apopka (3) - Matt Houvouras
 2007 Apopka (4) - Matt Houvouras
 2008 Apopka (5) - Matt Houvouras
 Timber Creek (1) - Jim Buckridge
 2009 Apopka (6) - Matt Houvouras
 Timber Creek (2) - Jim Buckridge
 Edgewater (1) - Calvin Lingelbach
 2010 E Boone (1) - Ken Hensley
 2010 W Dr. Phillips (2) - Anthony Jones

2011 E Boone (2) - Ken Hensley
 2011 W Dr. Phillips (3) - Anthony Jones
 2012 E Boone (3) - Ken Hensley
 2012 W Evans (1) - Alexander Delafe
 2013 E Timber Creek (3) - Jim Buckridge
 2013 W Dr. Phillips (4) - Anthony Jones
 2014 E Oak Ridge (1) - Richard Campbell
 2014 W Dr. Phillips (5) - Anthony Jones
 2015 E Oak Ridge (2) - Richard Campbell
 2015 W Apopka (7) - Matt Houvouras
 2016 E Boone (4) - Ken Hensley
 2016 W Apopka (8) - Matt Houvouras
 2017 E
 2017 W

FLAG FOOTBALL CHAMPIONSHIPS

8 Apopka
 5 Dr. Phillips
 4 Boone
 3 Timber Creek
 2 Oak Ridge
 1 Edgewater
 1 Evans

FOOTBALL CHAMPIONS - BOYS

1963	Boone (1) - Tommy Bolen	2007	Boone (7) - Phil Ziglar
1964	Colonial (1) - Red Kite	2008	Apopka (7) - Rick Darlington
1965	Boone (2) - Tommy Bolen		Dr. Phillips (4) - Dale Salapa
	Edgewater (1) - Bozy Johnson	2009 E	Winter Park (12) - Tim Shifflet
1966	Boone (3) - Tommy Bolen	2009 W	Dr. Phillips (5) - Dale Salapa
	Colonial (2) - Red Kite	2010 E	Winter Park (13) - Tim Shifflet
	Edgewater (2) - Dan Blackwelder	2010 W	Dr. Phillips (6) - Dale Salapa
1967	Boone (4) - Tommy Bolen		
1968	Edgewater (3) - Dan Blackwelder	2011 E	East River (1) - Marc Rankin
1969	Boone (5) - Tommy Bolen		Freedom (1) - Andrew Johnson
1970	Bishop Moore (1) - Harry Nelson		Timber Creek (1) - Jim Buckridge
	Oak Ridge (1) - Paul Adams	2011 W	Dr. Phillips (7) - Rodney Wells
		2012 E	Timber Creek (2) - Jim Buckridge
1971	Winter Park (1) - Larry Gergley	2012 W	Dr. Phillips (8) - Rodney Wells
1972	Winter Park (2) - Larry Gergley	2013 E	Winter Park (14) - Tim Shifflet
1973	Edgewater (4) - Bob Dolce	2013 W	Apopka (8) - Rick Darlington
1974	Oak Ridge (2) - Paul Adams		Dr. Phillips (9) - Rodney Wells
1975	Oak Ridge (3) - Paul Adams	2014 E	Oak Ridge (5) - Elijah Williams
	Winter Park (3) - Larry Gergley	2014 W	Dr. Phillips (10) - Rodney Wells
1976	Winter Park (4) - Larry Gergley		West Orange (1) - Bob Head
1977	Oak Ridge (4) - Paul Adams	2015 E	Oak Ridge (6) - Tyrone Sapp
1978	Edgewater (5) - Bob Dolce	2015 W	West Orange (2) - Bob Head
1979	Evans (1) - Gary Preisser	2016 E	
1980	Winter Park (5) - Larry Gergley	2016 W	
1981	Evans (2) - Gary Preisser		
1982	Winter Park (6) - Larry Gergley		
1983	Winter Park (7) - Larry Gergley		
1984	Winter Park (8) - Larry Gergley		
1985	Apopka (1) - Chip Gierke		
1986	Winter Park (9) - Larry Gergley		
1987	Winter Park (10) - Larry Gergley		
1988	Evans (3) - Bill Gierke		
1989	Evans (4) - Bill Gierke		
1990	Evans (5) - Bill Gierke		
1991	Evans (6) - Bill Gierke		
	Dr. Phillips (1) - Tom Carlsen		
1992	Apopka (2) - Chip Gierke		
1993	Apopka (3) - Chip Gierke		
1994	Apopka (4) - Chip Gierke		
1995	Evans (7) - Bill Gierke		
1996	Evans (8) - Bill Gierke		
	Dr. Phillips (2) - Kenny Edenfield		
1997	Dr. Phillips (3) - Chip Gierke		
1998	Evans (9) - JB Gordon		
1999	Apopka (5) - Rick Darlington		
2000	Evans (10) - J. B. Gordon		
2001	Edgewater (6) - Bill Gierke		
2002	Edgewater (7) - Bill Gierke		
2003	Boone (6) - Phil Ziglar		
2004	Edgewater (8) - Bill Gierke		
2005	Winter Park (11) - Larry Gergley		
2006	Apopka (6) - Rick Darlington		

FOOTBALL CHAMPIONSHIPS

14	Winter Park
10	Dr. Phillips
10	Evans
8	Apopka
8	Edgewater
7	Boone
5	Oak Ridge
2	Colonial
2	Timber Creek
2	West Orange
1	Bishop Moore
1	East River
1	Freedom

GOLF CHAMPIONS - BOYS

1963	Edgewater (1) - Jim Cinnamon	2006	Boone (5) - Tyson Turne
1964	Edgewater (2) - Jim Cinnamon Oak Ridge (1) - Bobby Rainey	2007	Olympia (4) - Kevin McElveen
1965	Edgewater (3) - Jim Cinnamon	2008	West Orange (6) - Peter Abatiello
1966	Edgewater (4) - Jim Cinnamon	2009 E	Timber Creek (1) - Tim Crawford
1967	Mainland (1) - Paul Andrews	2009 W	Olympia (5) - Kim McElveen
1968	Edgewater (5) - Jim Cinnamon	2010 E	Timber Creek (2) - Tim Crawford
1969	Boone (1) - Ivan Repass	2010 W	West Orange (7) - Mike Frost
1970	Colonial (1) - Bill Schramp	2011 E	Timber Creek (3) - Tim Crawford
1971	Lyman (1) - Bill Scott	2011 W	West Orange (8) - Mike Frost
1972	Edgewater (6) - Phil King Lyman (2) - Dick Copeland	2012 E	Timber Creek (4) - Tim Crawford
1973	Edgewater (7) - Tommy Thompson Lyman (3) - Dick Copeland	2012 W	West Orange (9) - Mike Abatiello
1974	Lyman (4) - Dick Copeland	2013 E	Winter Park (11) - Rob Robison
1975	Lyman (5) - Dick Copeland Winter Park (1) - Bob MacHardy	2013 W	Dr. Phillips (13) - Jordan Black
1976	Winter Park (2) - Bob MacHardy	2014 E	Timber Creek (5) - Sean Ashby
1977	Colonial (2) - Fred Wheeler	2014 W	Dr. Phillips (14) - Jordan Black
1978	Winter Park (3) - Bob MacHardy	2015 E	Timber Creek (6) - Sean Ashby
1979	Winter Park (4) - Bob MacHardy	2015 W	Olympia (6) - Kim McElveen
1980	Winter Park (5) - Bob MacHardy West Orange (1) - Joe Clenney	2016 E	
1981	Winter Park (6) - Bob MacHardy	2016 W	
1982	Colonial (3) - Jack Nelson		
1983	Winter Park (7) - Bob MacHardy		
1984	Winter Park (8) - Bob MacHardy		
1985	Winter Park (9) - Bob MacHardy West Orange (2) - Harold Cooper		
1986	Winter Park (10) - Larry Gergley		
1987	West Orange (3) - Harold Cooper		
1988	Dr. Phillips (1) - Bob Fedell		
1989	Dr. Phillips (2) - Bob Fedell		
1990	Dr. Phillips (3) - Bob Fedell		
1991	Dr. Phillips (4) - Bob Fedell		
1992	Dr. Phillips (5) - Bob Fedell		
1993	Dr. Phillips (6) - Bob Fedell		
1994	West Orange (4) - Peter Abatiello		
1995	Dr. Phillips (7) - Bob Hunt		
1996	West Orange (5) - Peter Abatiello		
1997	Dr. Phillips (8) - Bob Hunt		
1998	Dr. Phillips (9) - Bob Hunt		
1999	Boone (2) - Mike Glester Dr. Phillips (10) - Bob Hunt (Fall)		
2000	Boone (3) - Mike Glester		
2001	Boone (4) - Mike Glester		
2002	Dr. Phillips (11) - Bob Hunt Olympia (1) - Guice (Jerry) Gallman		
2003	Olympia (2) - Guice (Jerry) Gallman		
2004	Dr. Phillips (12) - Scott Birchler		
2005	Olympia (3) - Guice (Jerry) Gallman		

GOLF CHAMPIONSHIPS

14	Dr. Phillips
11	Winter Park
9	West Orange
7	Edgewater
6	Olympia
6	Timber Creek
5	Boone
5	Lyman
3	Colonial
1	Mainland
1	Oak Ridge

GOLF CHAMPIONS - GIRLS

1992	Dr. Phillips (1) - Carolyn Sparks		
1993	Dr. Phillips (2) - Carolyn Sparks		
1994	Dr. Phillips (3) - Carolyn Sparks		
1995	Not a Metro Sport		
1996	Winter Park (1) - Dave Boone		
1997	Winter Park (2) - Dave Boone		
1998	Winter Park (3) - Dave Boone		
1999	Not a Metro Sport (Spring)		
	Winter Park (4) - Dave Boone (Fall)		
2000	Winter Park (5) - Dave Boone		
2001	Not a Metro Sport		
2002	Olympia (1) - Kim Payne		
2003	Dr. Phillips (4) - Mike Barefoot		
	Cypress Creek (1) -		
2004	Winter Park (6) - Dave Boone		
2005	Olympia (2) - Kim Payne		
2006	Winter Park (7) - Dave Boone		
2007	Winter Park (8) - Dave Boone		
2008	Timber Creek (1) - Ron Schadegg		
2009 E	Timber Creek (2) - Ron Schadegg		
2009 W	Olympia (3) - Kim Childress		
2010 E	Lake Nona (1) - Kristin McQuillan		
2010 W	Olympia (4) - Kim Childress		
2011 E	Lake Nona (2) - Kristin McQuillan		
2011 W	Olympia (5) - Kim Childress		
2012 E	Freedom (1) - Brandon Morse		
2012 W	Olympia (6) - Kim Childress		
2013 E	Timber Creek (3) - John Quirello		
2013 W	West Orange (1) - Gene Hair		
2014 E	Freedom (2) - David DeAmato		
2014 W	West Orange (2) - Gene Hair		
2015 E	Lake Nona (3) - Ross LeDuc		
2015 W	West Orange (3) - Pete Abatiello		
2016 E			
2016 W			

GOLF CHAMPIONSHIPS

8	Winter Park
6	Olympia
4	Dr. Phillips
3	Lake Nona
3	Timber Creek
3	West Orange
2	Freedom
1	Cypress Creek

GYMNASTICS CHAMPIONS

BOYS

1989 Evans (1) - Evelyn McCullough
1990 Evans (2) - Evelyn McCullough

GIRLS

1988 Evans (1) - Evelyn McCullough
1989 Boone (1) - Rosalie Creighton
1990 Boone (2) - Rosalie Creighton
1991 Dr. Phillips (1) - Brenda Paulson

GYMNASTICS CHAMPIONSHIPS

2 Evans

GYMNASTICS CHAMPIONSHIPS

2 Boone
1 Dr. Phillips
1 Evans

RHYTHMIC GYMNASTICS CHAMPIONS

1999 Jones (1) - Patti Moore
University (1) - Sherry Viersen
2000 University (2) - Sherry Viersen
2001 Not a Metro Sport
2002 Evans (1) - Carolyn Owens
2003 Evans (2) - Carolyn Owens

RHYTHMIC GYMNASTICS

2 Evans
2 University
1 Jones

LACROSSE CHAMPIONS

BOYS

2004 Winter Park (1) - Ryan Healey
 2005 Winter Park (2) - Ryan Healey
 2006 Winter Park (3) - Ryan Healey
 Olympia (1) - Brian Haggerty
 2007 Winter Park (4) - Ryan Healey
 2008 Winter Park (5) - Andy Sinclair
 2009 Timber Creek (1) - Tom Korrie
 2010 E Timber Creek (2) - Tony Moreshi
 2010 W Apopka (1) - Mike Frost

 2011 E Winter Park (6) - Andy Sinclair
 2011 W Apopka (2) - Mike Frost
 2012 E Winter Park (7) - Ryan Healey
 2012 W West Orange (1) - Bill Baker
 2013 E Boone (1) - Elliott Whitton
 2013 W West Orange (2) - Bill Baker
 2014 E Winter Park (8) - Ryan Healey
 2014 W Dr. Phillips (1) - Charlie Battaglioni
 2015 E Winter Park (9) - Ryan Healey
 2015 W Dr. Phillips (2) - Charlie Battaglioni
 2016 E Winter Park (10) - Ryan Healey
 2016 W Dr. Phillips (2) - Charlie Battaglioni
 2017 E
 2017 W

GIRLS

2004 West Orange (1) - Mary Hopkins
 2005 West Orange (2) - Mary Hopkins
 Winter Park (1) - Tammy Williamson
 2006 West Orange (3) - Mary Hopkins
 Winter Park (2) - Tammy Williamson
 2007 West Orange (4) - Mary Hopkins
 Winter Park (3) - Tom Kienle
 2008 Olympia (1) - Brooke Newman
 2009 Olympia (2) - Brooke Newman
 2010 E Timber Creek (1) - Fern Kidder
 2010 W Olympia (3) - Brooke Newman

 2011 E Winter Park (4) - Courtney Smith
 2011 W Olympia (4) - Brooke Newman
 2012 E Winter Park (5) - Courtney Smith
 2012 W Dr. Phillips (1) - Kerry Watson
 2013 E Winter Park (6) - Courtney Smith
 2013 W Olympia (5) - Brook Tobin
 2014 E Timber Creek (2) - Tim Brewer
 2014 W Olympia (6) - Brook Tobin
 2015 E Timber Creek (3) - Tim Brewer
 2015 W Olympia (7) - Elyse Delisle
 2016 E Winter Park (7) - Mike Gallo
 2016 W Olympia (8) - Chip Carbiener
 2017 E
 2017 W

LACROSSE CHAMPIONSHIPS

10 Winter Park
 3 Dr. Phillips
 2 Apopka
 2 Timber Creek
 2 West Orange
 1 Boone
 1 Olympia

LACROSSE CHAMPIONSHIPS

8 Olympia
 7 Winter Park
 4 West Orange
 3 Timber Creek
 1 Dr. Phillips

SOCCER CHAMPIONS - BOYS

1973	Edgewater (1) - Larry Goode Evans (1) - Ernie Chandler	2013 E	Freedom (2) - Scott Brody
1974	Edgewater (2) - Larry Goode	2013 W	West Orange (2) - Scott Fisher
1975	Colonial (1) - John Klingmeyer	2014 E	Freedom (3) - Brian Sherman
1976	Edgewater (3) - Lou Houston	2014 W	West Orange (3) - Scott Fisher
1977	Winter Park (1) - Jack Dryton	2015 E	Lake Nona (1) - Jon Bartomioli
1978	Winter Park (2) - Jack Dryton	2015 W	West Orange (4) - Scott Fisher
1979	Winter Park (3) - Jack Dryton	2016 E	Oak Ridge (3) - Kenny Coutain
1980	Boone (1) - Jim Griffin	2016 W	Evans (3) - Ray Bornacelli
		2017 E	
		2017 W	
1981	Oak Ridge (1) - George Drake Winter Park (4) - Terry Offner		
1982	Oak Ridge (2) - George Drake		
1983	Winter Park (5) - Terry Offner		
1984	Winter Park (6) - Terry Offner		
1985	Evans (2) - Ernie Chandler		
1986	Winter Park (7) - Terry Offner		
1987	Winter Park (8) - Terry Offner		
1988	Winter Park (9) - Terry Offner		
1989	Winter Park (10) - Terry Offner		
1990	Winter Park (11) - Terry Offner		
1991	Winter Park (12) - Terry Offner		
1992	Winter Park (13) - Terry Offner		
1993	Boone (2) - Jim Griffin		
1994	Dr. Phillips (1) - Dave Christiansen		
1995	Dr. Phillips (2) - Dave Christiansen		
1996	Boone (3) - Jim Griffin		
1997	Boone (4) - Jim Griffin		
1998	Dr. Phillips (3) - Doug Gough		
1999	Dr. Phillips (4) - Doug Gough Winter Park (14) - Robert Avossa Cypress Creek (1) - Matt Johnson		
2000	Dr. Phillips (5) - Doug Gough		
2001	Cypress Creek (2) - Matt Johnson		
2002	Cypress Creek (3) - Matt Johnson		
2003	Winter Park (15) - Ray Sandidge		
2004	West Orange (1) - Peter Moore Winter Park (16) - Ray Sandidge		
2005	Freedom (1) - Eric Linares		
2006	Winter Park (17) - Bobby Croft		
2007	Dr. Phillips (6) - Joel Dobowolski		
2008	Ocoee (1) - Peter Moore		
2009	Ocoee (2) - Peter Moore Olympia (1) - Fraser Allen		
2010 E	Winter Park (18) - Tom Traxler		
2010 E	Timber Creek (1) - Ibrahim Chehab		
2010 W	Olympia (2) - Chris Mills		
2011 E	Timber Creek (2) - Ibrahim Chehab		
2011 W	Dr. Phillips (7) - Joel Dobrowolski		
2012 E	Timber Creek (3) - Ibrahim Chehab		
2012 W	Ocoee (3) - Peter Moore		

SOCCER CHAMPIONSHIPS

18	Winter Park
7	Dr. Phillips
4	Boone
4	West Orange
3	Cypress Creek
3	Edgewater
3	Evans
3	Freedom
3	Oak Ridge
3	Ocoee
3	Timber Creek
2	Olympia
1	Colonial
1	Lake Nona

SOCCER CHAMPIONS - GIRLS

		<u>SOCCER CHAMPIONSHIPS</u>	
1989	Winter Park (1) - Larry Kaskey		
1990	Winter Park (2) - Larry Kaskey		
1991	Winter Park (3) - Larry Kaskey	21	Winter Park
1992	Winter Park (4) - Felix Martinez	7	Edgewater
1993	Winter Park (5) - Shawn Murphy	5	Apopka
1994	Winter Park (6) - Israel Ramos	2	University
1995	Winter Park (7) - Israel Ramos	1	Freedom
1996	Winter Park (8) - Dan McAvoy	1	Lake Nona
1997	Winter Park (9) - Dan McAvoy	1	Timber Creek
1998	Winter Park (10) - Dan McAvoy	1	West Orange
	University (1) - Mike Strickler		
1999	Winter Park (11) - Dan McAvoy		
2000	Winter Park (12) - Dan McAvoy		
2001	Edgewater (1) - Kim Christiansen		
2002	Winter Park (13) - Anthony Brenner		
2003	Edgewater (2) - Kim Christiansen		
	Winter Park (14) - Anthony Brenner		
2004	Edgewater (3) - Kim Christiansen		
2005	Edgewater (4) - Kim Christiansen		
	Winter Park (15) - Graham Naylor		
2006	Winter Park (16) - Graham Naylor		
2007	Edgewater (5) - Jason Mann		
2008	Edgewater (6) - Jason Mann		
	Winter Park (17) - Ken Hammond		
2009	Winter Park (18) - Ken Hammond		
2010 E	Winter Park (19) - Ken Hammond		
2010 W	Apopka (1) - Doug Matthews		
2011 E	Freedom (1) - Bobby Sauer		
2011 W	Apopka (2) - Doug Matthews		
2012 E	University (2) - Janna Stevens		
2012 W	Apopka (3) - Doug Matthews		
2013 E	Winter Park (20) - Jimmy Angeles		
2013 W	Apopka (4) - Doug Matthews		
2014 E	Winter Park (21) - Jimmy Angeles		
2014 W	Apopka (5) - Doug Matthews		
2015 E	Timber Creek (1) - Cameron Stevens		
2015 W	West Orange (1) - Stan Banks		
2016 E	Lake Nona (1) - Heather Jaramillo		
2016 W	Edgewater (7) - Chuck Green		
2017 E			
2017 W			

FAST PITCH SOFTBALL CHAMPIONS - GIRLS

1991	Oak Ridge (1) - Gina McFerren		
1992	Oak Ridge (2) - Gina McFerren		
1993	Oak Ridge (3) - Gina McFerren		
1994	Colonial (1) - Bruno Wojtaszek	11	West Orange
1995	West Orange (1) - Marge Richer	7	Timber Creek
1996	Boone (1) - Robin Bradford	5	Apopka
1997	Colonial (2) - Bruno Wojtaszek	5	Boone
	West Orange (2) - Marge Richer	3	Colonial
1998	Colonial (3) - Bruno Wojtaszek	3	Oak Ridge
1999	Boone (2) - Robin Bradford	2	University
	University (1) - Mike Cuda	1	Cypress Creek
2000	Apopka (1) - Mike MacWithey	1	East River
	Cypress Creek (1) - Chuck Youtz	1	Edgewater
	Edgewater (1) - Steve Mulse	1	Freedom
	University (2) - Mike Cuda	1	Olympia
2001	Boone (3) - Robin Bradford		
2002	West Orange (3) - Sue North		
2003	West Orange (4) - Sue North		
2004	Boone (4) - Robin Bradford		
2005	West Orange (5) - Sue North		
2006	Freedom (1) - Chuck Youtz		
2007	West Orange (6) - Kelli Poff		
2008	Timber Creek (1) - Steve Soubasis		
2009	Timber Creek (2) - Steve Soubasis		
	West Orange (7) - Kelli Poff		
2010 E	Timber Creek (3) - Steve Soubasis		
2010 W	West Orange (8) - Bobby Brewer		
2011 E	Timber Creek (4) - Steve Soubasis		
2011 W	West Orange (9) - Bobby Brewer		
2012 E	Timber Creek (5) - Steve Soubasis		
2012 W	Apopka (2) - Mike MacWithey		
2013 E	Timber Creek (6) - Steve Soubasis		
2013 W	Apopka (3) - Mike MacWithey		
	Olympia (1) - Stephanie Manny		
	West Orange (10) - Bobby Brewer		
2014 E	Boone (5) - Robin Bradford		
2014 W	Apopka (4) - Mike MacWithey		
2015 E	East River (1) - Lindsay Selmer		
2015 W	Apopka (5) - Mike MacWithey		
2016 E	Timber Creek (7) - Joseph Huggins		
2016 W	West Orange (11) - Todd LaNeave		
2017 E			
2017 W			

SLOW PITCH SOFTBALL CHAMPIONS - GIRLS

1976	Evans (1) - Kye Starbird		
1977	Colonial (1) - Kay Johnson		
1978	Evans (2) - Cheryl Stark		
1979	Colonial (2) - Jo McLemore		
1980	Oak Ridge (1) - Carl Dragstedt		
			<u>SLOW PITCH SOFTBALL</u>
			<u>CHAMPIONSIPS</u>
		5	Boone
		4	Apopka
		3	Colonial
		3	Evans
		2	West Orange
		2	Timber Creek
		1	Oak Ridge
		1	Ocoee
		1	Winter Park
1981	Colonial (3) - Jo McLemore		
1982	Boone (1) - Wayne Rickman		
1983	Boone (2) - Wayne Rickman		
1984	West Orange (1) - Denny Bodenmiller		
1985	Boone (3) - Wayne Rickman		
1986	Apopka (1) - Virgil Riddle		
1987	Apopka (2) - Virgil Riddle		
1988	West Orange (2) - Bill Chambers		
1989	Boone (4) - Wayne Rickman		
1990	Evans (3) - Brenda Muench		
1991 - 00	Not a Metro Sport		
2001	Apopka (3) - Mike MacWithey		
2002	Winter Park (1) - Marc Rankin		
2003	Boone (5) - Robin Bradford		
2004	Apopka (4) - Mike MacWithey		
2005	Ocoee (1) - Sue North		
2006	Timber Creek (1) - Glenn Finnerty		
2007	Timber Creek (2) - Glenn Finnerty		

TENNIS CHAMPIONS - BOYS

1965 Winter Park (1) - Ed Hotaling
 1966 Winter Park (2) - Ed Hotaling
 1967 Winter Park (3) - Ed Hotaling
 1968 Winter Park (4) - Ed Hotaling
 1969 Winter Park (5) - Chuck Fielding
 1970 Winter Park (6) - Chuck Fielding

 1971 Winter Park (7) - Mike McMilliam
 1972 Winter Park (8) - Chuck Fielding
 1973 Winter Park (9) - Chuck Fielding
 1974 Edgewater (1) - Cliff Cook
 1975 Edgewater (2) - Cliff Cook
 1976 Edgewater (3) - Cliff Cook
 1977 Winter Park (10) - Jack Dryton
 1978 Winter Park (11) - Jack Dryton
 1979 Oak Ridge (1) - Bob Fedell
 1980 Winter Park (12) - Jack Dryton

 1981 Winter Park (13) - Jack Dryton
 1982 Boone (1) - Nelson Browning
 1983 Winter Park (14) - Tom Munsey
 1984 Winter Park (15) - Tom Munsey
 1985 Winter Park (16) - Tom Munsey
 1986 Oak Ridge (2) - Bob Fedell
 1987 Boone (2) - Nelson Browning
 1988 Winter Park (17) - Ross Klongerbro
 1989 Winter Park (18) - Ross Klongerbro
 1990 Winter Park (19) - Ross Klongerbro

 1991 Dr. Phillips (1) - Rick Houston
 1992 Boone (3) - Nelson Browning
 1993 Boone (4) - Nelson Browning
 1994 Boone (5) - Nelson Browning
 1995 Edgewater (4) - Steve Mense
 1996 Dr. Phillips (2) - Rick Houston
 1997 Dr. Phillips (3) - Rick Houston
 1998 Dr. Phillips (4) - Rick Houston
 1999 Dr. Phillips (5) - Rick Houston
 2000 Winter Park (20) - Terri Cunningham

 2001 Boone (6) - Nelson Browning
 Dr. Phillips (6) - Ron Fonnnett
 Winter Park (21) - Terri Cunningham
 2002 Boone (7) - Nelson Browning
 2003 Olympia (1) - Gregory Scharfield
 2004 Dr. Phillips (7) - Joel Maurer
 Freedom (1) - John Brockett
 Olympia (2) - Greg Scharfield
 2005 Freedom (2) - John Brocket
 2006 West Orange (1) - Charles Hooper
 2006 Olympia (3) - John Cappabinaca
 2007 Olympia (4) - John Cappabinaca
 2008 Olympia (5) - John Cappabianca
 2009 Winter Park (22) - Terri Cunningham

2010 E Winter Park (23) - Terri Cunningham
 2010 W Dr. Phillips (8) - Simon Conway

 2011 E Winter Park (24) - Terri Cunningham
 2011 W Olympia (6) - John Cappabianca
 2012 E Winter Park (25) - Terri Cunningham
 2012 W Dr. Phillips (9) - Tommy Tucker
 2013 E Winter Park (26) - Terri Cunningham
 2013 W Olympia (7) - Harvey James
 2014 E Winter Park (27) - Terri Cunningham
 2014 W Olympia (8) - Harvey James
 2015 E Winter Park (28) - Terri Cunningham
 2015 W Olympia (9) - Carol Haderer
 2016 E Winter Park (29) - Terri Cunningham
 2016 W Olympia (10) - Harvey James
 2017 E
 2017 W

TENNIS CHAMPIONSHIPS

29	Winter Park
10	Olympia
9	Dr. Phillips
7	Boone
4	Edgewater
2	Freedom
2	Oak Ridge
1	West Orange

TENNIS CHAMPIONS - GIRLS

1967	Winter Park (1) - Rocky Thomas	2008	Winter Park (24) - Terry Cunningham
1968	Winter Park (2) - Rocky Thomas	2009	Winter Park (25) - Terry Cunningham
1969	Winter Park (3) - Rocky Thomas	2010 E	Winter Park (26) - Terry Cunningham
1970	Winter Park (4) - Chuck Fielding	2010 W	Dr. Phillips (11) - Simon Conway
1971	Winter Park (5) - Mike McMillian	2011 E	Winter Park (27) - Terry Cunningham
1972	Boone (1) - Charles Watkins	2011 W	Dr. Phillips (12) - Simon Conway
1973	Evans (1) - Cheney Colardo	2012 E	Winter Park (28) - Terry Cunningham
1974	Winter Park (6) - Chuck Fielding	2012 W	Dr. Phillips (13) - Tommy Tucker
1975	Winter Park (7) - Chuck Fielding	2013 E	Winter Park (29) - Terry Cunningham
1976	Winter Park (8) - Chuck Fielding	2013 W	Olympia (3) - Harvey James
1977	Winter Park (9) - Chuck Fielding	2014 E	Winter Park (30) - Terry Cunningham
1978	Winter Park (10) - Jack Dryton	2014 W	Dr. Phillips (14) - Tommy Tucker
1979	Evans (2) - Steve Kessler	2015 E	Freedom (2) - Amy Swederski
1980	Winter Park (11) - Jack Dryton	2015 W	Olympia (4) - Carol Haderer
1981	Winter Park (12) - Steve Kendall	2016 E	Winter Park (31) - Terry Cunningham
1982	Boone (2) - Charles Watkins	2016 W	Olympia (5) - Harvey James
	Edgewater (1) - Lou Houston	2017 E	
	Winter Park (13) - Betsy Folk	2017 W	
1983	Edgewater (2) - Herma Houston		
1984	Boone (3) - Charles Watkins		
1985	Winter Park (14) - Chuck Ivey		
1986	Boone (4) - Charles Watkins		
1987	Boone (5) - Charles Watkins		
1988	Boone (6) - Charles Watkins		
1989	Winter Park (15) - Ted Etling		
1990	Winter Park (16) - Ted Etling		
1991	Dr. Phillips (1) - Janet Young		
1992	Dr. Phillips (2) - Janet Young		
1993	Winter Park (17) - Kent Harmeling		
1994	Dr. Phillips (3) - Janet Young		
1995	Dr. Phillips (4) - Janet Young Seelig		
1996	Dr. Phillips (5) - Janet Young Seelig		
1997	Dr. Phillips (6) - Dana Cooke		
1998	Dr. Phillips (7) - Dana Cooke		
	Boone (7) - Charles Watkins		
	Winter Park (18) - Kent Harmeling		
1999	Dr. Phillips (8) - Dana Cooke		
	Boone (8) - Charles Watkins		
	Winter Park (19) - Kent Harmeling		
2000	Winter Park (20) - Terry Cunningham		
2001	Winter Park (21) - Terry Cunningham		
2002	Dr. Phillips (9) - Mario Christo		
2003	Dr. Phillips (10) - Bryan McKeon		
2004	Freedom (1) - John Brockett		
	Olympia (1) - Karen Faye		
2005	Olympia (2) - Karen Faye		
2006	Winter Park (22) - Terry Cunningham		
2007	Winter Park (23) - Terry Cunningham		
	Apopka (1) - Angela Kahn		
	Boone (9) - Lisa Spear		

TENNIS CHAMPIONSHIPS

31	Winter Park
14	Dr. Phillips
9	Boone
5	Olympia
2	Edgewater
2	Evans
2	Freedom
1	Apopka

TRACK CHAMPIONS - BOYS

1963 Winter Park (1) - Bob Mosher
 1964 Winter Park (2) - Bob Mosher
 1965 Winter Park (3) - Bob Mosher
 1966 Winter Park (4) - Bob Mosher
 1967 Winter Park (5) - Bob Mosher
 1968 Winter Park (6) - Bob Mosher
 1969 Winter Park (7) - Bob Mosher
 1970 Winter Park (8) - Bob Mosher

 1971 Edgewater (1) - Bob McEwen
 1972 Winter Park (9) - Bob Mosher
 1973 Winter Park (10) - Bob Mosher
 1974 Winter Park (11) - Bob Mosher
 1975 Winter Park (12) - Bob Mosher
 1976 Oak Ridge (1) - John Hemmer
 1977 Oak Ridge (2) - John Hemmer
 1978 Oak Ridge (3) - John Hemmer
 1979 Edgewater (2) - Phil Newton
 1980 Oak Ridge (4) - John Hemmer

 1981 Oak Ridge (5) - John Hemmer
 1982 Oak Ridge (6) - John Hemmer
 1983 Oak Ridge (7) - John Hemmer
 1984 Oak Ridge (8) - John Hemmer
 1985 Oak Ridge (9) - John Hemmer
 1986 Evans (1) - Nate James
 1987 Oak Ridge (10) - John Hemmer
 1988 Oak Ridge (11) - John Hemmer
 1989 West Orange (1) - Bill Mayberry
 1990 Dr. Phillips (1) - Tim Ayers

 1991 Oak Ridge (12) - John Hemmer
 1992 Oak Ridge (13) - John Hemmer
 1993 Oak Ridge (14) - John Hemmer
 1994 Oak Ridge (15) - John Hemmer
 1995 Oak Ridge (16) - John Hemmer
 1996 Oak Ridge (17) - John Hemmer
 1997 Evans (2) - Max Purcell
 1998 Dr. Phillips (2) - Jim Barnes
 1999 Boone (1) - Paul Katauskas
 2000 Evans (3) - Max Purcell

 2001 Evans (4) - Max Purcell
 2002 Dr. Phillips (3) - Dave Langdon
 2003 Winter Park (13) - Mike Hill
 2004 Winter Park (14) - Mike Hill
 2005 Edgewater (3) - Will Carlton
 2006 Evans (5) - Greg Thompson
 2007 Evans (6) - Greg Thompson
 2008 Edgewater (4) - Fred Ray
 2009 Dr. Phillips (4) - Angie Yarbrough
 2010 E Winter Park (15) - Dennis Kozub
 2010 W Dr. Phillips (5) - Angie Yarbrough

2011 E Colonial (1) - Rene Plasencia
 2011 W Dr. Phillips (6) - Peter Blount
 2012 E Winter Park (16) - Dennis Kozub
 2012 W Jones (1) - Fred Ray
 2013 E Winter Park (17) - Dennis Kozub
 2013 W Olympia (1) - Jason Greer
 2014 E Winter Park (18) - Brandon Roulhac
 2014 W Dr. Phillips (7) - Jorge Fleitas
 2015 E Winter Park (19) - Brandon Roulhac
 2015 W Olympia (2) - Jason Greer
 2016 E Lake Nona (1) - Ryan Lowe
 2016 W Olympia (3) - Jason Greer
 2017 E
 2017 W

TRACK CHAMPIONSHIPS

19	Winter Park
17	Oak Ridge
7	Dr. Phillips
6	Evans
4	Edgewater
3	Olympia
1	Boone
1	Colonial
1	Jones
1	Lake Nona
1	West Orange

TRACK CHAMPIONS - GIRLS

		<u>TRACK CHAMPIONSHIPS</u>	
1976	Oak Ridge (1) - Willie Benjamin		
1977	Lyman (1) - Larry Baker		
1978	Evans (1) - Jerry Jones	18	Oak Ridge
1979	Evans (2) - Bob Hobby	13	Evans
1980	Evans (3) - Nate James	8	Dr. Phillips
		3	Winter Park
1981	Oak Ridge (2) - Bill Stamper	2	Colonial
1982	Oak Ridge (3) - Bill Stamper	2	Jones
1983	Oak Ridge (4) - Bill Stamper	1	Lyman
1984	Evans (4) - Bob Pryor	1	Wekiva
1985	Oak Ridge (5) - Bill Stamper		
1986	Oak Ridge (6) - Bill Stamper		
1987	Oak Ridge (7) - Bill Stamper		
1988	Oak Ridge (8) - Bill Stamper		
1989	Evans (5) - Bob Pryor		
1990	Evans (6) - Bob Pryor		
1991	Evans (7) - Bob Pryor		
1992	Evans (8) - Ted Freeman		
1993	Evans (9) - Ted Freeman		
1994	Dr. Phillips (1) - Paul Ackerman		
1995	Evans (10) - Kathy Shuler		
1996	Dr. Phillips (2) - Wanda Perdue		
1997	Jones (1) - Fred Jobson		
1998	Dr. Phillips (3) - Wanda Perdue		
1999	Dr. Phillips (4) - Wanda Perdue		
2000	Dr. Phillips (5) - Wanda Perdue		
2001	Dr. Phillips (6) - Wanda Perdue		
2002	Oak Ridge (9) - Bill Stamper		
2003	Oak Ridge (10) - Bill Stamper		
2004	Oak Ridge (11) - Bill Stamper		
2005	Oak Ridge (12) - Bill Stamper		
2006	Oak Ridge (13) - Bill Stamper		
2007	Oak Ridge (14) - Bill Stamper		
2008	Oak Ridge (15) - Bill Stamper		
2009	Oak Ridge (16) - Bill Stamper		
2010 E	Oak Ridge (17) - Bill Stamper		
2010 W	Wekiva (1) - Lisa Montgomery		
2011 E	Colonial (1) - Rene Plasencia		
2011 W	Evans (11) - Greg Thompson		
2012 E	Colonial (2) - Rene Plasencia		
2012 W	Jones (2) - Fred Ray		
2013 E	Winter Park (1) - Kristin McWilliams		
2013 W	Evans (12) - Greg Thompson		
2014 E	Winter Park (2) - Kristin McWilliams		
2014 W	Evans (13) - Sheree Carter		
2015 E	Winter Park (3) - Kristin McWilliams		
2015 W	Dr. Phillips (7) - Angie Fleitas		
2016 E	Oak Ridge (18) - Odeika Bent		
2016 W	Dr. Phillips (8) - Angie Fleitas		
2017 E			
2017 W			

VOLLEYBALL CHAMPIONS - BOYS

		<u>VOLLEYBALL CHAMPIONSHIPS</u>	
1989	Dr. Phillips (1) - Laura Smith		
1990	Dr. Phillips (2) - Laura Smith		
1991	Evans (1) - Greg Shirley	14	Dr. Phillips
1992	Dr. Phillips (3) - Puff Pagan	7	Timber Creek
	University (1) - Mike Cuda	6	University
1993	Dr. Phillips (4) - Puff Pagan	3	Winter Park
	University (2) - Mike Cuda	2	Apopka
1994	Dr. Phillips (5) - Puff Pagan	1	Cypress Creek
1995	University (3) - Larry Jones	1	Edgewater
1996	Dr. Phillips (6) - Puff Pagan	1	Evans
	University (4) - Larry Jones	1	Lake Nona
1997	Dr. Phillips (7) - Puff Pagan	1	Olympia
1998	Dr. Phillips (8) - Puff Pagan	1	Wekiva
1999	Dr. Phillips (9) - Puff Pagan		
	Edgewater (1) - Betty Carlson		
2000	University (5) - Carrie Jetchick		
2001	University (6) - Carrie Jetchick (fall)		
2003	Timber Creek (1) - Ron Schadegg (spring)		
2004	Timber Creek (2) - Ron Schadegg		
2005	Timber Creek (3) - Allan Rubenstein		
2006	Timber Creek (4) - Allan Rubenstein		
2007	Dr. Phillips (10) - April Ball		
2008	Olympia (1) - Troy Helton		
2009	Timber Creek (5) - David Reed		
2010 E	Winter Park (1) - Pedro Davila		
2010 W	Dr. Phillips (11) - April Ball		
2011 E	Cypress Creek (1) - Bobby Lansing		
2011 W	Dr. Phillips (12) - April Ball		
2012 E	Winter Park (2) - Pedro Davila		
2012 W	Apopka (1) - Jamie Lillethorup		
2013 E	Winter Park (3) - Pedro Davila		
2013 W	Wekiva (1) - Jeff Scott		
2014 E	Timber Creek (6) - Cameron Stevens		
2014 W	Apopka (2) - Jamie Lillethorup		
2015 E	Timber Creek (7) - Cameron Stevens		
2015 W	Dr. Phillips (13) - April Ball		
2016 E	Lake Nona (1) - Sal Castro		
2016 W	Dr. Phillips (14) - April Ball		
2017 E			
2017 W			

VOLLEYBALL CHAMPIONS - GIRLS

1975	Oak Ridge (1) - Pat Sack	2014 E	Lake Nona (1) - Heather Hanson
1976	Winter Park (1) - Dana Pilallis	2014 W	West Orange (1) - Ross Usie
1977	Winter Park (2) - Dana Pilallis	2015 E	Lake Nona (2) - Heather Green
1978	Winter Park (3) - Dana Pilallis	2015 W	West Orange (2) - Ross Usie
1979	Edgewater (1) - Denise McCarty	2016 E	
1980	Edgewater (2) - Denise McCarty	2016 W	
1981	Evans (1) - Nancy Kropp		
1982	Evans (2) - Nancy Kropp		
1983	Evans (3) - Calvin Linglebach		
1984	Evans (4) - Calvin Linglebach		
1985	Boone (1) - Lisa Schoenbachler		
1986	Evans (5) - Calvin Linglebach		
1987	Evans (6) - Calvin Linglebach		
1988	Dr. Phillips (1) - Laura Smith		
	Oak Ridge (2) - Gina McFerren		
1989	Dr. Phillips (2) - Laura Smith		
	Oak Ridge (3) - Gina McFerren		
1990	Dr. Phillips (3) - Laura Smith		
1991	Dr. Phillips (4) - Nancy Gibb		
1992	Dr. Phillips (5) - Nancy Gibb		
	Oak Ridge (4) - Gina McFerren		
1993	Oak Ridge (5) - Gina McFerren		
	University (1) - Jeanie Morgan		
1994	Cypress Creek (1) - Kim Vach		
1995	Cypress Creek (2) - Kim Vach		
1996	Dr. Phillips (6) - Jo McLemore		
1997	Edgewater (3) - Sue Nadeau		
1998	Dr. Phillips (7) - Jo McLemore		
1999	Edgewater (4) - Sue Nadeau		
2000	Cypress Creek (3) - Alan Rubenstein		
	University (2) - Emily Queisser		
2001	Edgewater (5) - Sue Nadeau		
	University (3) - Emily Queisser		
2002	Winter Park (4) - Stephanie Gibson		
2003	Winter Park (5) - Stephanie Gibson		
2004	Winter Park (6) - Stephanie Gibson		
2005	Winter Park (7) - Stephanie Gibson		
2006	Winter Park (8) - Stephanie Gibson		
2007	Timber Creek (1) - Allan Rubenstein		
2008	Timber Creek (2) - Allan Rubenstein		
2009 E	Winter Park (9) - Stephanie Gibson		
2009 W	Dr. Phillips (8) - Lindsey Carter		
2010 E	Timber Creek (3) - Allan Rubenstein		
2010 W	Olympia (1) - Mitch Sadowsky		
2011 E	Timber Creek (4) - Allan Rubenstein		
2011 W	Olympia (2) - Mitch Sadowsky		
2012 E	Boone (2) - Mike Ledewski		
2012 W	Dr. Phillips (9) - Lindsey Carter		
2013 E	Winter Park (10) - Stephanie Gibson		
2013 W	Apopka (1) - Jamie Lillethorup		

VOLLEYBALL CHAMPIONSHIPS

10	Winter Park
9	Dr. Phillips
6	Evans
5	Edgewater
5	Oak Ridge
4	Timber Creek
3	Cypress Creek
3	University
2	Boone
2	Lake Nona
2	Olympia
2	West Orange
1	Apopka

WATER POLO CHAMPIONS

BOYS

1999 West Orange (1) - Steve Reeves
 2000 Winter Park (1) - Barry Creighton
 2001 Winter Park (2) - Barry Creighton
 2002 Winter Park (3) - Barry Creighton
 2003 Winter Park (4) - Barry Creighton
 2004 Winter Park (5) - Barry Creighton
 2005 Winter Park (6) - Barry Creighton
 2006 Winter Park (7) - Barry Creighton
 2007 Winter Park (8) - Barry Creighton
 2008 Winter Park (9) - Barry Creighton
 2009 Winter Park (10) - Barry Creighton
 2010 E Winter Park (11) - Barry Creighton
 2010 W West Orange (2) - Daniel Fontana

 2011 E Winter Park (12) - Barry Creighton
 2011 W Dr. Phillips (1) - Leo Ramirez
 2012 E Winter Park (13) - Barry Creighton
 2012 W Dr. Phillips (2) - Leo Ramirez
 2013 E Lake Nona (1) - Alex Bennett
 2013 W Dr. Phillips (3) - Leo Ramirez
 2014 E Lake Nona (2) - Alex Bennett
 2014 W Dr. Phillips (4) - Leo Ramirez
 2015 E Lake Nona (3) - Alex Bennett
 2015 W Dr. Phillips (5) - Leo Ramirez
 2016 E Winter Park (14) - Barry Creighton
 2016 W Dr. Phillips (6) - Leo Ramirez
 2017 E
 2017 W

GIRLS

1999 Winter Park (1) - Barry Creighton
 2000 Winter Park (2) - Barry Creighton
 2001 Winter Park (3) - Barry Creighton
 2002 West Orange (1) - Steve Reeves
 2003 Winter Park (4) - Barry Creighton
 2004 Winter Park (5) - Barry Creighton
 2005 Winter Park (6) - Barry Creighton
 2006 Winter Park (7) - Barry Creighton
 2007 Winter Park (8) - Barry Creighton
 2008 Winter Park (9) - Barry Creighton
 2009 Winter Park (10) - Barry Creighton
 Boone (1) - Rosalie Creighton
 2010 E Winter Park (11) - Barry Creighton
 2010 W Dr. Phillips (1) - Leo Ramirez

 2011 E Winter Park (12) - Barry Creighton
 2011 W Olympia (1) - Stephanie Johnson Posell
 2012 E Winter Park (13) - Barry Creighton
 2012 W Dr. Phillips (2) - Leo Ramirez
 2013 E Winter Park (14) - Barry Creighton
 2013 W Dr. Phillips (3) - Leo Ramirez
 2014 E Winter Park (15) - Barry Creighton
 2014 W Olympia (2) - Stephanie Johnson Posell
 2015 E Lake Nona (1) - Alex Bennett
 2015 W Dr. Phillips (4) - Leo Ramirez
 2016 E Lake Nona (2) - Alex Bennett
 2016 W Olympia (3) - Stephanie Johnson Posell
 2017 E
 2017 W

WATER POLO CHAMPIONSHIPS

14 Winter Park
 6 Dr. Phillips
 3 Lake Nona
 2 West Orange

WATER POLO CHAMPIONSHIPS

15 Winter Park
 4 Dr. Phillips
 3 Olympia
 2 Lake Nona
 1 Boone
 1 West Orange

WEIGHTLIFTING CHAMPIONS - BOYS

1982	Evans (1) - Buddy Hurd		
1983	Evans (2) - Bill Gierke		
1984	Winter Park (1) - Bill Orr	8	Colonial
1985	Winter Park (2) - Bill Orr	6	Winter Park
1986	Evans (3) - Bill Gierke	5	Dr. Phillips
1987	Colonial (1) - Jeff Boettner	5	Edgewater
1988	Colonial (2) - Jeff Boettner	5	Timber Creek
1989	Winter Park (3) - Paul Pope	4	Evans
1990	Winter Park (4) - Paul Pope	4	University
		2	West Orange
1991	Winter Park (5) - Paul Pope	1	Apopka
1992	Winter Park (6) - Paul Pope	1	Boone
1993	University (1) - Jeff Boettner	1	East River
1994	Edgewater (1) - Kurt Wickizer		
1995	Edgewater (2) - Kurt Wickizer		
1996	Edgewater (3) - Kurt Wickizer		
1997	Edgewater (4) - Kurt Wickizer		
1998	Edgewater (5) - Kurt Wickizer		
1999	University (2) - Tony Bolyard		
2000	University (3) - Tony Bolyard		
2001	Boone (1) - Paul Pope		
2002	Timber Creek (1) - Tony Bolyard		
2003	Dr. Phillips (1) - Kurt Wickizer		
2004	Dr. Phillips (2) - Kurt Wickizer		
2005	Timber Creek (2) - Tony Bolyard		
2006	Timber Creek (3) - Tony Bolyard		
2007	Colonial (3) - Sean Grove		
2008	University (4) - Greg Harper		
2009	Timber Creek (4) - Tyrone Harvey		
2010 E	Timber Creek (5) - Tyrone Harvey		
2010 W	Evans (4) - Greg Harper		
2011 E	Colonial (4) - Sean Grove		
2011 W	Dr. Phillips (3) - Lenin Vazquez		
2012 E	Colonial (5) - Sean Grove		
2012 W	West Orange (1) - George Petree		
2013 E	East River (1) - Dan Abalo		
2013 W	Dr. Phillips (4) - Steve McHale		
2014 E	Colonial (6) - Sean Grove		
2014 W	Apopka (1) - Rick Darlington		
2015 E	Colonial (7) - Sean Grove		
2015 W	Dr. Phillips (5) - Rodney Wells		
2016 E	Colonial (8) - Sean Grove		
2016 W	West Orange (2) - Bob Head		
2017 E			
2017 W			

WEIGHTLIFTING CHAMPIONS - GIRLS

2005 Boone (1) - Glen Listort
 2006 Dr. Phillips (1) - Kurt Wickizer
 2007 Colonial (1) - Sean Grove
 2008 Timber Creek (1) - Jon Frankos
 2009 Timber Creek (2) - Tyrone Harvey
 2010 E Timber Creek (3) - Tyrone Harvey
 2010 W Dr. Phillips (2) - Kurt Wickizer

 2011 E Timber Creek (4) - Tyrone Harvey
 2011 W Wekiva (1) - Lisa Montgomery
 2012 E Timber Creek (5) - Tyrone Harvey
 2012 W Wekiva (2) - Lisa Montgomery
 2013 E Timber Creek (6) - Tyrone Harvey
 2013 W Wekiva (3) - Lisa Montgomery
 2014 E Colonial (2) - Sean Grove
 2014 W Wekiva (4) - Lisa Montgomery
 2015 E Colonial (3) - Sean Grove
 2015 W Ocoee (1) - Brittney Walker
 2016 E Colonial (4) - Sean Grove
 2016 W Dr. Phillips (3) - Moushaumi Robinson
 2017 E
 2017 W

WEIGHTLIFTING CHAMPIONSHIPS

6 Timber Creek
 4 Colonial
 4 Wekiva
 3 Dr. Phillips
 1 Boone
 1 Ocoee

WRESTLING CHAMPIONS - BOYS

1974	Lyman (1) - Bill Scott	2016 E	Freedom (2) - Daivd Bush
1975	Lyman (2) - Bill Scott	2016 W	Apopka (3) - Todd Hauser
1976	Winter Park (1) - Bill Sreiburger	2017 E	
1977	Winter Park (2) - John Rouse	2017 W	
1978	Colonial (1) - John Theders		
1979	Boone (1) - Bob Hunt		
1980	Winter Park (3) - John Rouse		
1981	Winter Park (4) - John Rouse		
1982	Edgewater (1) - Jim Brown		
1983	Edgewater (2) - Jim Brown		
1984	Evans (1) - Julius Gordon		
1985	Colonial (2) - Brenden Voss		
1986	Colonial (3) - Brenden Voss		
1987	Colonial (4) - John Hauser		
1988	Colonial (5) - John Hauser		
1989	Colonial (6) - John Hauser		
1990	Colonial (7) - John Hauser		
1991	West Orange (1) - Bob Large		
1992	University (1) - Randy Jessee		
1993	University (2) - Randy Jessee		
1994	Colonial (8) - Dan Neff		
1995	University (3) - Randy Jessee		
1996	University (4) - Randy Jessee		
1997	University (5) - Randy Jessee		
1998	Edgewater (3) - Mike Schultz		
1999	Edgewater (4) - Mike Schultz		
2000	University (6) - Randy Jessee		
2001	University (7) - Randy Jessee		
2002	University (8) - Randy Jessee		
2003	University (9) - Randy Jessee		
2004	Timber Creek (1) - Michael Weems		
2005	Olympia (1) - Scott Gomrad		
2006	Edgewater (5) - John Hauser		
	Olympia (2) - Scott Gomrad		
2007	Edgewater (6) - Jon Cone		
2008	Timber Creek (2) - Michael Weems		
2009	Timber Creek (3) - Michael Weems		
2010 E	Timber Creek (4) - Michael Weems		
2010 W	Edgewater (7) - Jon Cone		
2011 E	Timber Creek (5) - Michael Weems		
2011 W	Dr. Phillips (1) - Lenin Vazquez		
2012 E	Timber Creek (6) - Michael Weems		
2012 W	Apopka (1) - Todd Hauser		
2013 E	Timber Creek (7) - Michael Weems		
2013 W	West Orange (2) - Kristen Iannuzzi		
2014 E	Timber Creek (8) - Michael Weems		
2014 W	Apopka (2) - Todd Hauser		
	Edgewater (8) - Jon Cone		
2015 E	Freedom (1) - Daivd Bush		
2015 W	West Orange (3) - Kristen Iannuzzi		

WRESTLING CHAMPIONSHIPS

9	University
8	Colonial
8	Edgewater
8	Timber Creek
4	Winter Park
3	Apopka
3	West Orange
2	Freedom
2	Lyman
2	Olympia
1	Boone
1	Dr. Phillips
1	Evans

	1	2	3	4	5	6	7	8	9	10	11		12	13	14		15	16	17	18	19		
	Ap	BM	Bo	Co	CC	DP	ER	Ed	Ev	Fr	Jo	LN	Ly	Ma	Oc	OI	OR	Sa	TC	Un	We	WO	WP
Baseball	10		14	7	1	6		4	4	2			2			5						8	8
Boys Basketball	1		8			13		6	19		1			1		3	10				1		8
Girls Basketball	2		10	3		6		12	10		3						1		2	2		1	3
Boys Bowling	11		4	2		4	1	1											8	4	2	2	5
Girls Bowling	5		1		1	3													6	7		9	5
Cheerleading						5													1			1	5
Boys Cross Country			7	6		4		8	2	1			1			4	4		1				21
Girls Cross Country			9	3		3		2								4	2					2	23
Football	8	1	7	2		10	1	8	10	1												2	14
Flag Football	8		4			5		1	1													3	
Boys Gymnastics									2														
Girls Gymnastics			2			1			1														
Rhythmic Gymnastics									2		1										2		
Boys Golf			5	3		14		7					5	1		6	1		6			9	11
Girls Golf					1	4				2		3				6			3			3	8
Boys Lacrosse	2		1			3										1			2			2	10
Girls Lacrosse						1										8			3			4	7
Slow Pitch Softball	4		5	3					3						1		1		2			2	1
Fast Pitch Softball	5		5	3	1		1	1		1						1	3		7	2		11	
Boys Soccer			4	1	3	7		3	3	3		1			3	2	3		3			4	18
Girls Soccer	5							7		1		1							1	2		1	21
Boys Swimming		2	1			8		2								2	2		1				42
Girls Swimming		4				9		2								7							39
Boys Tennis			7			9		4		2						10	2					1	29
Girls Tennis	1		9			14		2	2	2						5							31
Boys Track			1	1		7		4	6		1	1				3	17					1	19
Girls Track				2		8			13		2		1				18				1		3
Boys Volleyball	2				1	14		1	1			1				1			7	6	1		3
Girls Volleyball	1		2		3	9		5	6			2				2	5		4	3		2	10
Boys Water Polo						6						3										2	14
Girls Water Polo			1			4						2				3						1	15
Boys Weightlifting	1		1	8		5	1	5	4										5	4		2	6
Girls Weightlifting			1	4		3									1				6		4		
Wrestling	3		1	8		1		8	1	2			2			2			8	9		3	4
Total	69	7	110	56	11	186	4	93	90	17	8	14	11	2	5	75	76	0	81	41	9	73	383