



Metro Conference Championships

1962 - 2017

METRO CONFERENCE BROCHURE

1962

2017

The Metro Conference was conceived by coaches Bob Mosher of Winter Park High School, Lynn Hardy of Boone High School, and Bob Berry of Edgewater High School in the summer of 1962. Principals O.C. Wilson of Winter Park and Charles Terry of Boone were approached. They organized the Orange County Principals, and thus the Metro Conference was created in the fall of 1962. The constitution was adopted in February 1963 and conference competition was started in the spring of 1963.

Charter Schools (1963)		Years in Metro	School	Championships Won
Bishop Moore (withdrew 1976)				
Boone		32	Apopka	73
Colonial		55	Boone	113
Edgewater		55	Colonial	58
Evans		25	Cypress Creek	12
Oak Ridge		30	Dr. Phillips	191
Sanford (withdrew 1966)		8	East River	4
Winter Park		55	Edgewater	94
		55	Evans	91
Other Current Members		14	Freedom	20
		42	Jones	8
Jones	1968-83, 90	8	Lake Nona	16
West Orange	1979	55	Oak Ridge	77
Apopka	1985	12	Ocoee	7
Dr. Phillips	1987	16	Olympia	82
University	1990	16	Timber Creek	88
Cypress Creek	1992	27	University	41
Olympia	2001	10	Wekiva	10
Timber Creek	2001	38	West Orange	83
Freedom	2003	55	Winter Park	394
Ocoee	2005			
Wekiva	2007			
East River	2009	14	Bishop Moore	7
Lake Nona	2009	8	Lyman	11
		6	Mainland	2
Other Former Members		4	Sanford	0
Mainland	1966-72			
Lyman	1969-77			

METRO CONFERENCE HALL OF FAME

Coaches and Administrators

1980	Paul Adams (Oak Ridge) Bob Mosher (Winter Park) O.C. Wilson (Winter Park)	1991	Ole Evans (Evans) Terry Offner (Winter Park) Bill Gierke (Evans) George Kirchgassner (Colonial)	2001	Titus King (Colonial) Jeff Boettner (University)
1981	Bob Berry (Edgewater) Jim Gosnell (Evans) Ray Judy (Oak Ridge) Red Kite (Colonial) Bob Maples (Edgewater) Fred Pennington (Evans) Ivan Repass (Boone) Charles Terry (Boone)	1992	Don Prokes (Winter Park) Bob Fedell (Dr. Phillips) Buddy Hurd (Evans) Willie Jones (Jones) Ernie Swift (Jones) Gary Preisser (Dr. Phillips)	2002	Randy Jessee (University) Bill Thompson (Dr. Phillips)
1982	Jim Cinnamon (Edgewater) Bob Dolce (Edgewater) Norman Kent (Colonial) Bill Orr (Winter Park) John Pitts (Evans) Wib Robertson (Winter Park)	1993	Charles Watkins (Boone) Nelson Browning (Boone) Charles Friedley (Winter Park) Al Saour (Cypress Creek) Dick Damron (Oak Ridge) Phil Ziglar (Boone) Dave Shuttleworth (Colonial) Eddie Sneed (Jones)	2003	No Inductees
1983	Tommy Bolen (Boone) Wilbur Gary (Jones) Rufus Jenkins (Colonial) Frank Kozel (Colonial) Bob MacCarty (Winter Park) Wayne Rickman (Boone) Bill Spooone (Oak Ridge) Rudy Tapia (Evans)	1994	No Inductees	2004	No Inductees
1984	Ernestine Embry (Jones) Carl Dragstedt (Oak Ridge) John Hemmer (Oak Ridge) Merrill LeVane (Jones) Phil Newton (Edgewater)	1995	Don Bennett (Edgewater) Bob Hunt (Dr. Phillips) Calvin Linglebach (Evans) Mike Shewchuk (Winter Park) Ron Smith (Oak Ridge)	2005	Kurt Wickizer (Dr. Phillips) Phil King (Apopka)
1985	Larry Gergley (Winter Park) Jim Heise (Winter Park) Jesse Lane (Boone) Bill Lowry (Boone)	1996	Bruce Follensbee (Dr. Phillips)	2006	Jerry Bourg (University) Lou Fiorelli (Freedom)
1986	Ernie Chandler (Evans) Bobby Marr (Winter Park) Bob Williams (Colonial)	1997	No Inductees	2008	Misti Cox (Boone) Paul Katauskas (Boone)
1987	Chuck Fielding (Winter Park) Tom Munsey (Winter Park) Julius Gordon (Evans) Steve Kessler (Evans)	1998	Bob Whittington (Boone) Sonny Wise (Apopka) Chip Gierke (Apopka) John Hauser (Colonial) Cooper Means (County AD) Larry Payne (Dr. Phillips) Sherry Vierser (University)	2009	No Inductees
1988	Ted Benz (Edgewater) Tony Manzonelli (Winter Park)	1999	Bob Cluggish (honorary) Dick Hullette (Oak Ridge) Trish Highland (County AD) Richard Lief (Boone) Mike Strickler (University) Jim Griffin (Boone) John Boston (West Orange)	2010	Bill Chambers (Ocoee)
1989	Harry Livingood (Winter Park) Charles Rohr (Edgewater) John Rouse (Winter Park)	2000	Dorothy Starbird (Evans) Bob Gordon (Evans)	2011	Dr. Paul Van Mitchell (Colonial) Lee Burns (Edgewater)
1990	Denise McCarty (Apopka)			2012	Deborah Scherr (Timber Creek)
				2013	Richard Victor (Lake Nona)
				2014	No Inductees
				2015	No Inductees
				2016	Julie Sanford (Colonial)
				2017	David Wheeler (Freedom)

METRO CONFERENCE PAST PRESIDENTS

1962-63 Charles Terry (Boone)
1963-64 O.C. Wilson (Winter Park)
1964-65 Howard Fleming (Edgewater)
1965-66 Rufus Jennings (Colonial)
1966-67 Keith Stone (Oak Ridge)
1967-68 Ted Wiedenbach (Evans)
1968-69 John Pitts (Boone)
1969-70 Norman Kent (Edgewater)

1970-71 Norman Kent (Edgewater)
1971-72 Wilbur Gary (Jones)
1972-73 Wilbur Gary (Jones)
1973-74 Bob Lengauer (Oak Ridge)
1974-75 Jim Joyner (Colonial)
1975-76 Wib Robertson (Winter Park)
1976-77 John Pitts (Evans)
1977-78 Henry Wright (Jones)
1978-79 Bill Spoone (Oak Ridge)
1979-80 Charles Rohrer (Edgewater)

1980-81 Norman Kent (Colonial)
1981-82 Tom Marcy (Winter Park)
1982-83 Tony Krapf (West Orange)
1983-84 John Pitts (Evans)
1984-85 Eric Smith (Winter Park)
1985-86 Henry Dominy (Boone)
1986-87 Joe Worsham (West Orange)
1987-88 Frank Hill (Oak Ridge)
1988-89 Larry Payne (Colonial)
1989-90 Jesse Lane (Boone)

1990-91 Joe Worsham (West Orange)
1991-92 Eddie Sneed (Jones)
1992-93 Bob Williams (Edgewater)
1993-94 Dick Damron (Oak Ridge)
1994-95 Sarah Jane Turner (West Orange)
1995-96 Hugh Harris (Winter Park)
1996-97 John Edwards (Apopka)
1997-98 John Edwards (Apopka)
1998-99 Mike Blasewitz (Edgewater)
1999-00 Gary Preisser (West Orange)

2000-01 Tom Aiken (Cypress Creek)
2001-02 Hugh Hattabaugh (Boone)
2002-03 Gene Trochinski (Dr. Phillips)
2003-04 David Christiansen (University)
2004-05 Bill Gordon (Winter Park)
2005-06 John Wright (Timber Creek)
2006-07 John Wright (Timber Creek)
2007-08 Rob Anderson (Edgewater)
2008-09 William Floyd (Apopka)
2009-10 Elise Gruber (Wekiva)

2010-11 Jenny Gibson-Linkh (Olympia)
2011-12 Margaret McMillen (Boone)
2012-13 Margaret McMillen (Boone)
2013-14 Margaret McMillen (Boone)
2014-15 Margaret McMillen (Boone)
2015-16 Dusty Johns (Boone)
2016-17 Dusty Johns (Boone)

Current President

2017-18 Timothy Smith (Winter Park)

METRO CONFERENCE

"BOB BERRY" ALL SPORTS AWARD

1964-65 Colonial (1)
 1965-66 Winter Park (1)
 1966-67 Winter Park (2)
 1967-68 Edgewater (1)
 1968-69 Boone (1)
 1969-70 Boone (2)

 1970-71 Boone (3)
 1971-72 Winter Park (3)
 1972-73 Winter Park (4)
 1973-74 Winter Park (5)
 1974-75 Evans (1)
 1975-76 Winter Park (6)
 1976-77 Winter Park (7)
 1977-78 Winter Park (8)
 1978-79 Winter Park (9)
 1979-80 Winter Park (10)

 1980-81 Winter Park (11)
 1981-82 Evans (2)
 1982-83 Evans (3)
 1983-84 Winter Park (12)
 1984-85 Winter Park (13)
 1985-86 Winter Park (14)
 1986-87 Winter Park (15)
 1987-88 Winter Park (16)
 1988-89 Winter Park (17)
 1989-90 Dr. Phillips (1)

 1990-91 Winter Park (18)
 1991-92 Winter Park (19)
 1992-93 Boone (4)
 1993-94 Dr. Phillips (2)
 1994-95 Dr. Phillips (3)
 1995-96 Dr. Phillips (4)
 1996-97 Dr. Phillips (5)
 1997-98 Dr. Phillips (6)
 1998-99 Boone (5)
 1999-00 Winter Park (20)

 2000-01 Winter Park (21)
 2001-02 Boone (6)
 2002-03 Winter Park (22)
 2003-04 Edgewater (2)
 2004-05 Winter Park (23)
 2005-06 Winter Park (24)
 2006-07 Timber Creek (1)
 2007-08 Winter Park (25)
 2008-09 Timber Creek (2)
 2009-10 E Winter Park (26)
 2009-10 W Dr. Phillips (7)

2010-11 E Winter Park (27)
 2010-11 W Dr. Phillips (8)
 2011-12 E Winter Park (28)
 2011-12 W Dr. Phillips (9)
 2012-13 E Timber Creek (3)
 2012-13 W Dr. Phillips (10)
 2013-14 E Winter Park (29)
 2013-14 W Dr. Phillips (11)
 2014-15 E Winter Park (30)
 2014-15 W Dr. Phillips (12)
 2015-16 E Winter Park (31)
 2015-16 W West Orange (1)
 2016-17 E Winter Park (32)
 2016-17 W West Orange (2)
 2017-18 E
 2017-18 W

ALL SPORTS TROPHIES

32	Winter Park
12	Dr. Phillips
6	Boone
3	Evans
3	Timber Creek
2	Edgewater
2	West Orange
1	Colonial

BASEBALL CHAMPIONS - BOYS

1963	Colonial (1) - Max Miller	2007	West Orange (4) - Jesse Marlo
1964	Colonial (2) - Max Miller	2008	West Orange (5) - Jesse Marlo
	Boone (1) - Jim Heise		Boone (11) - Pete Post
1965	Edgewater (1) - Bob Maples		Freedom (1) - George Kirchgassner
1966	Evans (1) - Jim Gosnell	2009	West Orange (6) - Jesse Marlo
1967	Boone (2) - Jim Heise	2010 E	Freedom (2) - James Anderson
	Edgewater (2) - Bob Maples	2010 W	Olympia (1) - Randy O'Neal
1968	Edgewater (3) - Bob Maples		
	Evans (2) - Jim Gosnell	2011 E	Boone (12) - Pete Post
1969	Colonial (3) - Max Miller	2011 W	Dr. Phillips (5) - Mike Bradley
1970	Boone (3) - Jim Heise	2012 E	Boone (13) - Pete Post
		2012 W	Olympia (2) - Randy O'Neal
1971	Boone (4) - Terry Manfredi	2013 E	Cypress Creek (1) - Rodney Beaty
1972	Colonial (4) - Clyde Steen	2013 W	Olympia (3) - Randy O'Neal
1973	Lyman (1) - Bob McCullough	2014 E	Winter Park (7) - Bob King
1974	Winter Park (1) - Larry Wright	2014 W	Dr. Phillips (6) - Mike Bradley
1975	Evans (3) - Jim Gosnell		Olympia (4) - Chuck Schall
1976	Lyman (2) - Bob McCullough		West Orange (7) - Jesse Marlo
1977	Winter Park (2) - Harry Livengood	2015 E	Boone (14) - Pete Post
1978	Winter Park (3) - Harry Livengood	2015 W	Olympia (5) - Chuck Schall
1979	Winter Park (4) - Harry Livengood	2016 E	Winter Park (8) - Dee Brown
1980	Evans (4) - Darrel Range	2016 W	West Orange (8) - Jesse Marlo
		2017 E	Timber Creek (1) - Tim Beaman
1981	Boone (5) - John Hart	2017 W	West Orange (9) - Jesse Marlo
1982	Boone (6) - John Hart	2018 E	
1983	Boone (7) - Terry Abbott	2018 W	
1984	Colonial (5) - George Kirchgassner		
1985	Boone (8) - Terry Abbott		
1986	Colonial (6) - George Kirchgassner		
1987	Apopka (1) - Sonny Wise		
1988	Apopka (2) - Sonny Wise		
	Winter Park (5) - Bob King		
1989	Apopka (3) - Sonny Wise		
1990	Apopka (4) - Sonny Wise		
1991	Dr. Phillips (1) - Danny Allie		
1992	Dr. Phillips (2) - Danny Allie		
1993	Dr. Phillips (3) - Danny Allie		
1994	Winter Park (6) - Bob King		
1995	Apopka (5) - Sonny Wise		
1996	Apopka (6) - Sonny Wise		
1997	Apopka (7) - Sonny Wise		
1998	West Orange (1) - Teddy Craig		
1999	Apopka (8) - Sonny Wise		
2000	Colonial (7) - Scott Grove		
2001	West Orange (2) - Teddy Craig		
2002	West Orange (3) - Teddy Craig		
	Apopka (9) - Sonny Wise		
2003	Apopka (10) - Sonny Wise		
2004	Boone (9) - Pete Post		
	Dr. Phillips (4) - Mike Barefoot		
2005	Edgewater (4) - Chip Gierke		
2006	Boone (10) - Pete Post		

BASEBALL CHAMPIONSHIPS

14	Boone
10	Apopka
9	West Orange
8	Winter Park
7	Colonial
6	Dr. Phillips
5	Olympia
4	Edgewater
4	Evans
2	Freedom
2	Lyman
1	Cypress Creek
1	Timber Creek

BASKETBALL CHAMPIONS - BOYS

1964	Evans (1) - Fred Pennington	2005	Edgewater (5) - Travis Jones
1965	Edgewater (1) - Jim Cinnamon	2006	Winter Park (4) - Matt Hixenbaugh
1966	Boone (1) - Ivan Repass	2007	Edgewater (6) - Jeremy Lavoie
1967	Evans (2) - Fred Pennington	2008	Winter Park (5) - David Bailey
1968	Evans (3) - Fred Pennington		Olympia (1) - Mark Griseck
1969	Evans (4) - Fred Pennington	2009	Olympia (2) - Mark Griseck
1970	Mainland (1) - Joe Piggot	2010 E	Winter Park (6) - David Bailey
		2010 W	Dr. Phillips (9) - Anthony Long
1971	Jones (1) - Nat Williams		
1972	Evans (5) - Fred Pennington	2011 E	Winter Park (7) - David Bailey
	Winter Park (1) - Mike Pollio	2011 W	Dr. Phillips (10) - Anthony Long
1973	Evans (6) - Fred Pennington	2012 E	Boone (7) - Greg Shirley
	Winter Park (2) - Mike Pollio	2012 W	Dr. Phillips (11) - Anthony Long
1974	Evans (7) - Fred Pennington	2013 E	Boone (8) - Greg Shirley
1975	Evans (8) - Fred Pennington	2013 W	Dr. Phillips (12) - Anthony Long
1976	Evans (9) - Fred Pennington	2014 E	Oak Ridge (9) - Alex Jackson
1977	Edgewater (2) - Rudy Tapia	2014 W	Wekiva (1) - Scott Williams
1978	Boone (2) - Wayne Rickman	2015 E	Winter Park (8) - Don Blackmon
1979	Evans (10) - Dick Hulette	2015 W	Dr. Phillips (13) - Anthony Long
1980	Boone (3) - Wayne Rickman	2016 E	Oak Ridge (10) - Alex Jackson
		2016 W	Olympia (3) - Matt Wheeler
1981	Oak Ridge (1) - Dick Damron	2017 E	Oak Ridge (11) - O'Neil Lubin
1982	Evans (11) - Dick Hulette	2017 W	Wekiva (2) - Gersino Lubin
	Winter Park (3) - Bill Clendinen	2018 E	
1983	Evans (12) - Dick Hulette	2018 W	
	Oak Ridge (2) - Jeff Asher		
1984	Oak Ridge (3) - Jeff Asher		
1985	Evans (13) - Rudy Tapia		
	Oak Ridge (4) - Jeff Asher		
1986	Apopka (1) - Earl Stokes		
1987	Evans (14) - Rudy Tapia		
1988	Evans (15) - Calvin Linglebach		
1989	Oak Ridge (5) - Ron Smith		
1990	Oak Ridge (6) - Ron Smith		
1991	Boone (4) - Wayne Rickman		
	Oak Ridge (7) - Ron Smith		
1992	Evans (16) - Calvin Linglebach		
	Dr. Phillips (1) - Pete Hubert		
1993	Dr. Phillips (2) - Pete Hubert		
1994	Dr. Phillips (3) - Theo McWhite		
	Boone (5) - Wayne Rickman		
1995	Dr. Phillips (4) - Theo McWhite		
1996	Evans (17) - Calvin Linglebach		
1997	Dr. Phillips (5) - Theo McWhite		
1998	Dr. Phillips (6) - Theo McWhite		
	Evans (18) - Calvin Linglebach		
	Oak Ridge (8) - Ron Smith		
1999	Edgewater (3) - Travis Jones		
2000	Dr. Phillips (7) - Theo McWhite		
2001	Boone (6) - Mark Rickman		
2002	Evans (19) - Calvin Linglebach		
2003	Edgewater (4) - Travis Jones		
2004	Dr. Phillips (8) - Anthony Long		

BASKETBALL CHAMPIONSHIPS

19	Evans
13	Dr. Phillips
11	Oak Ridge
8	Boone
8	Winter Park
6	Edgewater
3	Olympia
2	Wekiva
1	Apopka
1	Jones
1	Mainland

BASKETBALL CHAMPIONS - GIRLS

1975	Oak Ridge (1) - Pat Sack	2015 E	Winter Park (3) - Marimer Varona
1976	Boone (1) - Susan Till	2015 W	Jones (2) - Mary Loney
1977	Boone (2) - Pat Sack	2016 E	Colonial (3) - Cindy Richardson
1978	Boone (3) - Pat Doane	2016 W	Jones (3) - Robert Moultrie
1979	Evans (1) - Kye Starbird	2017 E	Colonial (4) - Cindy Richardson
1980	Edgewater (1) - Denise McCarty	2017 W	Ocoee (1) - Gina Solano
		2018 E	
		2018 W	
1981	Edgewater (2) - Denise McCarty		
1982	Evans (2) - Kye Starbird		
1983	Evans (3) - Kye Starbird		
1984	Edgewater (3) - Denise McCarty		
1985	Evans (4) - Kye Starbird		
	Edgewater (4) - Denise McCarty		
1986	Edgewater (5) - Denise McCarty		
1987	Winter Park (1) - Kerry Patrick		
1988	Edgewater (6) - Nancy Swain		
1989	Dr. Phillips (1) - Ron Fonnett		
1990	Apopka (1) - Denise McCarty		
1991	Dr. Phillips (2) - Ron Fonnett		
1992	Dr. Phillips (3) - Ron Fonnett		
1993	Boone (4) - Misty Cox		
	Evans (5) - Bob Gordon		
	Jones (1) - Mary Loney		
1994	Evans (6) - Bob Gordon		
1995	West Orange (1) - Tyrone Adams		
1996	Evans (7) - Bob Gordon		
1997	Evans (8) - Bob Gordon		
1998	Evans (9) - Bob Gordon		
1999	Boone (5) - Misty Cox		
2000	Boone (6) - Misty Cox		
2001	Evans (10) - Bob Gordon		
2002	Boone (7) - Misty Cox		
2003	Boone (8) - Misty Cox		
2004	Apopka (2) - Crystal Davidson		
2005	Boone (9) - Kim Burke		
	Edgewater (7) - Malcolm Lewis		
2006	Edgewater (8) - Malcolm Lewis		
2007	Boone (10) - Miriam Jenkins		
2008	Edgewater (9) - Malcolm Lewis		
	Timber Creek (1) - Matthew Aliberti		
2009	Edgewater (10) - Malcolm Lewis		
	Winter Park (2) - Gina Solano		
2010 E	University (1) - Jason Barnard		
2010 W	Dr. Phillips (4) - Anthony Jones		
2011 E	University (2) - Jason Barnard		
2011 W	Edgewater (11) - Malcolm Lewis		
2012 E	Colonial (1) - Cindy Richardson		
2012 W	Dr. Phillips (5) - Anthony Jones		
2013 E	Colonial (2) - Cindy Richardson		
2013 W	Dr. Phillips (6) - Anthony Jones		
2014 E	Timber Creek (2) - Richard Cross		
2014 W	Edgewater (12) - Malcolm Lewis		

BASKETBALL CHAMPIONSHIPS

12	Edgewater
10	Boone
10	Evans
6	Dr. Phillips
4	Colonial
3	Jones
3	Winter Park
2	Apopka
2	Timber Creek
2	University
1	Oak Ridge
1	Ocoee
1	West Orange

BOWLING CHAMPIONS - BOYS

		<u>BOWLING CHAMPIONSHIPS</u>
1990	Boone (1) - Tim Donath	
1991	Boone (2) - Tim Donath	11 Apopka
1992	Apopka (1) - Wendy Bush(spr)	9 Timber Creek
1992	Dr. Phillips (1) - Janet Lee (fall)	5 Winter Park
1993	Dr. Phillips (2) - Janet Lee	4 Boone
1994	Apopka (2) - Denise McCarty	4 Dr. Phillips
1995	West Orange (1) - Rudy Zubricky	4 University
1996	Dr. Phillips (3) - Janet Lee Morgan	3 West Orange
1997	University (1) - Adam Hagan	2 Colonial
	Winter Park (1) - Frank Barclay	2 Wekiva
1998	Apopka (3) - Lanny Kampe	1 East River
	Dr. Phillips (4) - Janet Lee Morgan	1 Edgewater
	University (2) - Adam Hagan	
	Winter Park (2) - Frank Barclay	
1999	Winter Park (3) - Frank Barclay	
2000	Boone (3) - Mark Rickman	
2001	University (3) - Adam Hagan	
	Winter Park (4) - Frank Barclay	
2002	Timber Creek (1) - Deborah Scherr	
2003	Timber Creek (2) - Deborah Scherr	
2004	West Orange (2) - Rudy Zubricky	
	Edgewater (1) - David Steinhorn	
2005	Apopka (4) - Sharon Kampe	
2006	Apopka (5) - Sharon Kampe	
	Timber Creek (3) - Deborah Scherr	
2007	Apopka (6) - Sharon Kampe	
	Timber Creek (4) - Deborah Scherr	
2008	Timber Creek (5) - Deborah Scherr	
2009 E	Timber Creek (6) - Deborah Scherr	
2009 W	Apopka (7) - Lanny Kampe	
2010 E	Timber Creek (7) - Deborah Scherr	
2010 W	Wekiva (1) - Dave Kurtz	
2011 E	Colonial (1) - Gary Miramonti	
2011 W	Apopka (8) - John Hauser	
2012 E	Colonial (2) - Scott Howell	
2012 W	Wekiva (2) - David Kurtz	
2013 E	East River (1) - Randy Jesse	
	University (4) - Joe Wright	
	Winter Park (5) - Cindy Allison	
2013 W	Apopka (9) - John Hauser	
2014 E	Timber Creek (8) - Alexander Schiraldi	
2014 W	Apopka (10) - Todd Hauser	
2015 E	Boone (4) - Dan Tringali	
2015 W	Apopka (11) - Todd Hauser	
2016 E	Timber Creek (9) - Alexander Schiraldi	
2016 W	West Orange (3) - John Colbert	
2017 E		
2017 W		

BOWLING CHAMPIONS - GIRLS

		<u>BOWLING CHAMPIONSHIPS</u>
1990	Dr. Phillips (1) - Janet Lee	
1991	Apopka (1) - George Morse	10 West Orange
1992	West Orange (1) - Ron Lopzonski (spring)	7 University
1992	Apopka (2) - Denise McCarty (fall)	6 Timber Creek
1993	Boone (1) - Tin Donath	6 Winter Park
1994	Apopka (3) - Denise McCarty	5 Apopka
1995	Dr. Phillips (2) - Janet Lee Morgan	3 Dr. Phillips
1996	Dr. Phillips (3) - Janet Lee Morgan	1 Boone
1997	University (1) - Debbie Scherr	1 Cypress Creek
1998	West Orange (2) - Pat Kavenbaugh	
1999	West Orange (3) - Pat Kavenbough	
2000	Apopka (4) - Lanny Kampe	
2001	University (2) - Larry Jones	
2002	University (3) - Larry Jones	
2003	Timber Creek (1) - Debbie Scherr Winter Park (1) - Frank Barclay	
2004	Timber Creek (2) - Debbie Scherr	
2005	Timber Creek (3) - Debbie Scherr	
2006	Timber Creek (4) - Debbie Scherr	
2007	Timber Creek (5) - Debbie Scherr	
2008	Winter Park (2) - Frank Barclay	
2009 E	Cypress Creek (1) - Wes Cox	
2009 W	Apopka (5) - Kim Kampe	
2010 E	Timber Creek (6) - Debbie Scherr University (4) - Joe Wright Winter Park (3) - Cindy Allison	
2010 W	West Orange (4) - Rudolph Zubricky	
2011 E	University (5) - Joe Wright	
2011 W	West Orange (5) - Rudolph Zubricky	
2012 E	University (6) - Joe Wright	
2012 W	West Orange (6) - Rudolph Zubricky	
2013 E	University (7) - Joe Wright	
2013 W	West Orange (7) - Rudolph Zubricky	
2014 E	Winter Park (4) - Cindy Allison	
2014 W	West Orange (8) - Rudolph Zubricky	
2015 E	Winter Park (5) - Cindy Allison	
2015 W	West Orange (9) - Rudolph Zubricky	
2016 E	Winter Park (6) - Cindy Allison	
2016 W	West Orange (10) - Rudolph Zubricky	
2017 E		
2017 W		

CHEERLEADING CHAMPIONS

2011 E Winter Park (1) - Angie Ryan
2011 W Dr. Phillips (1) - Samantha Boussalham
2012 E Timber Creek (1) - Linda Fennell
2012 W Dr. Phillips (2) - Samantha Boussalham
2013 E Winter Park (2) - Angie Austin
2013 W Dr. Phillips (3) - Samantha Boussalham
2014 E Winter Park (3) - Angie Austin
2014 W Dr. Phillips (4) - Samantha Boussalham
2015 E Winter Park (4) - Angie Austin
2015 W Dr. Phillips (5) - Samantha Hoffman
2016 E Winter Park (5) - Angie Austin
2016 W West Orange (1) - Alicia Light
2017 E Winter Park (6) - Angie Austin
2017 W Dr. Phillips (6) - Samantha Hoffman
2018 E
2018 W

CHEERLEADING CHAMPIONSHIPS

6	Dr. Phillips
6	Winter Park
1	Timber Creek
1	West Orange

CROSS COUNTRY CHAMPIONS - BOYS

1963	Colonial (1) - Tom Houston	2011 E	Colonial (5) - Rene Plasencia
1964	Winter Park (1) - Bob MacHardy	2011 W	Olympia (1) - Stacey Williams
1965	Winter Park (2) - Bob MacHardy	2012 E	Colonial (6) - Rene Plasencia
1966	Colonial (2) - Tom Houston	2012 W	Olympia (2) - Stacey Williams
1967	Edgewater (1) - Dave Barriger	2013 E	Timber Creek (1) - David Gardner
1968	Boone (1) - Ted Benz	2013 W	Olympia (3) - Stacey Williams
1969	Boone (2) - Ted Benz	2014 E	Winter Park (21) - Will Anguish
1970	Winter Park (3) - Bob Mosher	2014 W	Olympia (4) - Kevin O'Grattan
1971	Evans (1) - Dick Skelton	2015 E	Freedom (1) - Leonard Malech
1972	Winter Park (4) - Bob Mosher	2015 W	Dr. Phillips (4) - Jorge Fleitas
1973	Winter Park (5) - Larry Wright	2016 E	Timber Creek (2) - David Gardner
1974	Evans (2) - Dick Skelton	2016 W	Olympia (5) - Stephanie Manny
1975	Winter Park (6) - Larry Wright	2017 E	
1976	Lyman (1) - Dave Huggins	2017 W	
1977	Evans (3) - Dick Skelton		
1978	Edgewater (2) - Ted Benz		
1979	Edgewater (3) - Ted Benz		
1980	Edgewater (4) - Ted Benz		
1981	Edgewater (5) - Ted Benz	21	Winter Park
1982	Edgewater (6) - Ted Benz	8	Edgewater
1983	Oak Ridge (1) - Bill Stamper	7	Boone
1984	Winter Park (7) - John O'Brien	6	Colonial
1985	Colonial (3) - Dave Shuttleworth	5	Olympia
1986	Winter Park (8) - John O'Brien	4	Dr. Phillips
1987	Oak Ridge (2) - Bill Stamper	4	Oak Ridge
1988	Boone (3) - Paul Katauskas	2	Evans
1989	Winter Park (9) - Michael Brown	2	Timber Creek
1990	Winter Park (10) - Cleon Fowler	1	Freedom
		1	Lyman
1991	Boone (4) - Paul Katauskas		
1992	Boone (5) - Paul Katauskas		
1993	Oak Ridge (3) - Bill Stamper		
1994	Oak Ridge (4) - Bill Stamper		
1995	Edgewater (7) - Ted Benz		
1996	Edgewater (8) - Ted Benz		
1997	Winter Park (11) - Mike Hill		
1998	Winter Park (12) - Mike Hill		
1999	Winter Park (13) - Mike Hill		
2000	Winter Park (14) - Mike Hill		
2001	Winter Park (15) - Mike Hill		
2002	Winter Park (16) - Mike Hill		
2003	Winter Park (17) - Mike Hill		
2004	Winter Park (18) - Mike Hill		
2005	Boone (6) - Paul Katauskas		
2006	Boone (7) - Paul Katauskas		
2007	Winter Park (19) - Mike Hill		
2008	Dr. Phillips (1) - Angie Yarbrough		
2009 E	Winter Park (20) - Dennis Kozub		
2009 W	Dr. Phillips (2) - Angie Yarbrough		
2010 E	Colonial (4) - Rene Plasencia		
2010 W	Dr. Phillips (3) - Peter Blount		

CROSS COUNTRY CHAMPIONSHIPS

CROSS COUNTRY CHAMPIONS - GIRLS

1975	Oak Ridge (1) - Carl Dragstedt	2017 E	
1976	Boone (1) - Dick Seebers	2017 W	
1977	Winter Park (1) - Larry Wright		
1978	Winter Park (2) - Bobby Marr		
1979	Winter Park (3) - Larry Wright		
1980	Edgewater (1) - Phil Newlon		
1981	Edgewater (2) - Phil Newlon		
1982	Colonial (1) - David Shuttleworth		
1983	Colonial (2) - Brenden Voss		
1984	West Orange (1) - Dan Sabanko		
1985	Winter Park (4) - Mike Shewchuk		
1986	Winter Park (5) - Mike Shewchuk		
1987	Boone (2) - Dick Seebers	24	Winter Park
1988	Winter Park (6) - Mike Shewchuk	9	Boone
1989	Winter Park (7) - Mike Shewchuk	4	Olympia
1990	Winter Park (8) - Mike Shewchuk	3	Colonial
		3	Dr. Phillips
1991	Winter Park (9) - Mike Shewchuk	3	West Orange
1992	Winter Park (10) - Mike Shewchuk	2	Edgewater
1993	Boone (3) - Paul Katauskas	2	Oak Ridge
1994	Winter Park (11) - Mike Shewchuk		
1995	Winter Park (12) - Mike Shewchuk		
1996	Winter Park (13) - Mike Shewchuk		
1997	Winter Park (14) - Mike Shewchuk		
1998	Boone (4) - Paul Katauskas		
1999	Dr. Phillips (1) - Lisa Neely		
2000	Winter Park (15) - Mike Shewchuk		
2001	Boone (5) - Paul Katauskas		
2002	Boone (6) - Paul Katauskas		
2003	Boone (7) - Paul Katauskas		
2004	Winter Park (16) - Jennifer Bell		
2005	Oak Ridge (2) - Bill Stamper		
2006	Winter Park (17) - Jennifer Bell		
2007	Winter Park (18) - Carole Shepardson		
2008	Winter Park (19) - Carole Shepardson		
2009 E	Winter Park (20) - Carole Shepardson		
2009 W	Olympia (1) - Stacey Williams		
2010 E	Boone (8) - Paul Katauskas		
2010 W	Dr. Phillips (2) - Peter Blount		
2011 E	Boone (9) - Paul Katauskas		
2011 W	Olympia (2) - Stacey Williams		
2012 E	Colonial (3) - Rene Plasencia		
2012 W	Olympia (3) - Stacey Williams		
2013 E	Winter Park (21) - Kristin McWilliams		
2013 W	Olympia (4) - Stacey Williams		
2014 E	Winter Park (22) - Kristin McWilliams		
2014 W	West Orange (2) - Chris Boston		
2015 E	Winter Park (23) - Kristin McWilliams		
2015 W	Dr. Phillips (3) - Angie Fleitas		
2016 E	Winter Park (24) - Kristin McWilliams		
2016 W	West Orange (3) - Chris Boston		

CROSS COUNTRY CHAMPIONSHIPS

FLAG FOOTBALL CHAMPIONS - GIRLS

2004 Apopka (1) - Matt Houvouras
 2005 Dr. Phillips (1) - Anthony Jones
 2006 Apopka (2) - Matt Houvouras
 2006 Apopka (3) - Matt Houvouras
 2007 Apopka (4) - Matt Houvouras
 2008 Apopka (5) - Matt Houvouras
 Timber Creek (1) - Jim Buckridge
 2009 Apopka (6) - Matt Houvouras
 Timber Creek (2) - Jim Buckridge
 Edgewater (1) - Calvin Lingelbach
 2010 E Boone (1) - Ken Hensley
 2010 W Dr. Phillips (2) - Anthony Jones

 2011 E Boone (2) - Ken Hensley
 2011 W Dr. Phillips (3) - Anthony Jones
 2012 E Boone (3) - Ken Hensley
 2012 W Evans (1) - Alexander Delafe
 2013 E Timber Creek (3) - Jim Buckridge
 2013 W Dr. Phillips (4) - Anthony Jones
 2014 E Oak Ridge (1) - Richard Campbell
 2014 W Dr. Phillips (5) - Anthony Jones
 2015 E Oak Ridge (2) - Richard Campbell
 2015 W Apopka (7) - Matt Houvouras
 2016 E Boone (4) - Ken Hensley
 2016 W Apopka (8) - Matt Houvouras
 2017 E Cypress Creek (1) - Javier Rodriguez
 2017 W Dr. Phillips (6) - Anthony Jones
 2018 E
 2018 W

FLAG FOOTBALL CHAMPIONSHIPS

8 Apopka
 6 Dr. Phillips
 4 Boone
 3 Timber Creek
 2 Oak Ridge
 1 Cypress Creek
 1 Edgewater
 1 Evans

FOOTBALL CHAMPIONS - BOYS

1963	Boone (1) - Tommy Bolen	2007	Boone (7) - Phil Ziglar
1964	Colonial (1) - Red Kite	2008	Apopka (7) - Rick Darlington
1965	Boone (2) - Tommy Bolen		Dr. Phillips (4) - Dale Salapa
	Edgewater (1) - Bozy Johnson	2009 E	Winter Park (12) - Tim Shifflet
1966	Boone (3) - Tommy Bolen	2009 W	Dr. Phillips (5) - Dale Salapa
	Colonial (2) - Red Kite	2010 E	Winter Park (13) - Tim Shifflet
	Edgewater (2) - Dan Blackwelder	2010 W	Dr. Phillips (6) - Dale Salapa
1967	Boone (4) - Tommy Bolen		
1968	Edgewater (3) - Dan Blackwelder	2011 E	East River (1) - Marc Rankin
1969	Boone (5) - Tommy Bolen		Freedom (1) - Andrew Johnson
1970	Bishop Moore (1) - Harry Nelson		Timber Creek (1) - Jim Buckridge
	Oak Ridge (1) - Paul Adams	2011 W	Dr. Phillips (7) - Rodney Wells
		2012 E	Timber Creek (2) - Jim Buckridge
1971	Winter Park (1) - Larry Gergley	2012 W	Dr. Phillips (8) - Rodney Wells
1972	Winter Park (2) - Larry Gergley	2013 E	Winter Park (14) - Tim Shifflet
1973	Edgewater (4) - Bob Dolce	2013 W	Apopka (8) - Rick Darlington
1974	Oak Ridge (2) - Paul Adams		Dr. Phillips (9) - Rodney Wells
1975	Oak Ridge (3) - Paul Adams	2014 E	Oak Ridge (5) - Elijah Williams
	Winter Park (3) - Larry Gergley	2014 W	Dr. Phillips (10) - Rodney Wells
1976	Winter Park (4) - Larry Gergley		West Orange (1) - Bob Head
1977	Oak Ridge (4) - Paul Adams	2015 E	Oak Ridge (6) - Tyrone Sapp
1978	Edgewater (5) - Bob Dolce	2015 W	West Orange (2) - Bob Head
1979	Evans (1) - Gary Preisser	2016 E	Timber Creek (3) - Jim Buckridge
1980	Winter Park (5) - Larry Gergley	2016 W	Apopka (9) - Rick Darlington
		2017 E	
1981	Evans (2) - Gary Preisser	2017 W	
1982	Winter Park (6) - Larry Gergley		
1983	Winter Park (7) - Larry Gergley		
1984	Winter Park (8) - Larry Gergley		
1985	Apopka (1) - Chip Gierke		
1986	Winter Park (9) - Larry Gergley		
1987	Winter Park (10) - Larry Gergley		
1988	Evans (3) - Bill Gierke		
1989	Evans (4) - Bill Gierke		
1990	Evans (5) - Bill Gierke		
1991	Evans (6) - Bill Gierke		
	Dr. Phillips (1) - Tom Carlsen		
1992	Apopka (2) - Chip Gierke		
1993	Apopka (3) - Chip Gierke		
1994	Apopka (4) - Chip Gierke		
1995	Evans (7) - Bill Gierke		
1996	Evans (8) - Bill Gierke		
	Dr. Phillips (2) - Kenny Edenfield		
1997	Dr. Phillips (3) - Chip Gierke		
1998	Evans (9) - JB Gordon		
1999	Apopka (5) - Rick Darlington		
2000	Evans (10) - J. B. Gordon		
2001	Edgewater (6) - Bill Gierke		
2002	Edgewater (7) - Bill Gierke		
2003	Boone (6) - Phil Ziglar		
2004	Edgewater (8) - Bill Gierke		
2005	Winter Park (11) - Larry Gergley		
2006	Apopka (6) - Rick Darlington		

FOOTBALL CHAMPIONSHIPS

14	Winter Park
10	Dr. Phillips
10	Evans
9	Apopka
8	Edgewater
7	Boone
5	Oak Ridge
3	Timber Creek
2	Colonial
2	West Orange
1	Bishop Moore
1	East River
1	Freedom

GOLF CHAMPIONS - BOYS

1963	Edgewater (1) - Jim Cinnamon	2006	Boone (5) - Tyson Turne
1964	Edgewater (2) - Jim Cinnamon Oak Ridge (1) - Bobby Rainey	2007	Olympia (4) - Kevin McElveen
1965	Edgewater (3) - Jim Cinnamon	2008	West Orange (6) - Peter Abatiello
1966	Edgewater (4) - Jim Cinnamon	2009 E	Timber Creek (1) - Tim Crawford
1967	Mainland (1) - Paul Andrews	2009 W	Olympia (5) - Kevin McElveen
1968	Edgewater (5) - Jim Cinnamon	2010 E	Timber Creek (2) - Tim Crawford
1969	Boone (1) - Ivan Repass	2010 W	West Orange (7) - Mike Frost
1970	Colonial (1) - Bill Schramp	2011 E	Timber Creek (3) - Tim Crawford
1971	Lyman (1) - Bill Scott	2011 W	West Orange (8) - Mike Frost
1972	Edgewater (6) - Phil King Lyman (2) - Dick Copeland	2012 E	Timber Creek (4) - Tim Crawford
1973	Edgewater (7) - Tommy Thompson Lyman (3) - Dick Copeland	2012 W	West Orange (9) - Mike Abatiello
1974	Lyman (4) - Dick Copeland	2013 E	Winter Park (11) - Rob Robison
1975	Lyman (5) - Dick Copeland Winter Park (1) - Bob MacHardy	2013 W	Dr. Phillips (13) - Jordan Black
1976	Winter Park (2) - Bob MacHardy	2014 E	Timber Creek (5) - Sean Ashby
1977	Colonial (2) - Fred Wheeler	2014 W	Dr. Phillips (14) - Jordan Black
1978	Winter Park (3) - Bob MacHardy	2015 E	Timber Creek (6) - Sean Ashby
1979	Winter Park (4) - Bob MacHardy	2015 W	Olympia (6) - Kevin McElveen
1980	Winter Park (5) - Bob MacHardy West Orange (1) - Joe Clenney	2016 E	Winter Park (12) - Rob Robison
1981	Winter Park (6) - Bob MacHardy	2016 W	Olympia (7) - Kevin McElveen
1982	Colonial (3) - Jack Nelson	2017 E	
1983	Winter Park (7) - Bob MacHardy	2017 W	
1984	Winter Park (8) - Bob MacHardy		
1985	Winter Park (9) - Bob MacHardy West Orange (2) - Harold Cooper		
1986	Winter Park (10) - Larry Gergley		
1987	West Orange (3) - Harold Cooper		
1988	Dr. Phillips (1) - Bob Fedell		
1989	Dr. Phillips (2) - Bob Fedell		
1990	Dr. Phillips (3) - Bob Fedell		
1991	Dr. Phillips (4) - Bob Fedell		
1992	Dr. Phillips (5) - Bob Fedell		
1993	Dr. Phillips (6) - Bob Fedell		
1994	West Orange (4) - Peter Abatiello		
1995	Dr. Phillips (7) - Bob Hunt		
1996	West Orange (5) - Peter Abatiello		
1997	Dr. Phillips (8) - Bob Hunt		
1998	Dr. Phillips (9) - Bob Hunt		
1999	Boone (2) - Mike Glester Dr. Phillips (10) - Bob Hunt (Fall)		
2000	Boone (3) - Mike Glester		
2001	Boone (4) - Mike Glester		
2002	Dr. Phillips (11) - Bob Hunt Olympia (1) - Guice (Jerry) Gallman		
2003	Olympia (2) - Guice (Jerry) Gallman		
2004	Dr. Phillips (12) - Scott Birchler		
2005	Olympia (3) - Guice (Jerry) Gallman		

GOLF CHAMPIONSHIPS

14	Dr. Phillips
12	Winter Park
9	West Orange
7	Edgewater
7	Olympia
6	Timber Creek
5	Boone
5	Lyman
3	Colonial
1	Mainland
1	Oak Ridge

GOLF CHAMPIONS - GIRLS

1992	Dr. Phillips (1) - Carolyn Sparks		
1993	Dr. Phillips (2) - Carolyn Sparks		
1994	Dr. Phillips (3) - Carolyn Sparks		
1995	Not a Metro Sport		
1996	Winter Park (1) - Dave Boone		
1997	Winter Park (2) - Dave Boone		
1998	Winter Park (3) - Dave Boone		
1999	Not a Metro Sport (Spring)		
	Winter Park (4) - Dave Boone (Fall)		
2000	Winter Park (5) - Dave Boone		
2001	Not a Metro Sport		
2002	Olympia (1) - Kim Payne		
2003	Dr. Phillips (4) - Mike Barefoot		
	Cypress Creek (1) -		
2004	Winter Park (6) - Dave Boone		
2005	Olympia (2) - Kim Payne		
2006	Winter Park (7) - Dave Boone		
2007	Winter Park (8) - Dave Boone		
2008	Timber Creek (1) - Ron Schadegg		
2009 E	Timber Creek (2) - Ron Schadegg		
2009 W	Olympia (3) - Kim Childress		
2010 E	Lake Nona (1) - Kristin McQuillan		
2010 W	Olympia (4) - Kim Childress		
2011 E	Lake Nona (2) - Kristin McQuillan		
2011 W	Olympia (5) - Kim Childress		
2012 E	Freedom (1) - Brandon Morse		
2012 W	Olympia (6) - Kim Childress		
2013 E	Timber Creek (3) - John Quirello		
2013 W	West Orange (1) - Gene Hair		
2014 E	Freedom (2) - David DeAmato		
2014 W	West Orange (2) - Gene Hair		
2015 E	Lake Nona (3) - Ross LeDuc		
2015 W	West Orange (3) - Pete Abatiello		
2016 E	Lake Nona (4) - Zundra Aubrey		
2016 W	West Orange (4) - Jackie Hannaford		
2017 E			
2017 W			

GOLF CHAMPIONSHIPS

8	Winter Park
6	Olympia
4	Dr. Phillips
4	Lake Nona
4	West Orange
3	Timber Creek
2	Freedom
1	Cypress Creek

GYMNASTICS CHAMPIONS

BOYS

1989 Evans (1) - Evelyn McCullough
1990 Evans (2) - Evelyn McCullough

GIRLS

1988 Evans (1) - Evelyn McCullough
1989 Boone (1) - Rosalie Creighton
1990 Boone (2) - Rosalie Creighton
1991 Dr. Phillips (1) - Brenda Paulson

GYMNASTICS CHAMPIONSHIPS

2 Evans

GYMNASTICS CHAMPIONSHIPS

2 Boone
1 Dr. Phillips
1 Evans

RHYTHMIC GYMNASTICS CHAMPIONS

1999 Jones (1) - Patti Moore
University (1) - Sherry Viersen
2000 University (2) - Sherry Viersen
2001 Not a Metro Sport
2002 Evans (1) - Carolyn Owens
2003 Evans (2) - Carolyn Owens

RHYTHMIC GYMNASTICS

2 Evans
2 University
1 Jones

LACROSSE CHAMPIONS

BOYS

2004 Winter Park (1) - Ryan Healey
 2005 Winter Park (2) - Ryan Healey
 2006 Winter Park (3) - Ryan Healey
 Olympia (1) - Brian Haggerty
 2007 Winter Park (4) - Ryan Healey
 2008 Winter Park (5) - Andy Sinclair
 2009 Timber Creek (1) - Tom Korrie
 2010 E Timber Creek (2) - Tony Moreshi
 2010 W Apopka (1) - Mike Frost

 2011 E Winter Park (6) - Andy Sinclair
 2011 W Apopka (2) - Mike Frost
 2012 E Winter Park (7) - Ryan Healey
 2012 W West Orange (1) - Bill Baker
 2013 E Boone (1) - Elliott Whitton
 2013 W West Orange (2) - Bill Baker
 2014 E Winter Park (8) - Ryan Healey
 2014 W Dr. Phillips (1) - Charlie Battaglini
 2015 E Winter Park (9) - Ryan Healey
 2015 W Dr. Phillips (2) - Charlie Battaglini
 2016 E Winter Park (10) - Ryan Healey
 2016 W Dr. Phillips (2) - Charlie Battaglini
 2017 E Boone (2) - Andrew Hochheimer
 2017 W West Orange (3) - Bill Baker
 2018 E
 2018 W

GIRLS

2004 West Orange (1) - Mary Hopkins
 2005 West Orange (2) - Mary Hopkins
 Winter Park (1) - Tammy Williamson
 2006 West Orange (3) - Mary Hopkins
 Winter Park (2) - Tammy Williamson
 2007 West Orange (4) - Mary Hopkins
 Winter Park (3) - Tom Kienle
 2008 Olympia (1) - Brooke Newman
 2009 Olympia (2) - Brooke Newman
 2010 E Timber Creek (1) - Fern Kidder
 2010 W Olympia (3) - Brooke Newman

 2011 E Winter Park (4) - Courtney Smith
 2011 W Olympia (4) - Brooke Newman
 2012 E Winter Park (5) - Courtney Smith
 2012 W Dr. Phillips (1) - Kerry Watson
 2013 E Winter Park (6) - Courtney Smith
 2013 W Olympia (5) - Brook Tobin
 2014 E Timber Creek (2) - Tim Brewer
 2014 W Olympia (6) - Brook Tobin
 2015 E Timber Creek (3) - Tim Brewer
 2015 W Olympia (7) - Elyse Delisle
 2016 E Winter Park (7) - Mike Gallo
 2016 W Olympia (8) - Chip Carbiener
 2017 E Winter Park (8) - Mike Gallo
 2017 W Dr. Phillips (2) - Kerry Watson
 2018 E
 2018 W

LACROSSE CHAMPIONSHIPS

10 Winter Park
 3 Dr. Phillips
 3 West Orange
 2 Apopka
 2 Boone
 2 Timber Creek
 1 Olympia

LACROSSE CHAMPIONSHIPS

8 Olympia
 8 Winter Park
 4 West Orange
 3 Timber Creek
 2 Dr. Phillips

SOCCER CHAMPIONS - BOYS

1973	Edgewater (1) - Larry Goode Evans (1) - Ernie Chandler	2013 E	Freedom (2) - Scott Brody
1974	Edgewater (2) - Larry Goode	2013 W	West Orange (2) - Scott Fisher
1975	Colonial (1) - John Klingmeyer	2014 E	Freedom (3) - Brian Sherman
1976	Edgewater (3) - Lou Houston	2014 W	West Orange (3) - Scott Fisher
1977	Winter Park (1) - Jack Dryton	2015 E	Lake Nona (1) - Jon Bartomioli
1978	Winter Park (2) - Jack Dryton	2015 W	West Orange (4) - Scott Fisher
1979	Winter Park (3) - Jack Dryton	2016 E	Oak Ridge (3) - Kenny Coutain
1980	Boone (1) - Jim Griffin	2016 W	Evans (3) - Ray Bornacelli
		2017 E	Winter Park (19) - Tom Traxler
1981	Oak Ridge (1) - George Drake Winter Park (4) - Terry Offner	2017 W	West Orange (5) - Scott Fisher
1982	Oak Ridge (2) - George Drake	2018 E	
1983	Winter Park (5) - Terry Offner	2018 W	
1984	Winter Park (6) - Terry Offner		
1985	Evans (2) - Ernie Chandler		
1986	Winter Park (7) - Terry Offner		
1987	Winter Park (8) - Terry Offner		
1988	Winter Park (9) - Terry Offner		
1989	Winter Park (10) - Terry Offner		
1990	Winter Park (11) - Terry Offner		
1991	Winter Park (12) - Terry Offner		
1992	Winter Park (13) - Terry Offner		
1993	Boone (2) - Jim Griffin		
1994	Dr. Phillips (1) - Dave Christiansen		
1995	Dr. Phillips (2) - Dave Christiansen		
1996	Boone (3) - Jim Griffin		
1997	Boone (4) - Jim Griffin		
1998	Dr. Phillips (3) - Doug Gough		
1999	Dr. Phillips (4) - Doug Gough Winter Park (14) - Robert Avossa Cypress Creek (1) - Matt Johnson		
2000	Dr. Phillips (5) - Doug Gough		
2001	Cypress Creek (2) - Matt Johnson		
2002	Cypress Creek (3) - Matt Johnson		
2003	Winter Park (15) - Ray Sandidge		
2004	West Orange (1) - Peter Moore Winter Park (16) - Ray Sandidge		
2005	Freedom (1) - Eric Linares		
2006	Winter Park (17) - Bobby Croft		
2007	Dr. Phillips (6) - Joel Dobowolski		
2008	Ocoee (1) - Peter Moore		
2009	Ocoee (2) - Peter Moore Olympia (1) - Fraser Allen		
2010 E	Winter Park (18) - Tom Traxler		
2010 E	Timber Creek (1) - Ibrahim Chehab		
2010 W	Olympia (2) - Chris Mills		
2011 E	Timber Creek (2) - Ibrahim Chehab		
2011 W	Dr. Phillips (7) - Joel Dobrowolski		
2012 E	Timber Creek (3) - Ibrahim Chehab		
2012 W	Ocoee (3) - Peter Moore		

SOCCER CHAMPIONSHIPS

19	Winter Park
7	Dr. Phillips
5	West Orange
4	Boone
3	Cypress Creek
3	Edgewater
3	Evans
3	Freedom
3	Oak Ridge
3	Ocoee
3	Timber Creek
2	Olympia
1	Colonial
1	Lake Nona

SOCCER CHAMPIONS - GIRLS

		<u>SOCCER CHAMPIONSHIPS</u>	
1989	Winter Park (1) - Larry Kaskey		
1990	Winter Park (2) - Larry Kaskey		
1991	Winter Park (3) - Larry Kaskey	21	Winter Park
1992	Winter Park (4) - Felix Martinez	8	Edgewater
1993	Winter Park (5) - Shawn Murphy	5	Apopka
1994	Winter Park (6) - Israel Ramos	2	Lake Nona
1995	Winter Park (7) - Israel Ramos	2	University
1996	Winter Park (8) - Dan McAvoy	1	Freedom
1997	Winter Park (9) - Dan McAvoy	1	Timber Creek
1998	Winter Park (10) - Dan McAvoy	1	West Orange
	University (1) - Mike Strickler		
1999	Winter Park (11) - Dan McAvoy		
2000	Winter Park (12) - Dan McAvoy		
2001	Edgewater (1) - Kim Christiansen		
2002	Winter Park (13) - Anthony Brenner		
2003	Edgewater (2) - Kim Christiansen		
	Winter Park (14) - Anthony Brenner		
2004	Edgewater (3) - Kim Christiansen		
2005	Edgewater (4) - Kim Christiansen		
	Winter Park (15) - Graham Naylor		
2006	Winter Park (16) - Graham Naylor		
2007	Edgewater (5) - Jason Mann		
2008	Edgewater (6) - Jason Mann		
	Winter Park (17) - Ken Hammond		
2009	Winter Park (18) - Ken Hammond		
2010 E	Winter Park (19) - Ken Hammond		
2010 W	Apopka (1) - Doug Matthews		
2011 E	Freedom (1) - Bobby Sauer		
2011 W	Apopka (2) - Doug Matthews		
2012 E	University (2) - Janna Stevens		
2012 W	Apopka (3) - Doug Matthews		
2013 E	Winter Park (20) - Jimmy Angeles		
2013 W	Apopka (4) - Doug Matthews		
2014 E	Winter Park (21) - Jimmy Angeles		
2014 W	Apopka (5) - Doug Matthews		
2015 E	Timber Creek (1) - Cameron Stevens		
2015 W	West Orange (1) - Stan Banks		
2016 E	Lake Nona (1) - Heather Jaramillo		
2016 W	Edgewater (7) - Chuck Green		
2017 E	Lake Nona (2) - Heather Jaramillo		
2017 W	Edgewater (8) - Chuck Green		
2018 E			
2018 W			

FAST PITCH SOFTBALL CHAMPIONS - GIRLS

1991	Oak Ridge (1) - Gina McFerren		
1992	Oak Ridge (2) - Gina McFerren		
1993	Oak Ridge (3) - Gina McFerren		
1994	Colonial (1) - Bruno Wojtaszek	12	West Orange
1995	West Orange (1) - Marge Richer	8	Timber Creek
1996	Boone (1) - Robin Bradford	5	Apopka
1997	Colonial (2) - Bruno Wojtaszek	5	Boone
	West Orange (2) - Marge Richer	3	Colonial
1998	Colonial (3) - Bruno Wojtaszek	3	Oak Ridge
1999	Boone (2) - Robin Bradford	2	University
	University (1) - Mike Cuda	1	Cypress Creek
2000	Apopka (1) - Mike MacWithey	1	East River
	Cypress Creek (1) - Chuck Youtz	1	Edgewater
	Edgewater (1) - Steve Mulse	1	Freedom
	University (2) - Mike Cuda	1	Olympia
2001	Boone (3) - Robin Bradford		
2002	West Orange (3) - Sue North		
2003	West Orange (4) - Sue North		
2004	Boone (4) - Robin Bradford		
2005	West Orange (5) - Sue North		
2006	Freedom (1) - Chuck Youtz		
2007	West Orange (6) - Kelli Poff		
2008	Timber Creek (1) - Steve Soubasis		
2009	Timber Creek (2) - Steve Soubasis		
	West Orange (7) - Kelli Poff		
2010 E	Timber Creek (3) - Steve Soubasis		
2010 W	West Orange (8) - Bobby Brewer		
2011 E	Timber Creek (4) - Steve Soubasis		
2011 W	West Orange (9) - Bobby Brewer		
2012 E	Timber Creek (5) - Steve Soubasis		
2012 W	Apopka (2) - Mike MacWithey		
2013 E	Timber Creek (6) - Steve Soubasis		
2013 W	Apopka (3) - Mike MacWithey		
	Olympia (1) - Stephanie Manny		
	West Orange (10) - Bobby Brewer		
2014 E	Boone (5) - Robin Bradford		
2014 W	Apopka (4) - Mike MacWithey		
2015 E	East River (1) - Lindsay Selmer		
2015 W	Apopka (5) - Mike MacWithey		
2016 E	Timber Creek (7) - Joseph Huggins		
2016 W	West Orange (11) - Todd LaNeave		
2017 E	Timber Creek (8) - Joseph Huggins		
2017 W	West Orange (12) - Todd LaNeave		
2018 E			
2018 W			

SLOW PITCH SOFTBALL CHAMPIONS - GIRLS

1976	Evans (1) - Kye Starbird		
1977	Colonial (1) - Kay Johnson		
1978	Evans (2) - Cheryl Stark		
1979	Colonial (2) - Jo McLemore		
1980	Oak Ridge (1) - Carl Dragstedt		
			<u>SLOW PITCH SOFTBALL</u>
			<u>CHAMPIONSIPS</u>
		5	Boone
		4	Apopka
		3	Colonial
		3	Evans
		2	West Orange
		2	Timber Creek
		1	Oak Ridge
		1	Ocoee
		1	Winter Park
1981	Colonial (3) - Jo McLemore		
1982	Boone (1) - Wayne Rickman		
1983	Boone (2) - Wayne Rickman		
1984	West Orange (1) - Denny Bodenmiller		
1985	Boone (3) - Wayne Rickman		
1986	Apopka (1) - Virgil Riddle		
1987	Apopka (2) - Virgil Riddle		
1988	West Orange (2) - Bill Chambers		
1989	Boone (4) - Wayne Rickman		
1990	Evans (3) - Brenda Muench		
1991 - 00	Not a Metro Sport		
2001	Apopka (3) - Mike MacWithey		
2002	Winter Park (1) - Marc Rankin		
2003	Boone (5) - Robin Bradford		
2004	Apopka (4) - Mike MacWithey		
2005	Ocoee (1) - Sue North		
2006	Timber Creek (1) - Glenn Finnerty		
2007	Timber Creek (2) - Glenn Finnerty		

SWIMMING CHAMPIONS - GIRLS

1963 Winter Park (1) - June McGill
1964 Edgewater (1) - Stuart VanVorhees
1965 Winter Park (2) - June McGill
1966 Winter Park (3) - June McGill
1967 Bishop Moore (1) - Tom Bonniol
1968 Bishop Moore (2) - Tom Bonniol
1969 Edgewater (2) - Mickey Yasko
1970 Bishop Moore (3) - Tom Bonniol

1971 Bishop Moore (4) - Dave Deutsch
1972 Winter Park (4) - Tom Lamar
1973 Winter Park (5) - Tom Lamar
1974 Winter Park (6) - Skip Foster
1975 Winter Park (7) - Skip Foster
1976 Winter Park (8) - Skip Foster
1977 Winter Park (9) - Skip Foster
1978 Winter Park (10) - Skip Foster
1979 Winter Park (11) - Skip Foster
1980 Winter Park (12) - Skip Foster

1981 Winter Park (13) - Skip Foster
1982 Winter Park (14) - Don Prokes (spring)
1982 Winter Park (15) - Don Prokes (fall)
1983 Winter Park (16) - Don Prokes
1984 Winter Park (17) - Don Prokes
1985 Winter Park (18) - Don Prokes
1986 Winter Park (19) - Don Prokes
1987 Winter Park (20) - Don Prokes
1988 Winter Park (21) - Don Prokes
1989 Winter Park (22) - Don Prokes
1990 Winter Park (23) - Don Prokes

1991 Winter Park (24) - Don Prokes
1992 Winter Park (25) - Don Prokes
1993 Winter Park (26) - Don Prokes
1994 Winter Park (27) - Don Prokes
1995 Dr. Phillips (1) - Bruce Follensbee
1996 Dr. Phillips (2) - Bruce Follensbee
1997 Dr. Phillips (3) - Bruce Follensbee
1998 Dr. Phillips (4) - Bruce Follensbee
1999 Winter Park (28) - Chris Emig
2000 Winter Park (29) - Chris Emig

2001 Winter Park (30) - Chris Emig
2002 Winter Park (31) - Chris Emig
2003 Winter Park (32) - Chris Emig
2004 Olympia (1) - Chuck Burgess
2005 Olympia (2) - Chuck Burgess
2006 Olympia (3) - Chuck Burgess
2007 Dr. Phillips (5) - Bruce Follensbee
2008 Dr. Phillips (6) - Bruce Follensbee
2009 E Winter Park (33) - Barry Creighton
2009 W Dr. Phillips (7) - Bruce Follensbee
2010 E Winter Park (34) - Barry Creighton
2010 W Dr. Phillips (8) - Bruce Follensbee

2011 E Winter Park (35) - Barry Creighton
2011 W Dr. Phillips (9) - Apryle Nickson
2012 E Winter Park (36) - Barry Creighton
2012 W Olympia (4) - Tom Nielson
2013 E Winter Park (37) - Barry Creighton
2013 W Olympia (5) - Tom Nielson
2014 E Winter Park (38) - Barry Creighton
2014 W Olympia (6) - Tom Nielson
2015 E Winter Park (39) - Barry Creighton
2015 W Olympia (7) - Tom Nielson
2016 E Winter Park (40) - Joseph Auer
2016 W Olympia (8) - Stephanie Johnson-Possell
2017 E
2017 W

SWIMMING CHAMPIONSHIPS

40 Winter Park
9 Dr. Phillips
8 Olympia
4 Bishop Moore
2 Edgewater

TENNIS CHAMPIONS - BOYS

1965	Winter Park (1) - Ed Hotaling	2010 E	Winter Park (23) - Terri Cunningham
1966	Winter Park (2) - Ed Hotaling	2010 W	Dr. Phillips (8) - Simon Conway
1967	Winter Park (3) - Ed Hotaling		
1968	Winter Park (4) - Ed Hotaling	2011 E	Winter Park (24) - Terri Cunningham
1969	Winter Park (5) - Chuck Fielding	2011 W	Olympia (6) - John Cappabianca
1970	Winter Park (6) - Chuck Fielding	2012 E	Winter Park (25) - Terri Cunningham
		2012 W	Dr. Phillips (9) - Tommy Tucker
1971	Winter Park (7) - Mike McMilliam	2013 E	Winter Park (26) - Terri Cunningham
1972	Winter Park (8) - Chuck Fielding	2013 W	Olympia (7) - Harvey James
1973	Winter Park (9) - Chuck Fielding	2014 E	Winter Park (27) - Terri Cunningham
1974	Edgewater (1) - Cliff Cook	2014 W	Olympia (8) - Harvey James
1975	Edgewater (2) - Cliff Cook	2015 E	Winter Park (28) - Terri Cunningham
1976	Edgewater (3) - Cliff Cook	2015 W	Olympia (9) - Carol Haderer
1977	Winter Park (10) - Jack Dryton	2016 E	Winter Park (29) - Terri Cunningham
1978	Winter Park (11) - Jack Dryton	2016 W	Olympia (10) - Harvey James
1979	Oak Ridge (1) - Bob Fedell	2017 E	Freedom (3) - Regan Stapleton
1980	Winter Park (12) - Jack Dryton	2017 W	Olympia (11) - Harvey James
		2018 E	
		2018 W	
1981	Winter Park (13) - Jack Dryton		
1982	Boone (1) - Nelson Browning		
1983	Winter Park (14) - Tom Munsey		
1984	Winter Park (15) - Tom Munsey		
1985	Winter Park (16) - Tom Munsey		
1986	Oak Ridge (2) - Bob Fedell		
1987	Boone (2) - Nelson Browning		
1988	Winter Park (17) - Ross Klongerbro		
1989	Winter Park (18) - Ross Klongerbro		
1990	Winter Park (19) - Ross Klongerbro		
1991	Dr. Phillips (1) - Rick Houston		
1992	Boone (3) - Nelson Browning		
1993	Boone (4) - Nelson Browning		
1994	Boone (5) - Nelson Browning		
1995	Edgewater (4) - Steve Mense		
1996	Dr. Phillips (2) - Rick Houston		
1997	Dr. Phillips (3) - Rick Houston		
1998	Dr. Phillips (4) - Rick Houston		
1999	Dr. Phillips (5) - Rick Houston		
2000	Winter Park (20) - Terri Cunningham		
2001	Boone (6) - Nelson Browning		
	Dr. Phillips (6) - Ron Fonnnett		
	Winter Park (21) - Terri Cunningham		
2002	Boone (7) - Nelson Browning		
2003	Olympia (1) - Gregory Scharfield		
2004	Dr. Phillips (7) - Joel Maurer		
	Freedom (1) - John Brockett		
	Olympia (2) - Greg Scharfield		
2005	Freedom (2) - John Brocket		
2006	West Orange (1) - Charles Hooper		
2006	Olympia (3) - John Cappabinaca		
2007	Olympia (4) - John Cappabinaca		
2008	Olympia (5) - John Cappabianca		
2009	Winter Park (22) - Terri Cunningham		

TENNIS CHAMPIONSHIPS

29	Winter Park
11	Olympia
9	Dr. Phillips
7	Boone
4	Edgewater
3	Freedom
2	Oak Ridge
1	West Orange

TENNIS CHAMPIONS - GIRLS

1967	Winter Park (1) - Rocky Thomas	2008	Winter Park (24) - Terri Cunningham
1968	Winter Park (2) - Rocky Thomas	2009	Winter Park (25) - Terri Cunningham
1969	Winter Park (3) - Rocky Thomas	2010 E	Winter Park (26) - Terri Cunningham
1970	Winter Park (4) - Chuck Fielding	2010 W	Dr. Phillips (11) - Simon Conway
1971	Winter Park (5) - Mike McMillian	2011 E	Winter Park (27) - Terri Cunningham
1972	Boone (1) - Charles Watkins	2011 W	Dr. Phillips (12) - Simon Conway
1973	Evans (1) - Cheney Colardo	2012 E	Winter Park (28) - Terri Cunningham
1974	Winter Park (6) - Chuck Fielding	2012 W	Dr. Phillips (13) - Tommy Tucker
1975	Winter Park (7) - Chuck Fielding	2013 E	Winter Park (29) - Terri Cunningham
1976	Winter Park (8) - Chuck Fielding	2013 W	Olympia (3) - Harvey James
1977	Winter Park (9) - Chuck Fielding	2014 E	Winter Park (30) - Terri Cunningham
1978	Winter Park (10) - Jack Dryton	2014 W	Dr. Phillips (14) - Tommy Tucker
1979	Evans (2) - Steve Kessler	2015 E	Freedom (2) - Amy Swederski
1980	Winter Park (11) - Jack Dryton	2015 W	Olympia (4) - Carol Haderer
1981	Winter Park (12) - Steve Kendall	2016 E	Winter Park (31) - Terri Cunningham
1982	Boone (2) - Charles Watkins	2016 W	Olympia (5) - Harvey James
	Edgewater (1) - Lou Houston	2017 E	Winter Park (32) - Terri Bentley
	Winter Park (13) - Betsy Folk	2017 W	Olympia (6) - Harvey James
1983	Edgewater (2) - Herma Houston	2018 E	
1984	Boone (3) - Charles Watkins	2018 W	
1985	Winter Park (14) - Chuck Ivey		
1986	Boone (4) - Charles Watkins		
1987	Boone (5) - Charles Watkins		
1988	Boone (6) - Charles Watkins		
1989	Winter Park (15) - Ted Etling		
1990	Winter Park (16) - Ted Etling		
1991	Dr. Phillips (1) - Janet Young		
1992	Dr. Phillips (2) - Janet Young		
1993	Winter Park (17) - Kent Harmeling		
1994	Dr. Phillips (3) - Janet Young		
1995	Dr. Phillips (4) - Janet Young Seelig		
1996	Dr. Phillips (5) - Janet Young Seelig		
1997	Dr. Phillips (6) - Dana Cooke		
1998	Dr. Phillips (7) - Dana Cooke		
	Boone (7) - Charles Watkins		
	Winter Park (18) - Kent Harmeling		
1999	Dr. Phillips (8) - Dana Cooke		
	Boone (8) - Charles Watkins		
	Winter Park (19) - Kent Harmeling		
2000	Winter Park (20) - Terri Cunningham		
2001	Winter Park (21) - Terri Cunningham		
2002	Dr. Phillips (9) - Mario Christo		
2003	Dr. Phillips (10) - Bryan McKeon		
2004	Freedom (1) - John Brockett		
	Olympia (1) - Karen Faye		
2005	Olympia (2) - Karen Faye		
2006	Winter Park (22) - Terri Cunningham		
2007	Winter Park (23) - Terri Cunningham		
	Apopka (1) - Angela Kahn		
	Boone (9) - Lisa Spear		

TENNIS CHAMPIONSHIPS

32	Winter Park
14	Dr. Phillips
9	Boone
6	Olympia
2	Edgewater
2	Evans
2	Freedom
1	Apopka

TRACK CHAMPIONS - BOYS

1963	Winter Park (1) - Bob Mosher	2011 E	Colonial (1) - Rene Plasencia
1964	Winter Park (2) - Bob Mosher	2011 W	Dr. Phillips (6) - Peter Blount
1965	Winter Park (3) - Bob Mosher	2012 E	Winter Park (16) - Dennis Kozub
1966	Winter Park (4) - Bob Mosher	2012 W	Jones (1) - Fred Ray
1967	Winter Park (5) - Bob Mosher	2013 E	Winter Park (17) - Dennis Kozub
1968	Winter Park (6) - Bob Mosher	2013 W	Olympia (1) - Jason Greer
1969	Winter Park (7) - Bob Mosher	2014 E	Winter Park (18) - Brandon Roulhac
1970	Winter Park (8) - Bob Mosher	2014 W	Dr. Phillips (7) - Jorge Fleitas
		2015 E	Winter Park (19) - Brandon Roulhac
1971	Edgewater (1) - Bob McEwen	2015 W	Olympia (2) - Jason Greer
1972	Winter Park (9) - Bob Mosher	2016 E	Lake Nona (1) - Ryan Lowe
1973	Winter Park (10) - Bob Mosher	2016 W	Olympia (3) - Jason Greer
1974	Winter Park (11) - Bob Mosher	2017 E	Timber Creek (1) - Erika Inglis
1975	Winter Park (12) - Bob Mosher	2017 W	Apopka (1) - Cecilio Fowler
1976	Oak Ridge (1) - John Hemmer	2018 E	
1977	Oak Ridge (2) - John Hemmer	2018 W	
1978	Oak Ridge (3) - John Hemmer		
1979	Edgewater (2) - Phil Newton		
1980	Oak Ridge (4) - John Hemmer		
1981	Oak Ridge (5) - John Hemmer		
1982	Oak Ridge (6) - John Hemmer		
1983	Oak Ridge (7) - John Hemmer		
1984	Oak Ridge (8) - John Hemmer		
1985	Oak Ridge (9) - John Hemmer		
1986	Evans (1) - Nate James		
1987	Oak Ridge (10) - John Hemmer		
1988	Oak Ridge (11) - John Hemmer		
1989	West Orange (1) - Bill Mayberry		
1990	Dr. Phillips (1) - Tim Ayers		
1991	Oak Ridge (12) - John Hemmer		
1992	Oak Ridge (13) - John Hemmer		
1993	Oak Ridge (14) - John Hemmer		
1994	Oak Ridge (15) - John Hemmer		
1995	Oak Ridge (16) - John Hemmer		
1996	Oak Ridge (17) - John Hemmer		
1997	Evans (2) - Max Purcell		
1998	Dr. Phillips (2) - Jim Barnes		
1999	Boone (1) - Paul Katauskas		
2000	Evans (3) - Max Purcell		
2001	Evans (4) - Max Purcell		
2002	Dr. Phillips (3) - Dave Langdon		
2003	Winter Park (13) - Mike Hill		
2004	Winter Park (14) - Mike Hill		
2005	Edgewater (3) - Will Carlton		
2006	Evans (5) - Greg Thompson		
2007	Evans (6) - Greg Thompson		
2008	Edgewater (4) - Fred Ray		
2009	Dr. Phillips (4) - Angie Yarbrough		
2010 E	Winter Park (15) - Dennis Kozub		
2010 W	Dr. Phillips (5) - Angie Yarbrough		

TRACK CHAMPIONSHIPS

19	Winter Park
17	Oak Ridge
7	Dr. Phillips
6	Evans
4	Edgewater
3	Olympia
1	Apopka
1	Boone
1	Colonial
1	Jones
1	Lake Nona
1	Timber Creek
1	West Orange

TRACK CHAMPIONS - GIRLS

1976	Oak Ridge (1) - Willie Benjamin	2018 E	
1977	Lyman (1) - Larry Baker	2018 W	
1978	Evans (1) - Jerry Jones		
1979	Evans (2) - Bob Hobby		
1980	Evans (3) - Nate James		
1981	Oak Ridge (2) - Bill Stamper		
1982	Oak Ridge (3) - Bill Stamper		
1983	Oak Ridge (4) - Bill Stamper		
1984	Evans (4) - Bob Pryor		
1985	Oak Ridge (5) - Bill Stamper		
1986	Oak Ridge (6) - Bill Stamper		
1987	Oak Ridge (7) - Bill Stamper		
1988	Oak Ridge (8) - Bill Stamper	18	Oak Ridge
1989	Evans (5) - Bob Pryor	14	Evans
1990	Evans (6) - Bob Pryor	8	Dr. Phillips
		4	Winter Park
1991	Evans (7) - Bob Pryor	2	Colonial
1992	Evans (8) - Ted Freeman	2	Jones
1993	Evans (9) - Ted Freeman	1	Lyman
1994	Dr. Phillips (1) - Paul Ackerman	1	Wekiva
1995	Evans (10) - Kathy Shuler	1	West Orange
1996	Dr. Phillips (2) - Wanda Perdue		
1997	Jones (1) - Fred Jobson		
1998	Dr. Phillips (3) - Wanda Perdue		
1999	Dr. Phillips (4) - Wanda Perdue		
2000	Dr. Phillips (5) - Wanda Perdue		
2001	Dr. Phillips (6) - Wanda Perdue		
2002	Oak Ridge (9) - Bill Stamper		
2003	Oak Ridge (10) - Bill Stamper		
2004	Oak Ridge (11) - Bill Stamper		
2005	Oak Ridge (12) - Bill Stamper		
2006	Oak Ridge (13) - Bill Stamper		
2007	Oak Ridge (14) - Bill Stamper		
2008	Oak Ridge (15) - Bill Stamper		
2009	Oak Ridge (16) - Bill Stamper		
2010 E	Oak Ridge (17) - Bill Stamper		
2010 W	Wekiva (1) - Lisa Montgomery		
2011 E	Colonial (1) - Rene Plasencia		
2011 W	Evans (11) - Greg Thompson		
2012 E	Colonial (2) - Rene Plasencia		
2012 W	Jones (2) - Fred Ray		
2013 E	Winter Park (1) - Kristin McWilliams		
2013 W	Evans (12) - Greg Thompson		
2014 E	Winter Park (2) - Kristin McWilliams		
2014 W	Evans (13) - Sheree Carter		
2015 E	Winter Park (3) - Kristin McWilliams		
2015 W	Dr. Phillips (7) - Angie Fleitas		
2016 E	Oak Ridge (18) - Odeika Bent		
2016 W	Dr. Phillips (8) - Angie Fleitas		
2017 E	Winter Park (4) - Kristin McWilliams		
2017 W	Evans (14) - Sheree Carter		
	West Orange (1) - Chris Boston		

TRACK CHAMPIONSHIPS

VOLLEYBALL CHAMPIONS - BOYS

		<u>VOLLEYBALL CHAMPIONSHIPS</u>	
1989	Dr. Phillips (1) - Laura Smith		
1990	Dr. Phillips (2) - Laura Smith		
1991	Evans (1) - Greg Shirley	15	Dr. Phillips
1992	Dr. Phillips (3) - Puff Pagan	7	Timber Creek
	University (1) - Mike Cuda	6	University
1993	Dr. Phillips (4) - Puff Pagan	3	Winter Park
	University (2) - Mike Cuda	2	Apopka
1994	Dr. Phillips (5) - Puff Pagan	1	Cypress Creek
1995	University (3) - Larry Jones	1	Edgewater
1996	Dr. Phillips (6) - Puff Pagan	1	Evans
	University (4) - Larry Jones	1	Freedom
1997	Dr. Phillips (7) - Puff Pagan	1	Lake Nona
1998	Dr. Phillips (8) - Puff Pagan	1	Olympia
1999	Dr. Phillips (9) - Puff Pagan	1	Wekiva
	Edgewater (1) - Betty Carlson		
2000	University (5) - Carrie Jetchick		
2001	University (6) - Carrie Jetchick (fall)		
2003	Timber Creek (1) - Ron Schadegg (spring)		
2004	Timber Creek (2) - Ron Schadegg		
2005	Timber Creek (3) - Allan Rubenstein		
2006	Timber Creek (4) - Allan Rubenstein		
2007	Dr. Phillips (10) - April Ball		
2008	Olympia (1) - Troy Helton		
2009	Timber Creek (5) - David Reed		
2010 E	Winter Park (1) - Pedro Davila		
2010 W	Dr. Phillips (11) - April Ball		
2011 E	Cypress Creek (1) - Bobby Lansing		
2011 W	Dr. Phillips (12) - April Ball		
2012 E	Winter Park (2) - Pedro Davila		
2012 W	Apopka (1) - Jamie Lillethorup		
2013 E	Winter Park (3) - Pedro Davila		
2013 W	Wekiva (1) - Jeff Scott		
2014 E	Timber Creek (6) - Cameron Stevens		
2014 W	Apopka (2) - Jamie Lillethorup		
2015 E	Timber Creek (7) - Cameron Stevens		
2015 W	Dr. Phillips (13) - April Ball		
2016 E	Lake Nona (1) - Sal Castro		
2016 W	Dr. Phillips (14) - April Ball		
2017 E	Freedom (1) - Gina McFerren		
2017 W	Dr. Phillips (15) - Jeremy Fonnnett		
2018 E			
2018 W			

VOLLEYBALL CHAMPIONS - GIRLS

1975	Oak Ridge (1) - Pat Sack	2014 E	Lake Nona (1) - Heather Hanson
1976	Winter Park (1) - Dana Pilallis	2014 W	West Orange (1) - Ross Usie
1977	Winter Park (2) - Dana Pilallis	2015 E	Lake Nona (2) - Heather Green
1978	Winter Park (3) - Dana Pilallis	2015 W	West Orange (2) - Ross Usie
1979	Edgewater (1) - Denise McCarty	2016 E	Boone (3) - Paul Furukawa
1980	Edgewater (2) - Denise McCarty	2016 W	West Orange (3) - Ross Usie
		2017 E	
		2017 W	
1981	Evans (1) - Nancy Kropp		
1982	Evans (2) - Nancy Kropp		
1983	Evans (3) - Calvin Linglebach		
1984	Evans (4) - Calvin Linglebach		
1985	Boone (1) - Lisa Schoenbachler		
1986	Evans (5) - Calvin Linglebach		
1987	Evans (6) - Calvin Linglebach		
1988	Dr. Phillips (1) - Laura Smith		
	Oak Ridge (2) - Gina McFerren		
1989	Dr. Phillips (2) - Laura Smith		
	Oak Ridge (3) - Gina McFerren		
1990	Dr. Phillips (3) - Laura Smith		
1991	Dr. Phillips (4) - Nancy Gibb		
1992	Dr. Phillips (5) - Nancy Gibb		
	Oak Ridge (4) - Gina McFerren		
1993	Oak Ridge (5) - Gina McFerren		
	University (1) - Jeanie Morgan		
1994	Cypress Creek (1) - Kim Vach		
1995	Cypress Creek (2) - Kim Vach		
1996	Dr. Phillips (6) - Jo McLemore		
1997	Edgewater (3) - Sue Nadeau		
1998	Dr. Phillips (7) - Jo McLemore		
1999	Edgewater (4) - Sue Nadeau		
2000	Cypress Creek (3) - Alan Rubenstein		
	University (2) - Emily Queisser		
2001	Edgewater (5) - Sue Nadeau		
	University (3) - Emily Queisser		
2002	Winter Park (4) - Stephanie Gibson		
2003	Winter Park (5) - Stephanie Gibson		
2004	Winter Park (6) - Stephanie Gibson		
2005	Winter Park (7) - Stephanie Gibson		
2006	Winter Park (8) - Stephanie Gibson		
2007	Timber Creek (1) - Allan Rubenstein		
2008	Timber Creek (2) - Allan Rubenstein		
2009 E	Winter Park (9) - Stephanie Gibson		
2009 W	Dr. Phillips (8) - Lindsey Carter		
2010 E	Timber Creek (3) - Allan Rubenstein		
2010 W	Olympia (1) - Mitch Sadowsky		
2011 E	Timber Creek (4) - Allan Rubenstein		
2011 W	Olympia (2) - Mitch Sadowsky		
2012 E	Boone (2) - Mike Ledewski		
2012 W	Dr. Phillips (9) - Lindsey Carter		
2013 E	Winter Park (10) - Stephanie Gibson		
2013 W	Apopka (1) - Jamie Lillethorup		

VOLLEYBALL CHAMPIONSHIPS

10	Winter Park
9	Dr. Phillips
6	Evans
5	Edgewater
5	Oak Ridge
4	Timber Creek
3	Boone
3	Cypress Creek
3	University
3	West Orange
2	Lake Nona
2	Olympia
1	Apopka

WATER POLO CHAMPIONS

BOYS

1999 West Orange (1) - Steve Reeves
2000 Winter Park (1) - Barry Creighton
2001 Winter Park (2) - Barry Creighton
2002 Winter Park (3) - Barry Creighton
2003 Winter Park (4) - Barry Creighton
2004 Winter Park (5) - Barry Creighton
2005 Winter Park (6) - Barry Creighton
2006 Winter Park (7) - Barry Creighton
2007 Winter Park (8) - Barry Creighton
2008 Winter Park (9) - Barry Creighton
2009 Winter Park (10) - Barry Creighton
2010 E Winter Park (11) - Barry Creighton
2010 W West Orange (2) - Daniel Fontana

2011 E Winter Park (12) - Barry Creighton
2011 W Dr. Phillips (1) - Leo Ramirez
2012 E Winter Park (13) - Barry Creighton
2012 W Dr. Phillips (2) - Leo Ramirez
2013 E Lake Nona (1) - Alex Bennett
2013 W Dr. Phillips (3) - Leo Ramirez
2014 E Lake Nona (2) - Alex Bennett
2014 W Dr. Phillips (4) - Leo Ramirez
2015 E Lake Nona (3) - Alex Bennett
2015 W Dr. Phillips (5) - Leo Ramirez
2016 E Winter Park (14) - Barry Creighton
2016 W Dr. Phillips (6) - Leo Ramirez
2017 E Winter Park (15) - Barry Creighton
2017 W Dr. Phillips (7) - Leo Ramirez
2018 E
2018 W

GIRLS

1999 Winter Park (1) - Barry Creighton
2000 Winter Park (2) - Barry Creighton
2001 Winter Park (3) - Barry Creighton
2002 West Orange (1) - Steve Reeves
2003 Winter Park (4) - Barry Creighton
2004 Winter Park (5) - Barry Creighton
2005 Winter Park (6) - Barry Creighton
2006 Winter Park (7) - Barry Creighton
2007 Winter Park (8) - Barry Creighton
2008 Winter Park (9) - Barry Creighton
2009 Winter Park (10) - Barry Creighton
Boone (1) - Rosalie Creighton
2010 E Winter Park (11) - Barry Creighton
2010 W Dr. Phillips (1) - Leo Ramirez

2011 E Winter Park (12) - Barry Creighton
2011 W Olympia (1) - Stephanie Johnson Posell
2012 E Winter Park (13) - Barry Creighton
2012 W Dr. Phillips (2) - Leo Ramirez
2013 E Winter Park (14) - Barry Creighton
2013 W Dr. Phillips (3) - Leo Ramirez
2014 E Winter Park (15) - Barry Creighton
2014 W Olympia (2) - Stephanie Johnson Posell
2015 E Lake Nona (1) - Alex Bennett
2015 W Dr. Phillips (4) - Leo Ramirez
2016 E Lake Nona (2) - Alex Bennett
2016 W Olympia (3) - Stephanie Johnson Posell
2017 E Winter Park (16) - Barry Creighton
2017 W Olympia (4) - Stephanie Johnson Posell
2018 E
2018 W

WATER POLO CHAMPIONSHIPS

15 Winter Park
7 Dr. Phillips
3 Lake Nona
2 West Orange

WATER POLO CHAMPIONSHIPS

16 Winter Park
4 Dr. Phillips
4 Olympia
2 Lake Nona
1 Boone
1 West Orange

WEIGHTLIFTING CHAMPIONS - BOYS

1982	Evans (1) - Buddy Hurd		
1983	Evans (2) - Bill Gierke		
1984	Winter Park (1) - Bill Orr	9	Colonial
1985	Winter Park (2) - Bill Orr	6	Winter Park
1986	Evans (3) - Bill Gierke	5	Dr. Phillips
1987	Colonial (1) - Jeff Boettner	5	Edgewater
1988	Colonial (2) - Jeff Boettner	5	Timber Creek
1989	Winter Park (3) - Paul Pope	4	Evans
1990	Winter Park (4) - Paul Pope	4	University
		2	Apopka
1991	Winter Park (5) - Paul Pope	2	West Orange
1992	Winter Park (6) - Paul Pope	1	Boone
1993	University (1) - Jeff Boettner	1	East River
1994	Edgewater (1) - Kurt Wickizer		
1995	Edgewater (2) - Kurt Wickizer		
1996	Edgewater (3) - Kurt Wickizer		
1997	Edgewater (4) - Kurt Wickizer		
1998	Edgewater (5) - Kurt Wickizer		
1999	University (2) - Tony Bolyard		
2000	University (3) - Tony Bolyard		
2001	Boone (1) - Paul Pope		
2002	Timber Creek (1) - Tony Bolyard		
2003	Dr. Phillips (1) - Kurt Wickizer		
2004	Dr. Phillips (2) - Kurt Wickizer		
2005	Timber Creek (2) - Tony Bolyard		
2006	Timber Creek (3) - Tony Bolyard		
2007	Colonial (3) - Sean Grove		
2008	University (4) - Greg Harper		
2009	Timber Creek (4) - Tyrone Harvey		
2010 E	Timber Creek (5) - Tyrone Harvey		
2010 W	Evans (4) - Greg Harper		
2011 E	Colonial (4) - Sean Grove		
2011 W	Dr. Phillips (3) - Lenin Vazquez		
2012 E	Colonial (5) - Sean Grove		
2012 W	West Orange (1) - George Petree		
2013 E	East River (1) - Dan Abalo		
2013 W	Dr. Phillips (4) - Steve McHale		
2014 E	Colonial (6) - Sean Grove		
2014 W	Apopka (1) - Rick Darlington		
2015 E	Colonial (7) - Sean Grove		
2015 W	Dr. Phillips (5) - Rodney Wells		
2016 E	Colonial (8) - Sean Grove		
2016 W	West Orange (2) - Bob Head		
2017 E	Colonial (9) - Sean Grove		
2017 W	Apopka (2) - Rick Darlington		
2018 E			
2018 W			

WEIGHTLIFTING CHAMPIONS - GIRLS

2005 Boone (1) - Glen Listort
 2006 Dr. Phillips (1) - Kurt Wickizer
 2007 Colonial (1) - Sean Grove
 2008 Timber Creek (1) - Jon Frankos
 2009 Timber Creek (2) - Tyrone Harvey
 2010 E Timber Creek (3) - Tyrone Harvey
 2010 W Dr. Phillips (2) - Kurt Wickizer

 2011 E Timber Creek (4) - Tyrone Harvey
 2011 W Wekiva (1) - Lisa Montgomery
 2012 E Timber Creek (5) - Tyrone Harvey
 2012 W Wekiva (2) - Lisa Montgomery
 2013 E Timber Creek (6) - Tyrone Harvey
 2013 W Wekiva (3) - Lisa Montgomery
 2014 E Colonial (2) - Sean Grove
 2014 W Wekiva (4) - Lisa Montgomery
 2015 E Colonial (3) - Sean Grove
 2015 W Ocoee (1) - Brittney Walker
 2016 E Colonial (4) - Sean Grove
 2016 W Dr. Phillips (3) - Moushaumi Robinson
 2017 E Timber Creek (7) - Jon Frankos
 2017 W Ocoee (2) - Brittney Walker
 2018 E
 2018 W

WEIGHTLIFTING CHAMPIONSHIPS

7 Timber Creek
 4 Colonial
 4 Wekiva
 3 Dr. Phillips
 2 Ocoee
 1 Boone

WRESTLING CHAMPIONS - BOYS

1974 Lyman (1) - Bill Scott	2016 E Freedom (2) - Daivd Bush
1975 Lyman (2) - Bill Scott	2016 W Apopka (3) - Todd Hauser
1976 Winter Park (1) - Bill Sreiburger	2017 E Freedom (3) - Daivd Bush
1977 Winter Park (2) - John Rouse	2017 W Apopka (4) - Todd Hauser
1978 Colonial (1) - John Theders	2018 E
1979 Boone (1) - Bob Hunt	2018 W
1980 Winter Park (3) - John Rouse	
1981 Winter Park (4) - John Rouse	
1982 Edgewater (1) - Jim Brown	
1983 Edgewater (2) - Jim Brown	
1984 Evans (1) - Julius Gordon	
1985 Colonial (2) - Brenden Voss	
1986 Colonial (3) - Brenden Voss	
1987 Colonial (4) - John Hauser	
1988 Colonial (5) - John Hauser	
1989 Colonial (6) - John Hauser	
1990 Colonial (7) - John Hauser	
1991 West Orange (1) - Bob Large	
1992 University (1) - Randy Jessee	
1993 University (2) - Randy Jessee	
1994 Colonial (8) - Dan Neff	
1995 University (3) - Randy Jessee	
1996 University (4) - Randy Jessee	
1997 University (5) - Randy Jessee	
1998 Edgewater (3) - Mike Schultz	
1999 Edgewater (4) - Mike Schultz	
2000 University (6) - Randy Jessee	
2001 University (7) - Randy Jessee	
2002 University (8) - Randy Jessee	
2003 University (9) - Randy Jessee	
2004 Timber Creek (1) - Michael Weems	
2005 Olympia (1) - Scott Gomrad	
2006 Edgewater (5) - John Hauser	
Olympia (2) - Scott Gomrad	
2007 Edgewater (6) - Jon Cone	
2008 Timber Creek (2) - Michael Weems	
2009 Timber Creek (3) - Michael Weems	
2010 E Timber Creek (4) - Michael Weems	
2010 W Edgewater (7) - Jon Cone	
2011 E Timber Creek (5) - Michael Weems	
2011 W Dr. Phillips (1) - Lenin Vazquez	
2012 E Timber Creek (6) - Michael Weems	
2012 W Apopka (1) - Todd Hauser	
2013 E Timber Creek (7) - Michael Weems	
2013 W West Orange (2) - Kristen Iannuzzi	
2014 E Timber Creek (8) - Michael Weems	
2014 W Apopka (2) - Todd Hauser	
Edgewater (8) - Jon Cone	
2015 E Freedom (1) - Daivd Bush	
2015 W West Orange (3) - Kristen Iannuzzi	

WRESTLING CHAMPIONSHIPS

9	University
8	Colonial
8	Edgewater
8	Timber Creek
4	Apopka
4	Winter Park
3	Freedom
3	West Orange
2	Lyman
2	Olympia
1	Boone
1	Dr. Phillips
1	Evans

	1	2	3	4	5	6	7	8	9	10	11		12	13	14		15	16	17	18	19			
	Ap	BM	Bo	Co	CC	DP	ER	Ed	Ev	Fr	Jo	LN	Ly	Ma	Oc	OI	OR	Sa	TC	Un	We	WO	WP	
Baseball	10		14	7	1	6		4	4	2			2			5			1			9	8	
Boys Basketball	1		8			13		6	19		1			1		3	11				2		8	
Girls Basketball	2		10	4		6		12	10		3				1		1		2	2		1	3	
Boys Bowling	11		4	2		4	1	1											9	4	2	3	5	
Girls Bowling	5		1		1	3													6	7		10	6	
Cheerleading						6													1			1	6	
Boys Cross Country			7	6		4		8	2	1			1			5	4		2				21	
Girls Cross Country			9	3		3		2								4	2					3	24	
Football	9	1	7	2		10	1	8	10	1									5			3	2	14
Flag Football	8		4		1	6		1	1										2			3		
Boys Gymnastics									2															
Girls Gymnastics			2			1			1															
Rhythmic Gymnastics									2		1										2			
Boys Golf			5	3		14		7					5	1		7	1		6			9	12	
Girls Golf					1	4				2		4				6			3			4	8	
Boys Lacrosse	2		2			3										1			2			3	10	
Girls Lacrosse						2										8			3			4	8	
Slow Pitch Softball	4		5	3					3						1		1		2			2	1	
Fast Pitch Softball	5		5	3	1		1	1		1						1	3		8	2		12		
Boys Soccer			4	1	3	7		3	3	3		1			3	2	3		3			5	19	
Girls Soccer	5							8		1		2							1	2		1	21	
Boys Swimming		2	2			8		2								3	2		1				42	
Girls Swimming		4				9		2								8							40	
Boys Tennis			7			9		4		3						11	2					1	29	
Girls Tennis	1		9			14		2	2	2						6							32	
Boys Track	1		1	1		7		4	6		1	1				3	17		1			1	19	
Girls Track				2		8			14		2		1				18				1	1	4	
Boys Volleyball	2				1	15		1	1	1		1				1			7	6	1		3	
Girls Volleyball	1		3		3	9		5	6			2				2	5		4	3		3	10	
Boys Water Polo						7						3										2	15	
Girls Water Polo			1			4						2				4						1	16	
Boys Weightlifting	2		1	9		5	1	5	4										5	4		2	6	
Girls Weightlifting			1	4		3									2				7		4			
Wrestling	4		1	8		1		8	1	3			2			2			8	9		3	4	
Total	73	7	113	58	12	191	4	94	91	20	8	16	11	2	7	82	77	0	88	41	10	83	394	